



Weekly Inbox

10 SEP 2018 Issue 288

YOUR WEEKLY INBOX

The Weekly Inbox is produced by the Ipswich and East Suffolk Clinical Commissioning Group for circulation in your practice, to provide you with essential clinical guidance and useful support.

The key below indicates the intended audience of each article:

GP: GPs

PM: Practice Manager

Ad: Administrative staff (including medical secretaries, receptionists)

PN: Nurses (including HCAs, Practice Nurses, ANPs)

Oth: Other clinicians (including ECP, Pharmacists)

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DID YOU KNOW...?

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CHART OF THE WEEK

- [Chart of the Week: Percentage of GP Regular Patients with a SystmOne record Sharing Decision & Recent Progress & Missed Opportunities \(3 September 2018\)](#)

FOR ACTION

PM

1 Extended Access to General Practice

Practice managers will have received a note on Friday from NHS England asking them to complete this survey. The first table of questions relate to the extended access provision provided by your surgery.

The table 2 questions relate to the GP+ service operating in Suffolk.

Therefore the answers are:

Q5 – Suffolk GP Federation

Q6 – yes

Q7 – yes

Q8 – no

Q8a – not applicable

Q9 – yes

Q9a – tick Monday, Tuesday, Wednesday, Thursday and Friday

Table 2 - questions about the group of which the practice is a member

#	Question
5	What is the name of the group of which your practice is a member, for example this could be the name of your federation?
6	Do patients have the option of accessing pre-bookable Saturday appointments through your group?
7	Do patients have the option of accessing pre-bookable Sunday appointments through your group?
8	Do patients have the option of accessing pre-bookable early morning appointments (before 8.00am) during the week through your group?
8a	If "YES" to question 8, on which weekdays does your group provide pre-bookable early morning appointments? (Tick those that apply).
9	Do patients have the option of accessing pre-bookable evening appointments (after 6.30pm) during the week through your group?
9a	If "YES" to question 9, on which weekdays does your group provide pre-bookable evening appointments? (Tick those that apply).

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2 Clinical Waste Audits

Clinical waste audits are a legal requirement of GP practices and community pharmacies as clinical waste producers. Stericycle (formerly SRCL) have informed us that there are outstanding clinical waste audits from a number of GP Practices and community pharmacies. NHS England is sending this reminder to ensure our contractors meet this requirement

As low risk producers, GP and Community Pharmacies are required to undertake an audit every five years (for GPs this has been the case since 1 July 2011 and 1 July 2013 for Community Pharmacies).

Stericycle have provided an [online portal](#) through which practices can register and complete a free online waste audit or if completing a paper copy audit, these can be sent directly to Stericycle's audits team via [email](#) or addressed to Audits Team, Indigo House, Sussex Avenue, Leeds, LS10 2LF.

Additionally both the [PSNC](#) and [BMA](#) have provided guidance in understanding the responsibilities as well as their own audit tools to complete a waste audit.

If you have yet to complete or update your audit with Stericycle we would appreciate it if you are able to do so as soon as possible to avoid possible suspension of clinical waste collections.

Thank you to those who have completed and submitted their audits.

Any queries relating to this article should be directed to [Stuart Smith](#).

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FOR INFORMATION

GP PM

3 Co-locating Mental Health Therapists in Primary Care

Please click [here](#) for helpful information on integrating Mental Health Therapists into Primary Care pathways.

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4 Ophthalmology – East Suffolk Eye Care Services

OC GP PM Ad PN

The Ophthalmology service has now gone live on ERS – click [here](#) for the practice briefing. If you have any queries please contact [Karen Lynne-Dowsing](#).

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5 Sexually Transmitted Infection (STI) Express Tests

OC GP PM Ad PN

Launched in February 2018, Express Test offers easier access to testing for STIs, without the need to visit our clinic. Once registered online, service users receive a free kit through the post, which contains individually packaged tests and instructions. The kit is discreetly wrapped in plain packaging and fits through a standard letterbox.

From 1 October 2018, asymptomatic services users will no longer be able to test in clinic.

If you have patients who have no symptoms, are aged 16 and over and want to test for STI's, please signpost them to www.icash.nhs.uk/expresstest. This is smart phone friendly and is available 24/7.

Service users can test for Chlamydia, Gonorrhoea, Syphilis and HIV. iCaSH are also offering Hepatitis B and C testing for those who are assessed as at risk from assessment questions, during the registration process. Any service users with positive results are invited into clinic for their treatment.

Alternatively, if they are under 24 years and want Chlamydia screening they can access this via their GP practice (where it is delivering opportunistic Chlamydia screening under the public health sexual health contract) or can visit www.youngandfree.org.uk.

Face to face appointments will still be available for services users:

- Under 16
- with symptoms
- without access to a computer or smartphone
- with learning or communication difficulties
- requiring contraception
- who are homeless.

More information about sexual health services can be found at www.icash.nhs.uk.

Please publicise the [poster](#) in your Practice.

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6 Adult Depression and Anxiety Pathway for Primary Care

OC GP PM Ad PN

Please click [here](#) for the letter to GPs with details of the pathway aimed at supporting the management of depression and anxiety in adults. Please click [here](#) for the 'Adult Depression and Anxiety Pathway for Primary Care' presentation.

