



Weekly Inbox

30 JUL 2018 Issue 282

YOUR WEEKLY INBOX

The Weekly Inbox is produced by the Ipswich and East Suffolk Clinical Commissioning Group for circulation in your practice, to provide you with essential clinical guidance and useful support.

The key below indicates the intended audience of each article:

- GP:** GPs
- PM:** Practice Manager
- Ad:** Administrative staff (including medical secretaries, receptionists)
- PN:** Nurses (including HCAs, Practice Nurses, ANPs)
- Oth:** Other clinicians (including ECP, Pharmacists)

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FOR ACTION

PM Ad

1 Yellow Folders

A number of you have put in requests for yellow folders but we at the CCG have been waiting for supplies. To ensure we don't miss anyone out, please could you email [Jeni Burman](#) with your practice name and how many folders you need. Once we receive the supplies, we will endeavour to get them to you as soon as possible.

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2 E-Referral Service and National PaperSwitch Off (PSO)

From 1 October 2018, providers will no longer be paid for activity that results from referrals made, other than through the NHS e-Referral Service. The Standard Contract for 2017/19 requires the full use of the NHS e-Referral Service for all consultant-led first outpatient appointments. Following the briefing in last week's weekly inbox, please click on the following documents for further information:

[NHS E-Referral System \(nERS\) \(ALLCAS\) Guide with screenshots](#)

[Quick Outpatient Referral Guidance for GP's](#)

[GP Written Referral Letter](#)

Contact [Claire Pemberton](#), if you have any queries regarding this item.

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3 How good is your Surgery at Providing Information?

Disabled people have been telling the Suffolk Disability & Health Action Group that it is difficult to obtain health information in large print, in plain English and in an easy to read format, so they have real problems in accessing information. There are statistics that indicate half the population require simple language and that all documents should be able to be read by people with a reading age of 9 years old. Organisations should take into account that not everyone can use or have access to the internet.

Here are some questions for you to raise with your Medical Practice:

- Does your surgery provide information to patients in a format that they can access?
- Are any leaflets provided by your surgery easy to read, clear and with good colour contrast, in a minimum size 14 font?
- Does your surgery indicate on people's notes the best way to communicate with them e.g. in British Sign Language, in large print, etc.?
- Does your surgery ask patients how they need their letters or information provided to them?

Every Medical Practice should be able to answer 'Yes' to each of these questions.

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4 Diabetes – Consultant Practice Visits

Ipswich Hospital Diabetes Consultants are very keen to continue with the visits to practices to discuss with the clinical and admin staff what can be done to jointly improve the care of our diabetic patients. Those that have had visits already have found them to be very useful and given very positive feedback, especially with coding.

They are very keen to get dates in the diary from 1st September all the way through to December 2018 so if you would like a visit please contact the Lead Diabetes Specialist Nurse [Sue Mitchell](#) or telephone: 01473 704182.

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5 National Diabetes Scheme – help for your patients

The NHS Diabetes Prevention Programme is a national scheme set up by NHS England. It is a behaviour change programme aimed at patients who have been identified as being at risk of developing diabetes.

Over the coming weeks, ICS Health and Wellbeing will conduct practice visits. They will discuss any particular cases that may fit the criteria for referral or any individuals who are in a pre-diabetic condition who would benefit from attending the course. Full details are available [here](#) and [Dean Onno](#) can be contacted for more information.

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6 Prescribing ‘Thick and Easy Clear’

You may have been emailed by Fresenius Kabi regarding their dysphagia product “Thick and Easy Clear” and that they attached some accompanying documentation regarding the product.

Whilst Ipswich Hospital and West Suffolk Hospital currently hold a contract with Fresenius Kabi to supply Thick and Easy Clear in the hospital setting, and a two week supply post-discharge, if the patient continues to require a thickener in primary care, **Thick and Easy Clear does not have to be the product to continue on prescription**. The Speech and Language Therapists in Suffolk have a preference for the gum-based thickeners, Resource ThickenUp Clear or Nutilis Clear and these are the products that they would be more likely to request on prescription.

