



Weekly Inbox

08 MAY 2018 Issue 270

YOUR WEEKLY INBOX

The Weekly Inbox is produced by the Ipswich and East Suffolk Clinical Commissioning Group for circulation in your practice, to provide you with essential clinical guidance and useful support.

The key below indicates the intended audience of each article:

GP: GPs

PM: Practice Manager

Ad: Administrative staff (including medical secretaries, receptionists)

PN: Nurses (including HCAs, Practice Nurses, ANPs)

Oth: Other clinicians (including ECP, Pharmacists)

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FOR ACTION

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1 NHS Breast Screening Programme Incident

Following an investigation started in January 2018, Public Health England and NHS England identified that in some instances women were not being invited for their final breast screen between their 68th and 71st birthday.

Actions:

- GPs should note the announcement by the Secretary of State for Health and Social Care on **Wednesday 2 May** and read the [attached letters](#).
- Practice staff should be ready to signpost affected women to available helplines and written materials highlighted through [this alert](#).

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2 Training & Education – 24 May

Our next session is on **Thursday 24 May** where Safeguarding will be the main theme. Bal Kaur Howard will be giving the lecture on Domestic Violence. Previously employed by Suffolk Constabulary in a countywide Domestic Abuse Unit, Bal was responsible for developing policies, procedures and training for police officers and partner agencies to enhance the service to victims and potential victims. For 3 years she was based within the CSE/Child Investigation Abuse Unit.

There will also be “speed dates” on Parenting Programmes, MASH, Looked After Children and Scams and the effect on health and wellbeing. Workflow Optimisation and Care Navigator Level 2 Training will be available for Reception and Administrative staff.

In addition, Tabitha Griffin will be running a 3 hour mandatory training session for those who are not up to date with their Level 3 Children and Young People Safeguarding Level 3.

As usual, please let [Shelley Mitchell](#) know if you are planning to attend.

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GP PM

3 Reminder: Declarations of Interest

If you have not already done so, could GPs and Practice/Business Managers please review their interests declared in April and **either**;

- Complete a [new form](#). Should your interests require revision, you have not yet completed a form, or are a new staff member, (guidance as to types of interest can be found [here](#)) and send to **Jo Mael (Corporate and Governance Officer) Ipswich and East Suffolk CCG, Endeavour House, 8 Russell Road, Ipswich, Suffolk, IP1 2BX**

Or

- Respond via email to jo.mael@suffolk.nhs.uk to advise that no changes are required.

The deadline is **Tuesday 8 May**.

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4 Reminder: Diabetes Consultant Practice Visits

Just a quick reminder that there are still dates free in July for Ipswich Hospital Diabetes Consultants to come out to practices to discuss with the clinical and admin staff what can be done to jointly improve the care of our diabetic patients. The consultants can do Wednesday and Thursday afternoons and other times occasionally by arrangement. Please contact [Sue Mitchell](#) (Tel: 01473 704182) to arrange a visit.

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5 Nursing Associate Consultation

The Nursing and Midwifery Council (NMC) have [launched a consultation](#) to find out what nurses and the wider workforce think about the proposals for how the new nursing associate role will be regulated. The consultation runs from **Monday 9 April to Monday 2 July**. Responses are welcome from individuals and organisations and during the consultation period, a [series of events](#) are taking place where you can find out more.

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FOR INFORMATION

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6 Specialist Perinatal Mental Health Service

The Specialist Perinatal Mental Health Service has recently been established. It provides community based treatment and support for women who are currently experiencing, or are likely to experience, a severe mental health issue during the perinatal period (from conception and up to the baby's first birthday). Details of the service can be seen [here](#). Referral for 26 years and over is via AAT using the standard referral form. Referral for women 25 years and under is via the Emotional Wellbeing Hub. In both cases please indicate that the woman is pregnant or has had a baby in the last 12 months.

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7 Updates to Mental Health Referrals

As of Monday 16 April, there have been a number of updates to the process for GPs referring to mental health services in Suffolk. Please [click here](#) for more information.

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8 ENT 100 Day Challenge

The ENT 100 Day Challenge is an NHS England led initiative aimed at improving elective care pathways. One of the solutions identified with GPs was for primary care to be able to refer directly to Audiology for a hearing test and to Radiology for a MRI of Internal Auditory Meatus (MRI IAM). Any patient with an acute hearing loss should be referred urgently to ENT. Please [click here](#) for more information.

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9 Pathology Contact Information

Please click on the links below to be taken to secure websites on the CHUFT Pathology Department, which includes the extension details of appropriate consultants working for NEESPS (which can be turned into direct dials by adding Colchester 74 in front).

- [Introduction to the Pathology Department](#)
- [Internal Telephone Directory](#)

Please note: This is a NHS secured website and as such will not work without an N3 connection.

