



Weekly Inbox

03 SEP 2018 Issue 287

YOUR WEEKLY INBOX

The Weekly Inbox is produced by the Ipswich and East Suffolk Clinical Commissioning Group for circulation in your practice, to provide you with essential clinical guidance and useful support.

The key below indicates the intended audience of each article:

GP: GPs

PM: Practice Manager

Ad: Administrative staff (including medical secretaries, receptionists)

PN: Nurses (including HCAs, Practice Nurses, ANPs)

Oth: Other clinicians (including ECP, Pharmacists)

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FOR ACTION

1 Pathology User Survey to inform Service Improvements – please complete!

OC GP PM Ad PN

User satisfaction measurement forms are one of the requirements of our accreditation of Pathology Services. User satisfaction measurement is also used to inform the North East Essex & Suffolk Pathology Services (NEESPS) where to focus service quality improvement. We would appreciate if you could take 10 minutes to complete this [survey](#). Thank you!

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2 LD Annual Health Check Returns – Reminder

OC GP PM Ad PN

Please remember to check that any data submissions are correct when declaring your LD Annual Health check achievements on CQRS. You need to manually enter the number of eligible patients on your LD register (please don't enter 0) and you must check that the numbers of completed health checks that have been extracted are correct, as you will only get paid for these. Each quarter we are still finding incidences where information has not been entered or checks have not been coded correctly. If you have any issues with your reporting on CQRS please contact NHSE: England.mee-desactivity@nhs.net.

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FOR INFORMATION

3 MyCOPD Pilot - Reminder

OC GP PM Ad PN

The MyCOPD Pilot Programme aims to enhance the self-management of all patients with a confirmed diagnosis of COPD who also have internet access. Regardless of disease severity or stage of treatment almost all patients with COPD will find benefit in the varying features of the App.

Patients will continue to be recruited by clinicians at Ipswich Hospital and the Pulmonary Rehab team who have been trained on how to use the App as part of phase 1.

As part of phase 2, the Community COPD team is now in a position to work with a small group of interested and enthusiastic respiratory nurses and/or GPs from practices to identify suitable patients who would benefit from being prescribed the MyCOPD App. If there are any respiratory nurses and/or GPs interested in learning more about MyCOPD and want to help lead the way forward please [click here](#).

If your practice would like to take part in the MyCOPD pilot, please contact [Alison Sadler](#) by email or on telephone: 01473 770291.

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4 Frenulotomy

Locally there have been some changes in relation to the pathway for possible frenulotomy. Clinic F at Ipswich no longer provides a service and babies who may need a division to enable successful breastfeeding should now be referred to the NNUHT. A referral to Norwich for possible frenulotomy will only be accepted from a professional who has had specific training at Norwich in assessment of tongue function and of breastfeeding.

If a GP wishes to refer in the absence of feeding difficulties, an enquiry to Mr Minocha's secretary would be the appropriate approach. GP's coming across this situation should contact their Health visiting team who now have staff trained to do this assessment and make a referral.

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5 Updates from North East Essex and Suffolk Pathology Services

Please see the following updates received from NEESPS:

- [Changes to Glucose Comments and Codes](#)
- [Additional Testing for Globulin](#)

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6 International Dysphagia Diet Standardisation Initiative (IDDSI)

IDDSI is a global initiative to improve the lives of over 590 million people worldwide living with dysphagia. The IDDSI have published international standardised terminology and definitions for texture modified foods and thickened liquids. The framework consists of a continuum of eight levels, and aims to improve clinical safety and efficiency.

The Medicines Management Team are working with key stakeholders in implementing the new framework by April 2019 with further communications to support practices and patients to follow in due course.

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7 Suffolk Family Carer Drop-In Sessions

Suffolk Family Carers are holding regular drop-in sessions in [Ipswich](#) and [Bury St. Edmunds](#) to help guide people who live with the challenges of having a drug or alcohol user in their family. Please promote these to your patients.

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8 'Living Life to the Full' – Internet Based Cognitive Behavioural Therapy

GP Practices will have received the 'Living Life to the Full' resources (click links below) in the first week of July.

[Business cards for GP screens](#)
[LLTTF fliers for Primary Care](#)
[LLTTF pilot briefing for GP Practices](#)

[Lorraine Parr](#) will be in touch with Practices this week to find out how you're getting on with the resources and whether you require further support.

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9 NICE and NHSE Consultations

NICE News and **Update for Primary Care** are published monthly and can be found [here](#).

NICE Consultation can be found [here](#).

NHS England Consultation can be found [here](#).

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10 Prevention Conference – Creating the Conditions for a Healthier Life

You and your team are invited to attend the Suffolk and North East Essex Prevention Conference 'Creating the conditions for a healthier life across Suffolk and North East Essex'. Please click [here](#) for details.