If you have any queries regarding this please contact [Susan Clarke](#), CCG Dietitian.

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7 Addressing Inequalities in Access to General Practice

NHS England is pleased to host an [animation](#) developed by the University of East Anglia that aims to support CCGs in addressing inequalities in access to general practice services. The animation aims to demonstrate the patient pathway to general practice services, where inequalities in access may be experienced, and some practice solutions to address this. NHS England would strongly encourage CCGs to share this with their local practices and providers. For queries contact england.gpaccess@nhs.net.

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GP PM

8 Annual Stakeholder 360° Survey Results

Thank you to those of you who contributed to our annual stakeholder survey earlier this year. Your responses helped contribute to the CCG achieving an ‘outstanding’ rating from NHS England recently. Read more [HERE](#). Overall we improved in many areas but there are still areas for improvement, which we are already working on. We are pleased to share with you a summary of those survey results [HERE](#). Thanks again for your continued support.

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GP

9 Joint Society Meeting for GP’s

The next joint meeting of the Ipswich and District Clinical Society and Ipswich and Suffolk Medico Legal Society is on Wednesday 12th September 2018, (further details [here](#)).

The guest speaker, [Dr Alexandra Freeman](#) was the producer of the BBC series ‘Trust me I’m a Doctor’ but in the last 2 years has become executive director of the Winton Centre for the public understanding of Science in Cambridge. She is a first class speaker and is particularly concerned with the communication of risk and interpretation of the evidence from professional witnesses. Those of you who heard James Badenoch QC speaking about the Montgomery case at last summer’s meeting will appreciate the issues which this case has raised when considering patient consent.

The lecture will be preceded by a buffet at the back of the lecture theatre rather than a sit down meal.

To assist with planning, we need to know numbers attending by Friday 7th September.

I hope you and your partner will be able to come to what should be an excellent evening.

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10 Winter Night Shelter 2018

This year’s Winter Night Shelter will be opening its doors earlier and will be a single venue from October through to December. [Click here](#) for more information.

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11 County Lines Film - 12 September - FREE Training

Henry Blake is returning to Ipswich for 3 screenings / Q&A's of his short film 'County Lines' on Wednesday 12 September at Dance East.

This free screening and Q&A session with the writer / director Henry Blake is for those working with children, young people, families and communities in Ipswich.

Henry Blake is a filmmaker passionate about realism, his work is heavily research-based, character lead drama that is often raw and uncompromising. The film highlights the growing national crisis of '**County Lines**' and the serious threat it poses to Britain's children. The film director, has made a hard-hitting short, County Lines. It focuses on 14 year old Tyler Hughes who is sent from London to a small coastal town to sell Class A drugs. Alone and unprotected, he finds himself trapped in a series of complex and high-risk situations with some of the UK's most dangerous adults.

For more about the writer / director Henry Blake and County Lines [click here](#).

The sessions will be running at the following times: 1:30-3pm, 4-5.30pm, 6:30-8pm.

Bookings are via Eventbrite searching **IPSWICH PARTNERS ONLY**.

Any queries or problems with bookings please contact [Claire Prosser](#).

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12 Local vacancies

Please click the above link to see the current local GP and practice staff vacancies. New jobs have been added this week.

If you have a vacancy to advertise here and on our website, please contact [Stuart Graham](#).

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EDUCATION & TRAINING

PN

13 Practice Nurse Cancer Course

Cancer is becoming a long term condition, with practice prevalence's rapidly catching up with diabetes. For this reason there is an increasing trend for some of the long term consequences of cancer to be picked up by the nursing workforce where possible. This course is aimed at giving practice nurses the confidence, communication and signposting skills to undertake this work. It is free but does involve three days out of the practice during the six months course. It receives good feedback and is well received with most nurses updating the practice cancer structure, having completed the course.

Please [click here](#) for the flier to express an interest.

