



# Weekly Inbox

23 JUL 2018 Issue 281

## YOUR WEEKLY INBOX

The Weekly Inbox is produced by the Ipswich and East Suffolk Clinical Commissioning Group for circulation in your practice, to provide you with essential clinical guidance and useful support.

The key below indicates the intended audience of each article:

**GP:** GPs

**PM:** Practice Manager

**Ad:** Administrative staff (including medical secretaries, receptionists)

**PN:** Nurses (including HCAs, Practice Nurses, ANPs)

**Oth:** Other clinicians (including ECP, Pharmacists)

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## FOR ACTION

### 1 East Anglia Faculty Opt In

GP

Ad

PN

A message and plea for all our Members in the East Anglia Faculty. Please opt in to receive information about news and events from your local faculty. Please [click here](#) for managing your preferences.

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### 2 Paper Switch Off (PSO) and the e-Referral Service (e-RS) – National Mandatory Change

OC

GP

PM

Ad

PN

From 1 October 2018, providers will no longer be paid for activity that results from referrals made other than through the NHS e-Referral Service. The Standard Contract for 2017/19 requires the full use of the NHS e-Referral Service for all consultant-led first outpatient appointments. Further information will be issued next week to practices.

[There are no major changes to the referral arrangements for Ipswich and East Suffolk Practices.](#)

The Paper Switch Off is a mandatory arrangement to increase the use of NHS e-RS and to eliminate paper referrals within all health economies for all GP to first consultant outpatient appointments. We already use e-RS for all referrals in Ipswich and East Suffolk to our local acute hospital, apart from a list of agreed exclusions. We will issue a list of these exclusions.

There will be no changes to the arrangements around ALLCAS and referring. We will be updating the paperwork with refreshed screen shots, the quick reference guide and advising whom to contact with any queries on referral processes, these will be sent to the practices directly.

Contact [Claire Pemberton](#), if you have any queries regarding this item.

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## FOR INFORMATION

### 3 Suffolk Life Savers Newsletter

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Please [click here](#) to read the July edition of the Suffolk Life Savers newsletter from the Suffolk Health and Wellbeing Board, which includes some of the work taking place to help prevent suicide in Suffolk.

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## 4 Primary Medical Contract Re-issue

NHS England Midlands and East (East) Primary Care Team is undertaking a piece of work to bring all GMS, PMS and APMS contracts up to date and in line with the latest GMS, PMS and APMS regulations as published in 2017/18. This has been discussed with the LMC who are supportive of the work NHS England will be undertaking.

This project will ensure that all GMS and PMS contracts for primary medical services held in the Midlands and East (East) area are re-issued to contractors, signed by all parties and most importantly are up to date and consistent with regulations. This means that as practices you will be able to easily review and refer to your contract when needed.

Information in the contracts will be easily accessible and any changes going forward can be effectively monitored by NHS England, CCGs and the practices who deliver services. Please note that it is not NHS England's intention to change the contract other than to reflect the nationally agreed annual changes advised by NHS Employers and the GPC, as communicated in the contract changes letters and in the subsequent contract variations issued to practices.

In order to undertake this exercise the team will be contacting each practice in due course to confirm vital information for inclusion in the contract, this will ensure that information held about the practice is up to date and the contract you hold is valid.

Should you make any changes within the practice, for which NHS England would need to be aware of, please use the [contract changes form](#) to notify them of such a change.

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## 5 Mental Health Leaflet for Veterans

NHS England has published the attached leaflet on NHS veterans' mental health services, which is available on [NHS Choices](#) with a direct link to it [here](#). This follows requests from veterans, their families and MPs for clear information on the dedicated mental health services available for ex-forces.

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## 6 Thyroid Function Test

For those of you who missed Dr Craig Parkinson's excellent thyroid speed date in April, a copy of [clinical scenario questions](#) (with [answers](#)) is now available to download from the [education resources page of the CCG website](#). The [Funny TFT document](#), which gives more detail behind the answers is also available online.

Continuing the endocrinology theme, at our September education afternoon, Ipswich consultant endocrinologist Duncan Fowler will be providing our clinical lecture on endocrinology in primary care, which will include treatment of hypothyroidism, primary hyperparathyroidism, hypogonadism and management of adrenal replacement.

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## 7 MyCOPD Pilot

The MyCOPD Pilot Programme started in February and carefully selected patients will be given the opportunity to take control of their self-management. MyCOPD has been diagnosed to enhance the self-management of all patients with a confirmed diagnosis of COPD who also have internet access. Regardless of disease severity or stage of treatment almost all patients with COPD will find benefit in the varying features of the App.

Patients will be recruited by clinicians at Ipswich Hospital and the Pulmonary Rehab service who have been trained on how to use the App as part of phase 1.

A communication was sent out to practices in March asking for help in recording, within the patient clinical record, a study code so that we will be able to evaluate the effectiveness of this intervention and provide feedback regarding the impact on your patients.

If a patient registered with your practice has signed up to use the App and they have given consent to share their information, then your practice will receive an email to ask if a study code could be recorded in the patients' records. This information will be sent from Ipswich Hospital. The first set of patient details have been sent out to practices at the end of last week. Please see list below of those practices who should have received an email entitled 'MyCOPD Patients':

Walton Surgery	Ravenswood
Holbrook Surgery	Burlington Road
Church Farm Surgery	Hawthorn Drive
Chesterfield Drive	Peninsula Practice
Stowhealth	Haven Health
Barham and Claydon	Grove Medical Centre
Needham Market	Debenham Group Practice
Hadleigh	Wickham Market

If you are interested in learning more about MyCOPD, please [click here](#).

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## 8 [Local vacancies](#)

Please click the above link to see the current local GP and practice staff vacancies. New jobs have been added this week.