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11 Special Educational Needs and/or Disabilities Bulletin

Please click [here](#) to read the latest SEND Bulletin.

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12 Local Vacancies

Please click the above link to see the current local GP and practice staff vacancies. New jobs have been added this week.

If you have a vacancy to advertise here and on our website, please contact [Stuart Graham](#).

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13 Medicine Optimisation in Care Homes – Training Opportunity

The Suffolk and North Essex STP has gained funding from NHSE to run the [Medicines Optimisation in Care Homes \(MOCH\) programme](#). Our local provider for the MOCH Programme will be St Helena Hospice in Colchester, with bases in each of the 3 CCGs. The programme will be looking to recruit 3 pharmacists (1 x band 8a and 2 x band 7) and 3 technicians (3 x band 5) to work in care homes. The aim of the programme is to improve medication use in care homes across the STP. All of the pharmacy professionals who are recruited will be enrolled on a CPPE training pathway and the pharmacists will also train to be independent prescribers. The jobs are already posted on the hospice's [website](#) and will be advertised on NHS jobs soon.

In addition to the training places for the MOCH staff, the STP has been allocated up to 8 extra [fully funded](#) places for pharmacists or pharmacy technicians to join the CPPE [training programme](#), whilst retaining their employment with their existing organisation. For pharmacists this would include funding to be an independent prescriber. If you know of a pharmacy technician or a pharmacist who might be interested in this opportunity, please email [Catherine Butler](#) asap. To be eligible for this training, the individual must work at least 2 days per week in care homes. If we don't take up the training places, they will be transferred to other STPs.

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14 Endocrinology in Primary Care & OOH cover

Our next education afternoon at Trinity Park will be on Thursday 13 September where the main clinical lecture will focus on *Endocrinology in primary care* with Dr Duncan Fowler, consultant from Ipswich Hospital. There will also be development workshops on prescribing, DXS and winter planning. A care home peer to peer meeting and the annual members meeting will also be taking place during the afternoon.

[View Flyer](#) for more details; please let [Shelley Mitchell](#) know if you will be attending.

For Nurses, an immunisation update has been arranged for practice nurses' at Best Western Ipswich Hotel, Copdock – please visit www.miltongateway.com to book your free place.

If your practice **does not** require Out Of Hours cover for that afternoon, please let [Karen Ghosh](#) know by 4th September.

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15 Care Home Peer to Peer

It is a requirement under the care homes LES that at least 1 person from each practice attends the annual care home peer to peer, *this should be the GP care home lead or in their absence the person that carries out your ward round.*

It will be held on 13 September 2018 at Trinity Park 2.15-3.30pm. We have once again invited the team of Geriatricians from IHT to attend and take part in the table top discussions.

The draft agenda is:

- Tralee Lashley, Medicine Management – Dressing prescribing in care homes and appliances.
- St Elizabeth Hospice – MCW folders and EOL accreditation programme taking place in 10 care homes.
- Table top discussions around dementia in care homes. DIST to attend (To be confirmed).

Please email [Laura Krolik](#) with the name of the person who will be attending.

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16 Practice Manager Forum

The Practice Manager Forum will take place on Thursday 27 September 2018, lunch from 1pm, start 1.30pm finish 4.30pm

The draft agenda is:

- Dawn Bullock from PCSE,
- Mark Weston information sharing NHS digital,
- Alison Smith, 'What is the Alliance, What are the INT's and what do both mean to us as practices?' (TBC),
- Lisa George Fraudulent documents (TBC).

Please let [Laura Krolik](#) know if there are any topics you would like to discuss or training that can be covered through the PM forum session. The event is key for networking with both CCG staff and other practice managers. It is generally informal and an opportunity for practice managers to choose the agenda (should you send ideas!)

Please email [Jennifer Burman](#) if you are coming along. Final agenda to follow ASAP.

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17 Care Home Winter Planning

The Care Home Winter Planning (for nurse practitioners and ECPs delivering the weekly care home ward rounds in your practice) session, is to be held on **Wednesday 10th October 2018, lunch from 1pm, start 2pm and finish 4.30pm with coffee at 3.15pm at Trinity Park.**

A training session was held last year but this year we are focusing on winter plans in care homes. The draft agenda is

- Flu,
- REACT,
- Dementia,
- Sepsis,
- istumble and
- My Care Wishes folders.

Speakers will include Selina Lim, Geriatrician, Mandy Summons, St Elizabeth Hospice and Lisa Elmy, CCG Care Homes Clinical Care Home Manager.

Please email suggested topics and whether you wish to attend to [Laura Krolik](#).