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7 Critical steps in Critical Care & ICUsteps Support Group

Critical steps in Critical Care

The Ipswich Hospital Critical Care Unit (CCU) follow up outpatient clinic is now fully launched. It aims to provide an expert overarching opinion on the medium and long term complex physical and psychological complications resulting from an admission to CCU with critical illness. These complications are well documented and diverse. The clinic acts as a separate conduit to reinforce lifestyle changes, education and, most importantly, return to work and normality. It can also facilitate access to support groups such as ICUsteps (detailed below).

We would welcome the opportunity to liaise with GPs and other members of the healthcare team, in difficult cases, to help provide a multidisciplinary approach to the patient's recovery and share any of our recommendations. This service is still in its infancy and patients are currently identified from CCU discharge data. We will be accepting referrals via e-Referral shortly, but until further notice, please send a letter via the CCU follow up clinic administrator, Critical Care Unit, Ipswich Hospital, Heath Road, IP4 5PD to arrange an appointment.

ICUsteps

This is a group run by patients to support those who are recovering from critical care and critical illness. More information can be found on the ICUsteps [website](#). There is a leaflet/poster [here](#) for display in your practices.

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8 NIHR CRN Eastern Primary Care Study & Resource Bulletin

Please click [here](#) for the latest National Institute of Health Research, CRN Eastern Primary Care Study and Resource bulletin.

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9 Health and Wellbeing Day – 10 October

The Peninsula Practice PPG have organised a Health and Wellbeing Day on Wednesday 10 October at Hollesley Village Hall. Please click [here](#) for further details.

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10 Local Vacancies

Please click the above link to see the current local GP and practice staff vacancies. New jobs have been added this week.

If you have a vacancy to advertise here and on our website, please contact [Stuart Graham](#).

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EDUCATION & TRAINING

11 Endocrinology in Primary Care

Our next education afternoon at Trinity Park takes place this Thursday where the main clinical lecture will focus on *Endocrinology in primary care* with Duncan Fowler, consultant from Ipswich Hospital. There will also be development workshops (on Prescribing, DXS and Ipswich Hospital), a care home peer to peer meeting and the annual members meeting. [View Flyer](#) for more details.

For practice nurses, an immunisation update has been arranged at Best Western Ipswich Hotel, Copdock – please visit www.miltongateway.com to book your free place. Other sessions are available (see website) for those who are unable to attend on Thursday afternoon.

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12 E-Learning Portal not updating

There is now a permanent fault where some users will experience issues with the e-learning portal not updating on completion of some courses. The most likely reason for this is a network or Firewall issue affecting communication between the portal and Skills for Health. Please check with your IT. You may find it works at a different site or device (i.e. at home). You are likely to experience this issue if you get the error message that reads 'not connecting to LMS'.

There is no fix available for this fault so please make a note of the courses you have completed (perhaps take a screenshot once you have completed a course) so your account can be updated manually by your practice manager or training administrator. We would ask practices to ensure that your new staff are made aware of this so that they don't spend time re-doing courses unnecessarily.

If you are planning to do some e-Learning courses this Thursday afternoon, please make sure you have your username and password organised in advance.

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13 Practice Manager Forum - correction

The Practice Manager Forum will take place on Thursday 27 September 2018, lunch from 1pm, start 1.30pm finish 4.30pm

The draft agenda is:

- Dawn Bullock from PCSE,
- Mark Weston information sharing NHS digital,
- Alison Smith, 'What is the Alliance, What are the INT's and what do both mean to us as practices?' (TBC),
- Lisa George Fraudulent documents (TBC).

Please let me know if there are any topics you would like to discuss or training that can be covered through the PM forum session. The event is key for networking with both CCG staff and other practice managers. It is generally informal and an opportunity for practice managers to choose the agenda (should you send ideas!)

Please email [Jennifer Burman](#) if you are coming along. Final agenda to follow ASAP.

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OC GP PM Ad PN

14 Care Homes Peer to Peer

It is a requirement under the Care Homes LES that at least 1 person from each practice attends the annual care home peer to peer, *this should be the GP care home lead or in their absence the person that carries out your ward round.*

It will be held on 13th September 2018 at Trinity Park 2.15-3.30pm. Please see [agenda](#).

Please email [Laura Krolik](#) with the name of the person who is attending if you have not already done so.

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OC GP PM Ad PN

15 Primary Care Cardiology Upskilling – Free & RCGP Accredited

Eastern AHSN is hosting a training day on "Primary Care Cardiology Upskilling". For further information, please see the [flyer](#) and please click [here](#) for further details as places are limited.

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OC GP PM Ad PN

16 Primary Care Leadership Collaborative

Are you passionate about improving primary care? Are you already working to increase the quality of the care delivered across your wider area? Do you want support to develop your initiative and at the same time to develop your skills as a leader in healthcare?