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PN

10 Leading Change, Adding Value Resource

The first ever [Leading Change, Adding Value \(LCAV\) e-learning tool](#) has now been published, enabling all nursing, midwifery and care staff to find out more about the national nursing, midwifery and care staff framework and to apply this directly to their roles. The tool has been co-developed between NHS England, Health Education England, e-learning for Healthcare and national LCAV partners. It supports staff to reduce the three gaps from the Five Year Forward View, identify and reduce unwarranted variation and deliver the Triple Aim outcomes of better outcomes, experiences and use of resources. Please access this important training and share with your colleagues.

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11 Contract Query Line

A reminder to all practice staff that they can email the Contract Query Line – IESCCG.gp-contract-queries@nhs.net – particularly for Ambulance Service and Mental Health issues. Any query containing patient data can be sent to this line as it is a 'safe haven' email account.

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12 Safeguarding Contacts and Resources

Please see below for a list of Safeguarding contacts:

CCG's named Professional for Primary Care:

- Tabitha Griffin (Tabitha.Griffin@nhs.net)

For adult safeguarding issues please contact the CCG's Designated Safeguarding Leads:

- Christine Hodby (Christine.Hodby@suffolk.nhs.uk)
- Cindie Dunkling (Cindie.Dunkling@ipswichandeastsuffolkccg.nhs.uk)

If you have serious concerns about a child's or vulnerable adults safety and welfare, please contact Customer First on **0808 800 4005**

For Professional Safeguarding Advice, please contact the Consultation Line on **0345 6061499**

The following website also provide excellent information and resources:

[Social Care Institute for Excellence \(SCIE\)](#)

Accredited training, consultancy, research and resources for the social care and health sectors from independent charity and improvement agency, the Social Care Institute for Excellence.

[Suffolk Safeguarding Children Board \(LSCB\)](#)

The LSCB is a statutory body made up of partners and stakeholders from a range of agencies across Suffolk who are committed to safeguarding and the welfare of children. They bring a range of knowledge, experience and expertise

[Suffolk Safeguarding Adults Board](#)

The Suffolk Safeguarding Adults Board (SAB) is a multi-agency partnership that promotes the development of adult safeguarding work throughout Suffolk.

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13 Suffolk GP Federation Newsletter

[Click here](#) to view the latest newsletter from the Suffolk GP Federation.

This edition includes an updates on the Fed strategy, the GP-Flex project and GP+ and ED streaming.

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14 Suffolk Primary Care Newsletter

[Click here](#) to view the latest Suffolk Primary Care newsletter.

This edition includes information about the role of Care Navigators, as well as the new appointment system being implemented by Leiston Surgery.

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15 NHS70 Competition

NHS England has launched a competition for NHS staff to win over 400 tickets to major sporting events including the Wimbledon Championships and Rugby League Challenge Cup. Register [HERE](#) for your chance to win.

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16 Meet Up Monday (MUM)

Meet up Monday (MUM) initiative has recently launched in Ipswich on the at the Greyhound on Henley Road (meet ups from 10am – 12pm). There is another MUM due to launch on **Monday 14 May** at the Smock, 69 Maidenhall Approach, Ipswich IP2 8PG. The idea behind MUM is that people feel the most lonely on Sundays so getting together on a Monday will allow them to have something to look forward to. The meet ups often happen at community cafes and/or pubs where people are offered a cuppa and toast all for free.

[Click here](#) for more information and [here](#) to view a flyer.

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17 Local vacancies

Please click the above link to see the current local GP and practice staff vacancies. If you have a vacancy to advertise here and on our website, please contact [Stuart Graham](#).

Open day to recruit staff at Ipswich mental health unit

An open day will be held later this month (May 15) in order to recruit staff to a specialist mental health unit in Ipswich. People who drop-in at the event at the Woodlands unit on Tuesday, May 15, either between 10am and 12noon or between 5pm and 7pm, will also have an opportunity to apply for jobs on the day.

The unit is on the site of Ipswich Hospital but is run by the Norfolk and Suffolk NHS Foundation Trust (NSFT), a specialist mental health trust. Staff from its four inpatient teams, comprising two adult acute wards (Avocet Ward and Poppy Ward), an older persons' ward (Willows Ward) and a Psychiatric Intensive Care Unit (PICU – Lark Ward) will share information about services.

[Click here](#) to find out more.

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18 Find it on our website!

General practice has a vital role in safeguarding children, young people and vulnerable adults. The CCG has [Safeguarding webpages](#) containing lots of useful information for practices We encourage all primary care professionals to ensure they are familiar with the website content.

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EDUCATION & TRAINING

19 E-Learning Portal Not Updating

We continue to experience intermittent issues with the e-learning portal not updating on completion of courses since practices migrated to GREEN. The most likely reason for this is a network or Firewall issue affecting communication between the portal and Skills for Health. Please check with your IT. You may find it works at a different site (i.e. at home). You are likely to experience this issue if you get the error message that reads 'not connecting to LMS'.

Please make a note of the courses you have completed (perhaps take a screenshot) so your account can be updated manually by your practice manager. Please be aware that you must read all content within a course otherwise it may not record as being completed even though you may have passed the test.

