



Weekly Inbox

26 Feb 2018 Issue 260

YOUR WEEKLY INBOX

The Weekly Inbox is produced by the Ipswich and East Suffolk Clinical Commissioning Group for circulation in your practice, to provide you with essential clinical guidance and useful support.

The key below indicates the intended audience of each article:

GP: GPs
PM: Practice Manager
Ad: Administrative staff (including medical secretaries, receptionists)
PN: Nurses (including HCAs, Practice Nurses, ANPs)
Oth: Other clinicians (including ECP, Pharmacists)

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FOR ACTION

1 360° Survey – Deadline Extended

A big thank you to all those of you who have completed the survey this year.

Ipsos MORI has extended the deadline until **Wednesday 28 February** to enable more of you the opportunity to complete the survey. The online survey will remain open until late on Wednesday evening.

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2 Training & Education – 7 March

Next month's training event is on **Wednesday 7 March**. The session will include suicide prevention training – a bespoke session specially commissioned for GPs. Tabitha Griffin has arranged a Safeguarding leads meeting and will also be providing a WRAP session for any staff who may need it, or perhaps have missed their in-house training session. For nurses, we have the practice nurse forum and an update for respiratory nurses around childhood asthma. [View agenda](#).

As ever, please let [Shelley Mitchell](#) know who from your practices plans to attend (and which bit!) as it helps with our planning and catering. Many thanks. [Back to top](#)

3 QOF 2017/18 Year-End Update

NHS Digital collects information for NHS England about General Practice (GP) achievement under the Quality and Outcomes framework (QOF). The GP Collections information is used to calculate GP payments for the current financial year and to set aspiration payments for the following one.

The year-end QOF achievement information will be collected from 1 – 3 April 2018. Other QOF reporting collections are run throughout the year, but these are not related to payment.

Documents to assist you

These documents, which can be accessed [here](#), will help you complete the year-end actions.

- Year-end checklist
- Required manual indicators user guide
- Full manual entry user guide
- Frequently asked questions

Year-end actions required

To prepare for QOF achievement information collection at year-end, practices need to complete a number of actions by the deadlines indicated:

- Ensure you are participating in QOF 2017/18 on CQRS. Contact your commissioning organisation if you have not been offered QOF 2017/18. **(Participating in QOF 2017/18 must be completed by 23 March 2018).**
- Complete all the relevant actions in the QOF 2017/18 year-end checklist, which can be found [here](#).
- Manually input achievement for the required manual indicators. (This can be done at any time, but **must be completed by midnight on 31 March 2018**). Please view the required manual indicators user guide which can be found [here](#).
- Agree to participate in QOF 2018/19 on CQRS. **(This must be completed by 3 March 2018)**. Practices will start to see the offer for QOF 2018/19 on CQRS from the first week of March 2018.

If these actions are not completed by the deadline the following will occur:

- Overall achievement information cannot be collected
- Payments cannot be made
- Aspiration payments for the following year cannot be calculated

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4 Reminder: Primary Care Hypertension Pathway

The prevention of Stroke and Cardiovascular Disease is a priority for the CCG. Working with Public Health Suffolk on a Prevention Strategy we are embarking on a programme of work to improve the diagnosis and control of hypertension and atrial fibrillation. A new [primary care hypertension pathway](#) was launched a few weeks ago. Please use this pathway to support the detection of hypertension and optimisation of these patients. The [Practice Briefing](#) has been added to the [CCG website](#).

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FOR INFORMATION

5 Clinical Practice Research Datalink

[Clinical Practice Research Datalink](#) (CPRD) allows GP practices to gather feedback and contribute to medical research to improve patient care. CPRD is a not-for-profit government research service providing anonymised healthcare records for public health research. Find out more about how this works in blogs by [David Mullett](#) of the Royal College of General Practitioners and by GP [Dr Tommy Hunter](#).

Benefits include:

- Regular prescribing and patient safety reports to help GPs review patient care
- Patient representation in research evidence informs national clinical guidance and best practice;
- Case reviews from QI reports, questionnaires and research can be used as evidence for annual appraisal and five-yearly professional revalidation

All data is anonymised and adheres to robust information governance and security regulation frameworks. The data held by CPRD is varied and representative of the UK population in regards to age, gender and ethnicity. As more practices sign up, the amount of data held will grow.

Joining CPRD is endorsed by Royal College of GPs (RCGP) and NHS England as part of the Five Year Forward View and Next Steps. If you are part of a GP practice, please consider getting involved and taking part via the [registration page](#).