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18 Primary Care Leadership Collaboratives

Are you passionate about improving primary care? Are you already working to increase the quality of the care delivered across your wider area? Do you want support to develop your initiative and at the same time to develop your skills as a leader in healthcare?

Health Education England are looking for trios of experienced GPs, practice managers, primary care nurses or other clinicians to take part in their new Primary Care Leadership Collaborative programme. Working as a group of three from your practice, Federation or CCG, this funded course will empower you to enable innovation and service transformation. Primary Care Leadership Collaboratives (PCLC) are designed to support local teams in developing leadership capabilities within the Sustainability and Transformation Partnership (STP).

This is an exciting development opportunity and applications for the third cohort are now open. [View Flyer](#) for more information or to apply, please complete [application form](#). **Applications for third cohort closes on 13 September.** All three Impact Days will take place at **Holiday Inn, Impington, Cambridge**, on the following days:-

- Wednesday 7 November 2018
- Wednesday 23 January 2019
- Wednesday 6 March 2019

For more details please visit the [Health Education East website](#).

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19 PACT (Primary Care And Community Care Training Hub)

Ipswich & East and West Suffolk CCGs are working together with representatives from primary and community care services and training providers to address workforce and workload challenges to ensure that we have the right number of health and care professionals with the right skills to meet the evolving needs of local people.

Please follow the link to [PACT Training Hub Newsletter Issue 47](#).

If you would like to sign-up to the newsletter or have any training queries or suggestions, please email PACT@suffolkch.nhs.uk.

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CONTACT

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Your views and feedback are very much appreciated. If you have any comments, suggestions or contributions for inclusion in The Weekly Inbox, [please email us](#).

If you are not currently on the regular distribution list for the Weekly Inbox but would like to be, you can [sign up here](#).

For queries relating to contracts, please email IESCCG.gp-contract-queries@nhs.net with **Contracts** in the subject line.



Safeguarding Children is Everyone's Responsibility: news, guidance and resources can be found on the [CCG's Safeguarding Children webpage](#).

- [Bookmark the CCG website](#)
- [Latest news from the CCG](#)
- [Who's who in the Clinical Executive](#)
- [Useful links to NHS and other websites](#)
- [Ipswich and East Suffolk Falls Directory](#)
- [Referrals, Briefings and Pathways](#)
- [Download Digital Campaign Resources](#)
- [NHS England](#)



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DID YOU KNOW...?

21 Fund to Help Tackle the Disability Employment Gap

A £4.2 million [challenge fund](#), to support people with mental health or musculoskeletal conditions to stay in work, has been launched by the Minister for Disabled People, Health and Work, and the Minister for Mental Health and Inequalities. The fund is the latest in a range of government measures that are part of a 10-year strategy which aims to help 1 million more disabled people find work by 2027. Full details on how to apply can be found on the [Challenge Fund website](#).

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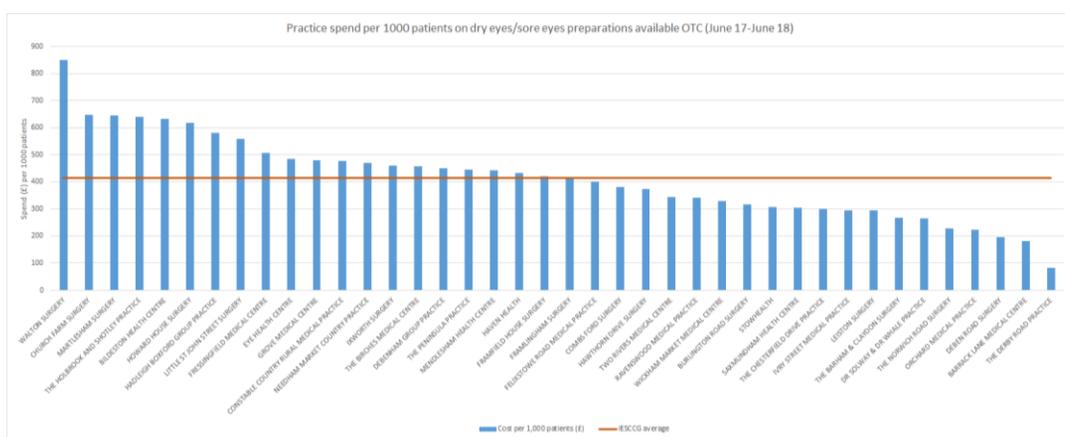
CHART OF THE WEEK

22

We are often asked for more comparative information to enable practices to know where they stand on a variety of indicators in comparison with other practices. Therefore, we publish a chart every week on a variety of topics.

Please [let us know](#) if there are any topics that you would find it useful for us to cover.

This week we are looking at: Practice spend per 1000 patients on dry/sore eyes preparations available OTC (June 17-June 18).



[Click on chart to enlarge](#)

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