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20 APS Diagnosis Training

Antiphospholipid syndrome (APS) is an under-diagnosed autoimmune disease that carries an increased risk of thrombotic and obstetric complications. APS causes approximately 15% of strokes, heart attacks and DVTs in the under 50s. In pregnancy, APS is the most important potentially treatable cause of recurrent miscarriage. Currently, on average, it takes three years for someone to be diagnosed with APS.

There is now a Royal College of GPs online course for the diagnosis and treatment of APS. The antiphospholipid syndrome eLearning module takes 30 minutes to complete and is free to both members and non-members of the RCGP. On successful completion, you will be awarded 0.5 Continuing Professional Developments and will be issued with a certificate.

Access the course here: <http://elearning.rcgp.org.uk/aps>

Whilst it is usually diagnosed in secondary care, the Royal College states that GPs need to be aware of APS in order to make appropriate referrals in those who meet the clinical diagnostic criteria.

The charity, APS Support UK, has a list of APS consultants throughout the UK: www.aps-support.org.uk which GPs may find useful.

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21 PACT (Primary Care And Community Care Training Hub)

Ipswich & East and West Suffolk CCGs are working together with representatives from primary and community care services and training providers to address workforce and workload challenges to ensure that we have the right number of health and care professionals with the right skills to meet the evolving needs of local people.

Please follow the link to [PACT Training Hub Newsletter Issue 30](#).

If you would like to sign-up to the newsletter, have any training queries or suggestions, or would like to join the CEPN Steering Group in your CCG area please email CEPN@suffolkch.nhs.uk.

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CONTACT

22 Your views and feedback are very much appreciated. If you have any comments, suggestions or contributions for inclusion in The Weekly Inbox, [please email us](#).

If you are not currently on the regular distribution list for the Weekly Inbox but would like to be, you can [sign up here](#).

For queries relating to contracts, please email IESCCG.gp-contract-queries@nhs.net with **Contracts** in the subject line.



Safeguarding Children is Everyone's Responsibility: news, guidance and resources can be found on the [CCG's Safeguarding Children webpage](#).

- [Bookmark the CCG website](#)
- [Latest news from the CCG](#)
- [Who's who in the Clinical Executive](#)
- [Useful links to NHS and other websites](#)
- [Ipswich and East Suffolk Falls Directory](#)
- [Referrals, Briefings and Pathways](#)
- [Download Digital Campaign Resources](#)
- [NHS England](#)
- [Ipswich Hospital website - GP section](#)



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DID YOU KNOW...?

23 Nigel's Surgery – Sepsis in General Practice

This week's edition of Nigel's Surgery focuses on [Sepsis in general practice](#). Practices must be aware of sepsis and be able to demonstrate how an acutely unwell or deteriorating patient is managed before and during an appointment, including any ongoing referral or care.

FREE sepsis e-learning can be accessed via [Health Education England's e-LfH e-learning website](#). To obtain user accounts for your staff:

- Complete the bulk upload spreadsheet, template found [here](#).
- Highlight the training manager(s) that require reporting access so e-LfH can set this up at the same time.
- Email the completed spreadsheet to e-LfH team at support@e-lfh.org.uk with the email subject **"*practice name here* e-learning"**

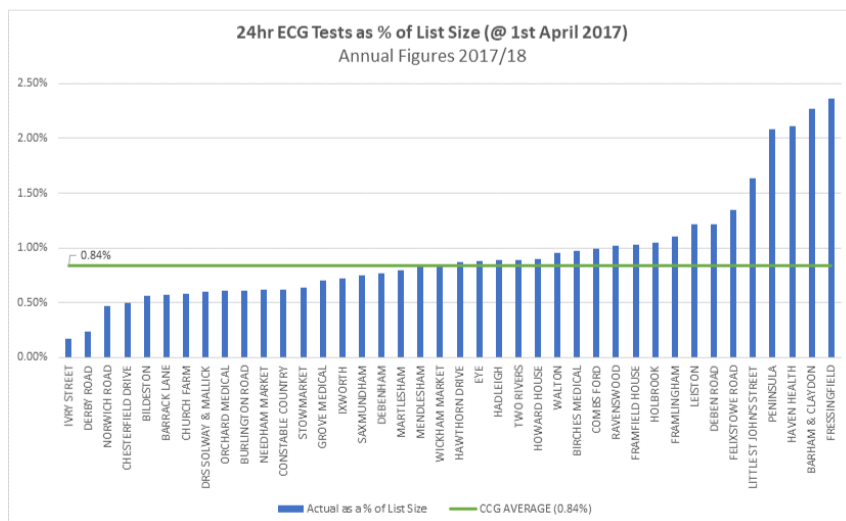
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CHART OF THE WEEK

24 We are often asked for more comparative information to enable practices to know where they stand on a variety of indicators in comparison with other practices. Therefore we publish a chart every week on a variety of topics.

Please [let us know](#) there are any topics that you would find it useful for us to cover.

This week we are looking at **24hr ECG Tests as % of List Size (@ 1st April 2018)**.



[Click on chart to enlarge](#)

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