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6 New PCSE Contact



I am the new local contact for all things around PCSE transformation, so as PCSE services change, I'm here to support you and provide information. PCSE services include movement of medical records, GP payments and pensions, supplies, cervical screening administration, registrations and performer list as well as PCSE Online (formerly the Portal). I am unable to resolve any individual patient or GP queries nor can I respond to historical issues. I can however offer advice and support on current processes and using PCSE Online, the best way to contact and manage queries with PCSE and changes to services. I would like to meet Practice Managers and their teams so please do get in contact with me to arrange a visit – dawn.bullock1@nhs.net or 07856 000206.

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7 Frailty and the GP Contract

Following a recent query, please see the extract below from the GP contract relating to frailty.

Extract from GMS Regulations (also mirrored in PMS Regs)

Patients living with frailty 7A.

- 1) A contractor must take steps to identify any registered patient aged 65 years and over who is living with moderate to severe frailty.
- 2) The contractor must comply with the requirement in sub-paragraph (1) by using the Electronic Frailty Index (a) or any other appropriate assessment tool.
- 3) Where the contractor identifies a patient aged 65 years or over who is living with severe frailty, the contractor must:
 - a) undertake a clinical review in respect of the patient which includes:
 - i) an annual review of the patient's medication, and
 - ii) where appropriate, a discussion with the patient about whether the patient has fallen in the last 12 months;
 - b) provide the patient with any other clinically appropriate interventions; and
 - c) where the patient does not have an enriched Summary Care Record (b), advise the patient about the benefits of having an enriched Summary Care Record and activate that record at the patient's request.
- (4) A contractor must, using codes agreed by the Board for this purpose, record in the patient's Summary Care Record any appropriate information relating to clinical interventions provided to a patient under this paragraph.

From October 2017 GP practices are required to identify people (aged 65 and older) who may be living with severe or moderate frailty using the electronic Frailty Index (eFI) or similar evidenced based tool, and provide clinically appropriate interventions as required. NHS Digital has published [Q3 frailty data](#), which can be accessed through the GP Contract Services 2017-18 .csv files v2.0 link, to support understanding of, and planning for, frailty services in local areas. Some practices are [batch-coding](#) i.e. coding the eFI scores without first applying a clinical diagnosis, which creates a risk of possible misdiagnosis. To assist a practice to rectify this, see [Frailty Frequently Asked Questions](#) on the NHS England website. Please contact ENGLAND.clinicalpolicy@nhs.net for more information.

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8 Turning Point – Suffolk Substance Misuse Service

As you are probably aware, the substance misuse service underwent a review in 2017. This was to enable reflection on progress since becoming Turning Point and to see how services could be improved, making it more efficient and effective for clients, partner agencies and the Turning Point staff team.

The Suffolk drug and alcohol treatment service is available to any young person or adult who wishes to address their use of either drugs, alcohol or both. Information about the service can be found at www.wellbeing.turning-point.co.uk/Suffolk. The web pages provide information about the range of

services we can offer to young people and adults as well as general information.

Referrals can be made online through the Wellbeing Cloud: <https://tp-sc.custhelp.com/> or by ringing 0300 123 0872. All referrals go through to the Screening Team, who will make contact with the individual referred. The Screening Team are able to provide brief interventions, signposting as well as booking individuals in for assessments.

Please [click here](#) to view the contact details for the individual services are below should you wish to discuss issues which are not related to referrals.

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9 Primary Care Talks Podcast

Eastern Academic Health Science Network has developed and launched a new podcast series 'Primary care talks'. The podcasts, hosted by Dr Hasan Chowhan, GP and Chair of North East Essex CCG, focus on good stories of innovation in primary care in the area.

The first episode - Breaking the language barrier with Dr Neil Modha @neilmo from Peterborough - is available to download on iTunes and [online](#).

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10 Asthma Campaign

Suffolk County Council Public Health and local CCGs have launched a campaign to raise awareness of the seriousness of asthma. The aim is to encourage parents whose children have asthma to make sure their child has an asthma plan and regular reviews at the surgery. Read more [HERE](#).

[Posters](#) highlighting this public health message will be sent to GP surgeries, children's centres, schools, nurseries, libraries, leisure centres and pharmacies. A [second poster](#) on what to do if a child has an asthma attack will also be sent to schools, libraries, children's centres and leisure centres.

