



# Weekly Inbox

09 JULY 2018 Issue 279

## YOUR WEEKLY INBOX

The Weekly Inbox is produced by the Ipswich and East Suffolk Clinical Commissioning Group for circulation in your practice, to provide you with essential clinical guidance and useful support.

The key below indicates the intended audience of each article:

<b>GP: GPs</b>
<b>PM: Practice Manager</b>
<b>Ad: Administrative staff (including medical secretaries, receptionists)</b>
<b>PN: Nurses (including HCAs, Practice Nurses, ANPs)</b>
<b>Oth: Other clinicians (including ECP, Pharmacists)</b>

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## FOR ACTION

### 1 Afternoon Shutdown – Wednesday 18 July

OC GP PM Ad PN

As you may recall over the last 2 years, the CCG has organised a practice close down, providing Out of Hours (OOHs) cover to enable practices to spend time, working together on common issues and how practices might work together, at scale. This has been instead of an event at Trinity Park.

It is therefore proposed that each of the 4 practice groupings in Ipswich and East Suffolk will have the opportunity to get together as a group of practices to discuss next steps in their evolution, implementation of their existing £3 per head plans and, subject to agreement, how practice groupings might utilise some additional primary care transformation monies that the CCG is planning to make available during 2018/19 (approx. £1m). Further guidance on this element will follow, but in the interim it is likely to be £2.50 per patient and the **likely** criteria **may** include something along the lines of:

- continuing to support primary care at scale
- implementation of the 10 High Impact Actions
- schemes that enhance practice resilience
- closer integration with Integrated Neighbourhood Teams (INTs)

The format of the afternoon is group wide meetings, not at an individual practice level. The leads from each of the four groupings have been informed about the date and have started to make plans about how to use this time. They will have been in touch with practices about the date and venue for each of the 4 groups.

OOH cover will be provided as normal to those practices who require it. If you have any queries please get in touch with your relevant contact within the CCG or [David Brown](#).

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### 2 Training & Education Feedback

OC GP PM Ad PN

Thank you for attending the most recent event at Trinity Park, which we hope you found useful.

Your feedback is important to us and helps us with planning of future events. Please take a couple of minutes to complete the [Evaluation Form](#). Once we have received your feedback, we can issue you certificate of attendance if requested. Many thanks.

This is also an opportunity to let us know about any other topics you would like to see covered at future sessions. Many thanks for your time.

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### 3 MSK SPoR Service Survey

GP Ad PN

We would welcome GP feedback about the MSK Single Point of Referral (SPoR) service. Please [click here](#) to complete this short survey.

Please complete by **13 July** and return via email to [Dr Laura Cattermole](#), Public Health Suffolk.

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## FOR INFORMATION

### 4 New Specialist ME & CFS Service

GP PM Ad PN

The GP Federation contacted the CCG last week saying they had received a lot of referrals for the new specialist ME&CFS service that were outside the referral criteria. Having investigated this, it has been identified that we have caused confusion because the referral form for the ME&CFS service provided by East Coast Community Healthcare (ECCH) was removed from SystmOne in June, and replaced with the referral form for the new service provided by Suffolk GP Fed and Dr Nacul. We would like to apologise to you for the confusion this has caused.

The service provided by ECCH is the first line service for ME&CFS, and the specialist service provided by the Suffolk GP Fed is for people who have already been referred and treated by the ECCH service and advise you that their symptoms have not improved. The ECCH referral form has been added to SystemOne.

If you have any questions about the ECCH or Suffolk GP Federation services for ME&CFS, please contact [Nicola Brunning](#) on 01473 770230.

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## 5 NHS 70<sup>th</sup>



The CCG was represented last week by five members of staff, including Ed Garratt, at the [celebration at Westminster Abbey](#) on Thursday 5 July, which paid tribute to NHS staff and patients to mark the NHS's 70th birthday.

NHS England's chief executive, Simon Stevens, has also sent a national message of thanks to all staff in this short video [HERE](#).

To celebrate this milestone, a number of practices will be holding [Big7Tea parties](#) this month to celebrate the birthday. Framfield House chose to hold theirs on the NHS's official birthday.



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## 6 Ivry Street Minor Surgery Unit

The Minor Surgery Unit has asked us to gently remind you all to include a patient telephone number on the referral, as it is necessary on occasions to contact the patient. This will save time for both you and the patient.

The correct email address for referrals is [iesccg.msu@nhs.net](mailto:iesccg.msu@nhs.net).

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## 7 NAPC Diploma

Dr Nav Chana, Chair of the National Association of Primary Care, wants tenacious and highly-motivated practice managers to become leaders in new networks of primary care. Since introducing the primary care home programme in 2015, it's clear that getting staff to drive forward change at a grassroots level is crucial to success.

The NAPC's diploma in advanced primary care management, supported by NHS England, is designed to enable managers to take on leadership roles in emerging networks of primary care. [Read more on the diploma from Dr Chana.](#)

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## 8 Clinical Pharmacists in General Practice Programme

Please [click here](#) for the latest update about Phase 2 of the Clinical Pharmacist in General Practice Programme.