Health Education England are looking for trios of experienced GPs, practice managers, primary care nurses or other clinicians to take part in their new Primary Care Leadership Collaborative programme. Working as a group of three from your practice, Federation or CCG, this funded course will empower you to enable innovation and service transformation. Primary Care Leadership Collaboratives (PCLC) are designed to support local teams in developing leadership capabilities within the Sustainability and Transformation Partnership (STP).

This is an exciting development opportunity and applications for the third cohort are now open. [View Flyer](#) for more information or to apply, please complete [application form](#). **Applications for the third cohort close on 13 September.** All three Impact Days will take place at **Holiday Inn, Impington, Cambridge**, on the following days:-

- Wednesday 7 November 2018
- Wednesday 23 January 2019
- Wednesday 6 March 2019

For more details please visit the [Health Education East website](#).

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17 PACT (Primary Care And Community Care Training Hub)

Ipswich & East and West Suffolk CCGs are working together with representatives from primary and community care services and training providers to address workforce and workload challenges to ensure that we have the right number of health and care professionals with the right skills to meet the evolving needs of local people.

Please follow the link to [PACT Training Hub Newsletter Issue 48](#).

If you would like to sign-up to the newsletter or have any training queries or suggestions, please email PACT@suffolkch.nhs.uk.

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CONTACT

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Your views and feedback are very much appreciated. If you have any comments, suggestions or contributions for inclusion in The Weekly Inbox, [please email us](#).

If you are not currently on the regular distribution list for the Weekly Inbox but would like to be, you can [sign up here](#).

For queries relating to contracts, please email IESCCG_gp-contract-queries@nhs.net with **Contracts** in the subject line.



Safeguarding Children is Everyone's Responsibility: news, guidance and resources can be found on the [CCG's Safeguarding Children webpage](#).

- [Bookmark the CCG website](#)
- [Latest news from the CCG](#)
- [Who's who in the Clinical Executive](#)
- [Useful links to NHS and other websites](#)
- [Ipswich and East Suffolk Falls Directory](#)
- [Referrals, Briefings and Pathways](#)
- [Download Digital Campaign Resources](#)
- [NHS England](#)



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DID YOU KNOW...?

19 Eating Wisely and Well Conference

The Eating Wisely and Well Conference is part of the Aldeburgh Food and Drink Festival being held at Snape Maltings. For more details, please click [here](#).

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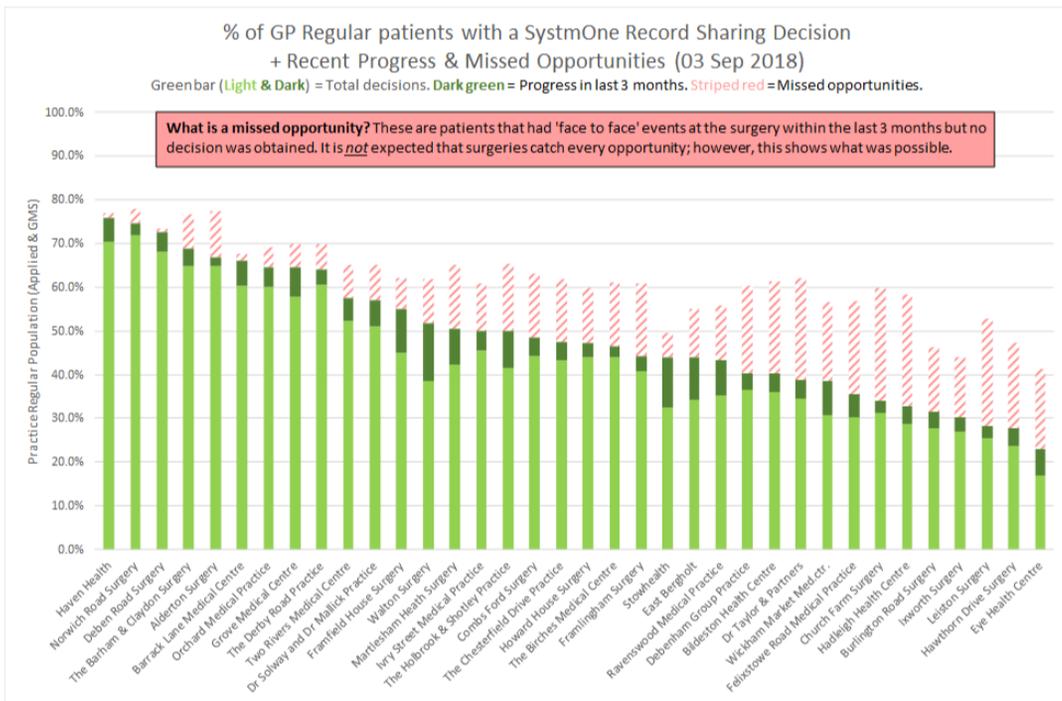
CHART OF THE WEEK

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We are often asked for more comparative information to enable practices to know where they stand on a variety of indicators in comparison with other practices. Therefore, we publish a chart every week on a variety of topics.

Please [let us know](#) if there are any topics that you would find it useful for us to cover.

This week we are looking at: Percentage of GP Regular patients with a SystmOne Record Sharing Decision + Recent Progress & Missed Opportunities (3 September 2018).



[Click on chart to enlarge](#)

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