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11 Campaign Launch Event – Transforming End of Life Care

St Elizabeth's Hospice, Ipswich Hospital and other care providers are joining together to help people in hospital who are approaching end of life to go home and receive the quality care they need for the final days of their life.

Please join the campaign launch event on 23rd April, at the University of Suffolk. More details can be found [here](#).

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12 County Lines Safeguarding

Across the country, young people and vulnerable adults are being exploited by gangs to move and sell drugs on their behalf in suburban areas, market towns and coastal regions. This criminal activity is known as 'county lines'. The Home Office is working to safeguard vulnerable young people from this type of exploitation. To increase awareness among GPs, nursing and healthcare professionals of county lines, the Home Office has produced a [guidance booklet](#) and [resources](#) to help them understand the signs to spot potential victims and the action they should take to safeguard young people. We also encourage safeguarding leads and senior managers to promote these to their staff.

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PN

13 IESCCG Practice Nurse Newsletter

Please follow the link to the second edition of our [practice nurse newsletter](#). February's edition includes the agenda for the upcoming Practice Nurse Forum, as well as an introduction to the CCG's new Chief Nursing Officer Lisa Nobes.

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14 PPG News

Please [click here](#) to access the latest issue of PPG News. Highlights include an update to the members' blog from the Chair of the Coast & Country PPG.

Upcoming Meetings and Events:

- **Coast & Country locality meeting:**
Tuesday 27th March
4.00-6.00pm
The Meeting Place, Limerick Close, Whitehouse, Ipswich, IP1 5LR

The Birches PPG will also be holding a Health Event on Tuesday 10th April 2018 between 10am – 3pm at Kesgrave Community Centre. Everyone is most welcome to attend. Free tea and coffee will be available.

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15 Local vacancies

Please click the above link to see the current local GP and practice staff vacancies. If you have a vacancy to advertise here and on our website, please contact [Stuart Graham](#).

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IT NEWS



16 Saying 'Yes' Could Save Your Life

A hard-hitting [campaign has been launched in Suffolk today](#) (February 26) to encourage people to give consent for their patient records to be made accessible to health and care professionals in the event of an emergency.

The campaign will see adverts bearing the words 'Your NHS needs you to share your health record – it could save your life' – appear on digital bus shelter, petrol forecourt and supermarket displays across the county.



The campaign has been launched by the NHS Ipswich and East Suffolk and NHS West Suffolk clinical commissioning groups (the CCGs). Both CCGs have been working hard with local health partners to encourage as many people as possible to agree to share their health record. Currently around 175,000 people across the county have signed up, compared to just 50,000 in 2015.

[Click here](#) to view the progress made with record sharing decisions by practices across both CCG.

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17 Stoma/Ostomy Training

Local stoma nurses and our appliance nurse Tralee Lashley will be running this two-part session for nurses all afternoon at Trinity Park during the Training & Education event on **Wednesday 25 April**. For more information and to reserve your place [Shelley Mitchell](#).

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GP PM

18 National Caldicott Guardian in General Practice Summit

The [National Caldicott Guardian in General Practice](#) Summit will be taking place in London on Friday 23 March 2018. The conference will include national developments and local case studies of how the role is developing in primary care. With an opening from Dr Christopher Bunch Caldicott Guardian Oxford University Hospitals NHS Trust and Chair UK Caldicott Guardian Council, the conference aims to bring current and aspiring Caldicott Guardians together to understand current issues and the national context, and to debate and discuss key issues and areas they are facing in practice. [Click here](#) for more information, including how to book.

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19 MECC Training – Additional Dates

Making Every Contact Count (MECC) training is being offered by OneLife Suffolk. The training will teach you to support an individual to make lifestyle behaviour changes and understand which services you could refer people onto.

Due to popular demand additional training sessions have been arranged across the county:

EAST

Tues 20th March 2018 12- 1.30pm at: The Classroom, Inspire Suffolk, Lindbergh Road, Ipswich, IP3 9QX

WEST

Tues 27th March 2018 10- 11.30am at: Bury Cricket Club, Nowton Rd, Bury Saint Edmunds IP33 2BT

WAVENEY

Mon 12th March 2018 6- 7:30pm at: Boston Lodge, Boston Road, Lowestoft, Suffolk, NR32 1UG

[Click here](#) to book on to your local MECC training session.