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14 Training and Education Feedback

Thank you to those of you who gave us your honest appraisal of the recent education afternoons around [safeguarding \(May\)](#) and the [Alliance \(June\)](#). We aim to ensure that the training is of a high quality and use your feedback to help us plan future sessions. A summary of your feedback has been collated and can be viewed by clicking on the above links.

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15 PACT (Primary Care And Community Care Training Hub)

Ipswich & East and West Suffolk CCGs are working together with representatives from primary and community care services and training providers to address workforce and workload challenges to ensure that we have the right number of health and care professionals with the right skills to meet the evolving needs of local people.

Please follow the link to [PACT Training Hub Newsletter Issue 42](#).

If you would like to sign-up to the newsletter or have any training queries or suggestions, please email PACT@suffolkch.nhs.uk.

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CONTACT

16 Your views and feedback are very much appreciated. If you have any comments, suggestions or contributions for inclusion in The Weekly Inbox, [please email us](#).

If you are not currently on the regular distribution list for the Weekly Inbox but would like to be, you can [sign up here](#).

For queries relating to contracts, please email IESCCG.gp-contract-queries@nhs.net with **Contracts** in the subject line.



Safeguarding Children is Everyone's Responsibility: news, guidance and resources can be found on the [CCG's Safeguarding Children webpage](#).

- [Bookmark the CCG website](#)
- [Latest news from the CCG](#)
- [Who's who in the Clinical Executive](#)
- [Useful links to NHS and other websites](#)
- [Ipswich and East Suffolk Falls Directory](#)
- [Referrals, Briefings and Pathways](#)
- [Download Digital Campaign Resources](#)
- [NHS England](#)
- [Ipswich Hospital website - GP section](#)



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DID YOU KNOW...?

17 Searching for previous Weekly Inbox articles

Seen an article in a previous Weekly Inbox but having trouble finding it a few weeks later? Here's how to find it:

On your keyboard, press Ctrl F. Write a word into the cell 'diabetes' that is related to the article you have read and press the Enter key. You can use more than one word, e.g. 'diabetes prevention'.

Your word will then be highlighted in yellow wherever there is a related Weekly Inbox article.

The screenshot shows a search interface with a search bar containing 'diabetes'. The results are displayed in a list format, grouped by date. The search results are as follows:

- Inbox 264** (26 March 2018): GP+ & TPP SystemOne Consent Override - Septorhinoplasty Consultation - The Queen's Health Honours - NHS Heroes Awards - HSJ Awards 2018 - Alternative Terms for CSE - Patient Transport Service - New Contract - Diabetic Foot Clinic - Use of Asthma Registers - New GMS Contract Changes 2018/19 - Integrated MSK Service Update - COPD Patient Shared Care Plan - Easter Pharmacy Opening Hours - NHS Patient Safety Investigations - GRASP Suite of Audit Tools - NHS Counter Fraud Authority - NHS70 - Nurse Recruitment & Retention Campaign - NHS Staff Survey Results - CRN Eastern Study and Research Bulletin - Reminder: GDPR Legislation - Local vacancies - Find it on the CCG website - Integrated Care - REACT Care Homes Pilot - New National Data Opt-Out - Physical Activity Training Course - Palliative Care Masterclass Series - GP Palliative End of Life Care Programme - St Elizabeth Hospice - Discover Education - New Events & Training - CEPN - Contact us - Did you know...? **Diabetes Prevention Week** - Chart of the Week: QoF Achievement 10/17 Across **Diabetes** Indicators
- Inbox 263** (19 March 2018): URGENT: GP+ Access to Records - Social Prescribing Survey - Training & Education - Feedback - NSPC Survey - Chemical Incidents Guidance - NEWT Guidelines - TIAA Fraud Alerts - PHE Restructuring Arrangements - Revised Prescribing National Guidelines - GPFV Newsletter - March 2018 - IESCCG Practice Nurse Newsletter - Local vacancies - Find it on the CCG website - Medicines Management - Malnutrition - Planned Care **Diabetes** Elective Care - WiFi in GP Surgeries - Domestic Abuse Training - CEPN - Contact us - Did you know...? **Diabetes Prevention Week** - UK Professional Conference - The Future of **Diabetes** - PPC Newsletter - March 2018 - Public Health Matters - March 2018 - Local vacancies - Find it on the CCG website - Planned Care - Rheumatology - Medicines Management - Skin Care Prescribing Changes - Medicines Management - Newsletter - General Practice Leadership Development Programme - Prescription Clerk Training - New Events & Training - CEPN - Contact us - Did you know...? CHUFT / JHT Merger Meeting - Chart of the Week: Cumulative LD Health Checks @ Q3 2017/18
- Inbox 262** (12 March 2018): GP+ Access to Records - Data Sharing - The One Show NHS Patients Awards - Training & Education - Feedback - Easter Planning - NHS Standard Contract Consultation - OTC Medicines - Have Your Say - New Emotional Wellbeing Hub - 5 Ways to Wellbeing - NSFT New Mothers MH Services - New Chief Executive of NSFT - Emergency Flow for Surgical Referrals - Reconfiguration and Changes to iCaSh - MASH Patient Record Access - Suffolk Special Allocation Scheme - Medicines Management - Team Changes - Suffolk GP Federation Podcast - Driving and Pain - **Diabetes** Prevention Week - **Diabetes** UK Professional Conference - The Future of **Diabetes** - PPC Newsletter - March 2018 - Public Health Matters - March 2018 - Local vacancies - Find it on the CCG website - Planned Care - Rheumatology - Medicines Management - Skin Care Prescribing Changes - Medicines Management - Newsletter - General Practice Leadership Development Programme - Prescription Clerk Training - New Events & Training - CEPN - Contact us - Did you know...? CHUFT / JHT Merger Meeting - Chart of the Week: Cumulative LD Health Checks @ Q3 2017/18
- Inbox 261** (05 March 2018): Reminder: SystemOne Consent Override Functionality - Easter Prescription Ordering - Training & Education - 7 March - Impact of Suicide in the UK - DES Submission Deadline - GP Clinical Pharmacist Funding - Elevated PSA Referral Guidelines - Winter Weather Continence Plans - CHUFT Paper Switch OFF - Drug

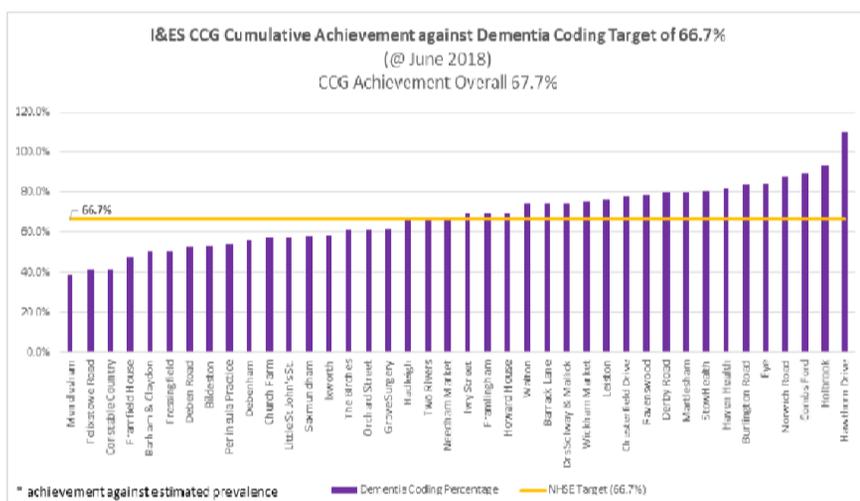
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CHART OF THE WEEK

18 We are often asked for more comparative information to enable practices to know where they stand on a variety of indicators in comparison with other practices. Therefore, we publish a chart every week on a variety of topics.

Please [let us know](#) there are any topics that you would find it useful for us to cover.

This week we are looking at Ipswich and East Suffolk CCG Cumulative Achievement against Dementia Coding Target of 66.7% (as at June 2018).



[Click on chart to enlarge](#)

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