If you have a vacancy to advertise here and on our website, please contact [Stuart Graham](#).

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## 9 Calling the IT Service Desk

### Notification from NEL CSU ICT team – Calling the Service Desk

Please be aware that when calling the IT Service Desk you will be presented with a number of options to route you to the most appropriate support team. A new option has been added to provide access to the RA Service Desk. Please ensure that you select the correct option and get through to the appropriate team who can assist you with your issue. The options are listed below for your reference:

- Option 1 – RA
- Option 2 – GP
- Option 3 – Everything Else

Please be aware, there may also be an added additional message before the options to advise of any major outages or incidents. Thank you for your co-operation.

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## EDUCATION & TRAINING

GP PM Ad

## 10 General Practice Clinical Supervision Course

Are you a GP clinical supervisor or do you aspire to be one? The aim of this interactive day is to learn skills in effective clinical supervision of learners in a General Practice environment. It will be suitable for prospective supervisors of GP Retainers, Induction and Refresher Scheme doctors, and provide a foundation course for the supervision of “international recruitment” doctors. The course will be fully funded by Health Education England and may be of particular interest to those practices who have expressed interested in becoming involved with the Norfolk & Suffolk International GP Recruitment (IGPR) programme. [Click here](#) for more information.

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## 11 PACT (Primary Care And Community Care Training Hub)

Ipswich & East and West Suffolk CCGs are working together with representatives from primary and community care services and training providers to address workforce and workload challenges to ensure that we have the right number of health and care professionals with the right skills to meet the evolving needs of local people.

**Please follow the link to [PACT Training Hub Newsletter Issue 41](#).**

If you would like to sign-up to the newsletter or have any training queries or suggestions, please email [PACT@suffolkch.nhs.uk](mailto:PACT@suffolkch.nhs.uk).

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## CONTACT

## 12 Your views and feedback are very much appreciated. If you have any comments, suggestions or contributions for inclusion in The Weekly Inbox, [please email us](#).

If you are not currently on the regular distribution list for the Weekly Inbox but would like to be, you can [sign up here](#).

For queries relating to contracts, please email [IESCCG.gp-contract-queries@nhs.net](mailto:IESCCG.gp-contract-queries@nhs.net) with **Contracts** in the subject line.



**Safeguarding Children is Everyone's Responsibility:** news, guidance and resources can be found on the [CCG's Safeguarding Children webpage](#).

- [Bookmark the CCG website](#)
- [Latest news from the CCG](#)
- [Who's who in the Clinical Executive](#)
- [Useful links to NHS and other websites](#)
- [Ipswich and East Suffolk Falls Directory](#)
- [Referrals, Briefings and Pathways](#)
- [Download Digital Campaign Resources](#)
- [NHS England](#)
- [Ipswich Hospital website - GP section](#)



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## DID YOU KNOW...?

## 13 Launch of #wearetheNHS nurse recruitment campaign

### Please help with the launch of #wearetheNHS nurse recruitment campaign

A multi million campaign, funded by NHS England and the Department of Health and Social Care, has launched, highlighting the vast range of opportunities available in the NHS for potential new recruits and to retain nurses and midwives, reigniting pride across nursing and midwifery professions. The campaign initially places a spotlight on nursing, prioritising key areas including mental health, learning disability and community and general practice nurses.

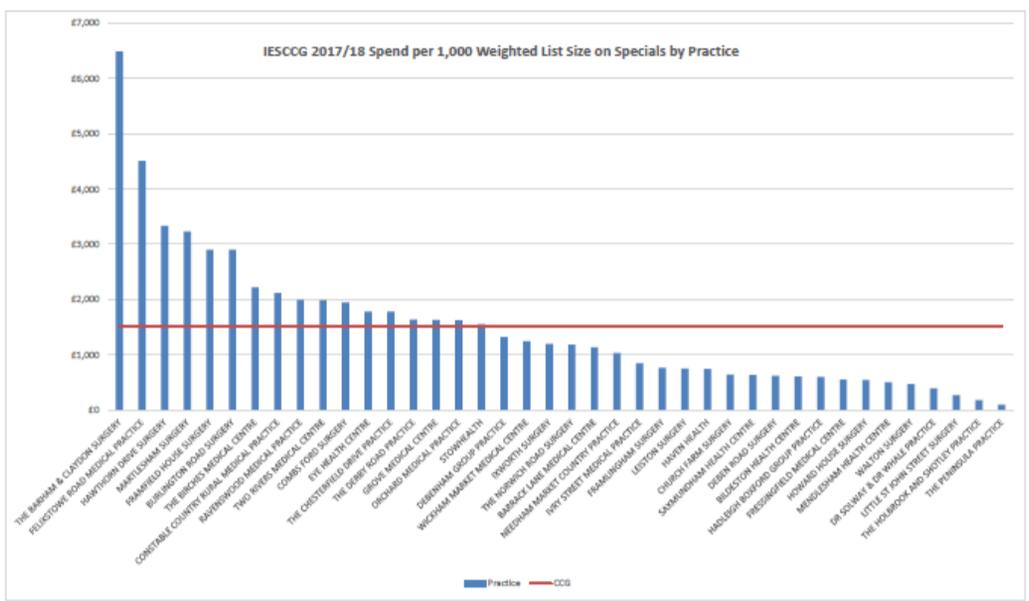
[Find out more](#) and help raise awareness of this long term campaign by sharing the [YouTube video](#) with your friends and family.

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## CHART OF THE WEEK

- 14 We are often asked for more comparative information to enable practices to know where they stand on a variety of indicators in comparison with other practices. Therefore we publish a chart every week on a variety of topics.

Please [let us know](#) there are any topics that you would find it useful for us to cover.



[Click on chart to enlarge](#)

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