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20 This Week’s New Training Courses

The list below summarises the new training courses that have been added to the CCG website this week. Please click the links below for access to further details and booking information. The tabs on the right-hand side indicate if the events are aimed at a particular staff group.

[Understanding Blood Results – 16 March](#)

[Rheumatology Study Day, Norwich – 23 April](#)

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21 CEPN (Community Education Provider Networks)

Ipswich & East and West Suffolk CCGs are working together with representatives from primary and community care services and training providers to address workforce and workload challenges to ensure that we have the right number of health and care professionals with the right skills to meet the evolving needs of local people. If you, Please contact CEPN.

Please follow the link to [CEPN Training Hub Newsletter Issue #24](#).

If you have any training requests, would like to sign-up to the newsletter, join the CEPN Steering Group in your CCG area or have suggestions/feedback to support us with this work, please email CEPN@suffolkch.nhs.uk.

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CONTACT

22 Your views and feedback are very much appreciated. If you have any comments, suggestions or contributions for inclusion in The Weekly Inbox, [please email us](#).

If you are not currently on the regular distribution list for the Weekly Inbox but would like to be, you can [sign up here](#).

For queries relating to contracts, please email IESCCG.gp-contract-queries@nhs.net with **Contracts** in the subject line.



Safeguarding Children is Everyone's Responsibility: news, guidance and resources can be found on the [CCG's Safeguarding Children webpage](#).

- [Bookmark the CCG website](#)
- [Latest news from the CCG](#)
- [Who's who in the Clinical Executive](#)
- [Useful links to NHS and other websites](#)
- [Ipswich and East Suffolk Falls Directory](#)
- [Map of Medicine Guidance and Pathway Videos](#)
- [Download Digital Campaign Resources](#)
- [NHS England](#)
- [Ipswich Hospital website - GP section](#)



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DID YOU KNOW...?

23 Eating Disorders Awareness Week



Did you know that, on average, 149 weeks pass before those experiencing eating disorder symptoms seek help? That's almost THREE YEARS! That is why the theme for Eating Disorders Awareness Week, which runs from 26th February to March 4th, is "Why Wait?". For further information visit the [Beat Eating Disorders](#) website.

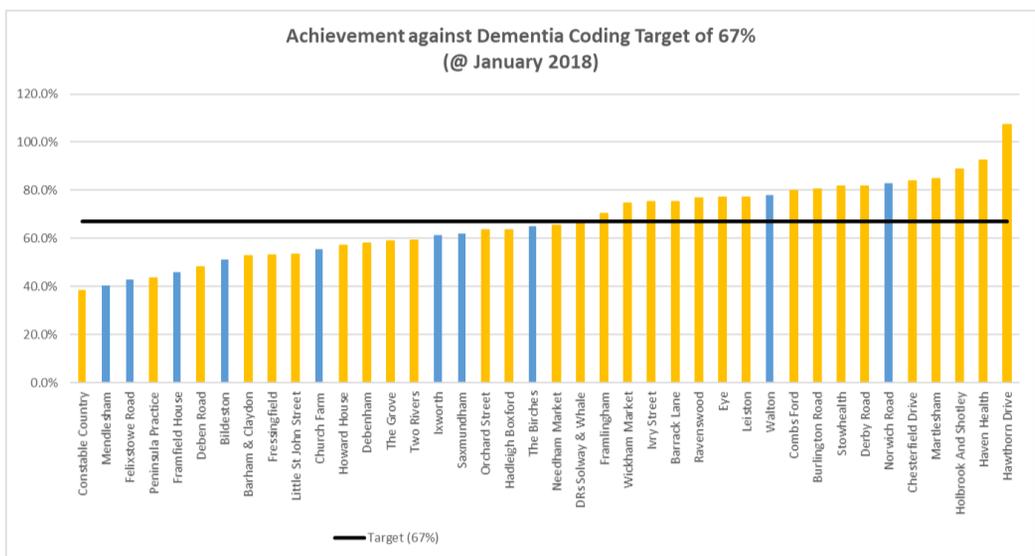
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CHART OF THE WEEK

24 We are often asked for more comparative information to enable practices to know where they stand on a variety of indicators in comparison with other practices. Therefore we publish a chart every week on a variety of topics.

Please [let us know](#) there are any topics that you would find it useful for us to cover.

This week we are looking at **Dementia Coding**. The metric compares at the number of patients diagnosed with Dementia against a target of 67% of the estimated prevalence. The graph represents a cumulative view at January 2018.



[Click on chart to enlarge](#)

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