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## 9 NHSE General Practice Bulletin

The primary care team at NHS England has relaunched the [General Practice Bulletin](#). The aim of this new bulletin is to inform, interest and inspire you - but also find space for you to share your solutions with others about challenges faced in your local area. This edition includes information and updates on; the GP Partnership Review, GP contract negotiations, General Practice Indemnity, Primary Care Networks, GP Speciality Training and the GP Retention Scheme

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## 10 Primary and Community Care Research Bulletin

The Primary and Community Care Quarterly [Research Briefing](#) has recently been updated. Please find attached a refreshed bulletin for Quarter 1 2018/19/ We hope you will find the content interesting and we will welcome your feedback on the 'new look' of this first issue.

The bulletin can also be accessed via their website [here](#).

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## 11 Primary Care Talks Podcast

The [Eastern Academic Health Science Network](#) has released its latest #PrimaryCareTalks podcast featuring Dr Hasan Chowhan and St Albans GP and health consultant Dr Steve Laitner. This episode delves into some of Steve's innovative approaches to delivering more proactive primary care. Steve uses population management techniques to help create a more tailored approach that caters better for each individual patient's needs. Download the podcast here: [www.eahsn.org/resources/primary-care-talks-podcasts](http://www.eahsn.org/resources/primary-care-talks-podcasts)

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## 12 Fraud Stop! Newsletter

[Click here](#) to view the latest issue of TIAA's 'Fraud Stop!' newsletter, which contain various news items, details of common fraud trends and other fraud related articles.

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## 13 Connect Newsletter

Connect is the newsletter produced by the newly formed East Suffolk and North Essex NHS FoundationTrust (ESNEFT). [Click here](#) to view the latest edition, highlights of which include an invitation for applications to become one of seven new non-executive directors, as well as an update on the new website that is being designed to reflect the recent changes.

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## 14 Suffolk LMC Newsletter

Please [click here](#) to view and download the June 2018 issue of the Suffolk LMC Newsletter. This month's edition contains guidance on Patient Removals and GDPR, as well as information about the upcoming Suffolk LMC Practice Managers Conference 2018.

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## 15 CDOP Summer Newsletter

The CDOP Summer newsletter from the Suffolk Safeguarding Children Board has recently been issued. It's full of advice and guidance for keeping children safe during the summer months, with particular focus on safety around water, trampolines and high temperatures. [Click here](#) to view and download if you would like to print copies for your waiting room.

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**16 Local vacancies**

Please click the above link to see the current local GP and practice staff vacancies. If you have a vacancy to advertise here and on our website, please contact [Stuart Graham](#).

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The team at 4YP is pleased to announce their summer programme will commence on 23 July 2018 and run every weekday until the end of August. Anyone aged 12-25 welcome.

It will mainly be based at [4YP](#) (central Ipswich, right near the bus station), and with so many different and interesting activities planned, young people can drop in for single sessions or all day, every day.

Come along and indulge in all kinds of creative activities - music, painting, dance, films. Learn to play an instrument with Musica Workshops & get inspirational drawing lessons from our star mural painter, [Rosie](#).

Contact 4YP for more details and check out the website for a timetable of activities at [www.4yp.org.uk/events/maad](http://www.4yp.org.uk/events/maad).

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An opportunity to learn more and be involved in discussions on issues affecting men's emotional health.

The [event](#) will feature presentations from those who have experienced mental health problems and their journey to recovery, as well as carer's stories and a veteran's view, with discussions on tackling suicide, mental health from an LGBT perspective and how to engage men in mental healthcare.

Male mental health experts including Dr Roger Kingerlee, NSFT Clinical Psychologist, and Dr John Barry, one of the founders of the Male Psychology Network will speak about behavioural characteristics and how to tackle men's mental health issues. Open to service users, carers / supporters, staff, partners and the public. The event is free to attend with refreshments provided.

Please register your attendance at:

<https://www.surveymonkey.co.uk/r/KBSBPP2>

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The next meeting of the Suffolk Respiratory Group will take place on **Thursday 16 August** at the Holiday Inn Orwell, Ipswich (IP3 9SJ). This will be a full afternoon Respiratory Refresher course. Registration and lunch is at 1.00pm for a 2.00pm start. More information is contained on this [flyer](#). If you would like to attend, please email [suffolkrespiratorygroup@gmail.com](mailto:suffolkrespiratorygroup@gmail.com). Places are limited so please book early.

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This training for nurses and other healthcare professionals will provide participants with a thorough understanding of the importance of physical activity for the prevention and management of disease, details of relevant national guidance as set by the UK Chief Medical Officer and will increase confidence in opening conversations about physical activity with patients.

- **Stowmarket - 23<sup>rd</sup> July 2018 PM** (1330-1630) - Stow Lodge Centre Room 20
- **Ipswich - 30<sup>th</sup> July 2018 AM** (0900-1200) - Gainsborough Sports Centre Community Room

Cost is **FREE** of charge.

To book, please contact [j.bosomworth@nhs.net](mailto:j.bosomworth@nhs.net) or 01787 886376.

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Ipswich & East and West Suffolk CCGs are working together with representatives from primary and community care services and training providers to address workforce and workload challenges to ensure that we have the right number of health and care professionals with the right skills to meet the evolving needs of local people.

**Please follow the link to [PACT Training Hub Newsletter Issue #39](#).**

If you would like to sign-up to the newsletter, have any training queries or suggestions, or would like to join the CEPN Steering Group in your CCG area please email [CEPN@suffolkch.nhs.uk](mailto:CEPN@suffolkch.nhs.uk).

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