



Weekly Inbox

03 APR 2018 Issue 265

YOUR WEEKLY INBOX

The Weekly Inbox is produced by the Ipswich and East Suffolk Clinical Commissioning Group for circulation in your practice, to provide you with essential clinical guidance and useful support.

The key below indicates the intended audience of each article:

GP: GPs
PM: Practice Manager
Ad: Administrative staff (including medical secretaries, receptionists)
PN: Nurses (including HCAs, Practice Nurses, ANPs)
Oth: Other clinicians (including ECP, Pharmacists)

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FOR ACTION

OC GP PM Ad PN

1 Map of Medicine Update

Please be aware that access to Referral forms and Local Pathways through the Map of Medicine sidebar **ceased on Saturday 31 March**. Please use the following access routes from Sunday 1 April onwards:

Access to Referral Forms from 1/4/18

Referral Forms – EMIS

West Suffolk: We are working with a practice around making their EMIS version forms available either on the WSCCG web site or locally for use by all West Based EMIS practices.

Ipswich and East Suffolk: All the current referral forms are available through the following link:

<http://www.ipswichandeastsuffolkccg.nhs.uk/GPpracticememberarea/Clinicalarea/Referralusefulinformation.aspx>

Referral Forms – TPP

Work has been undertaken by the Clinical Systems Team from the CCG to add all the relevant referral forms into SystemOne. Auto population from the clinical system will continue

Access to Local Pathways from 1/4/18

All access to local Pathways from the beginning of April 2018 will be through the MoM portal <http://app.mapofmedicine.com> rather than through the sidebar which will be disabled on 1/4/2018 and subsequently removed.

Access to the portal will be via a user name and password. Support around user names and passwords will be provided by the GP IT Team.

Next Steps

If you have any queries or concerns, please contact the GP IT Team on 01473 770222 / gp.it@suffolk.nhs.uk

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GP PM Ad

2 Message from West Suffolk Foundation Trust

If you have received documentation from the Trust sent to your practice that is not relevant to your practice, e.g. Discharge summaries for a patient that may no longer be registered with you etc., can you promptly return them to Georgia Horrobin (e-Care Discharge Summary Optimisation Co-ordinator at WSFT). Please use the following email address for any specific discharge summary issues: wsh-tr.discharge@nhs.net.

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3 Training & Education at Trinity Park

Thank you to those of you who gave us your feedback on the most recent education afternoon at Trinity Park. There were some wide-ranging views; we are pleased it was a valuable learning for some but sorry to hear that some of you didn't find the suicide intervention session useful. All the comments have been noted and will help us with planning future education sessions. Those of you who would like further training can access an online course (see [Suffolk Lives Matter](#) article).

Our next session is on Wednesday 25 April where Ipswich Hospital consultant Miss Caroline Mortimer will be talking all things breast care. There will also be consultant-led "speed dates" including dermatology, nephrology and diabetes.

A nurse training session on stoma and ostomy will run alongside the speed-dates giving an overview of Stoma appliances and the management of stoma, with understanding what to consider when prescribing these products. Please be aware that this session forms part of the prescribing incentive scheme, which requires nurse attendance from every practice.

As usual, please let [Shelley Mitchell](#) know if you are planning on attending.

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4 Smoking in Pregnancy Survey

Improving Performance in Practice (iPiP) is working in collaboration with Public Health England (PHE) to review the role of health visiting and practice nursing in smoking in pregnancy and to develop tools to support their work.

To assist the project team in understanding the situation, identifying current practice, and to inform the development of training and learning resources they would like to gather information on:

- What you currently offer in your clinical practice area
- What you believe would support you to work effectively and confidently with women and their families

They would appreciate you taking the time to give your views and feedback on [Smoking in pregnancy - A Public Health Nursing Approach](#).

The survey should take no more than 10 minutes and closes **Friday 13 April**. [Back to top](#)

FOR INFORMATION

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5 Alignment of CCGs

You may have seen recent local press coverage about the proposals for increased collaboration between the Ipswich & East, West Suffolk and North East Essex CCGs.

A paper was presented to the Governing Bodies last week, which proposes the recruitment of a single Accountable Officer across the Suffolk CCGs and North East Essex CCG, as well as the alignment of various CCG committees. This is to support the development of an Integrated Care System (ICS) across Suffolk and North East Essex.

Please [click here](#) to view the paper. [Back to top](#)

GP PM

6 International GP Recruitment Programme (IGPR)

As part of the [General Practice Forward View](#) (GPFV) commitment to strengthen the primary care workforce, we are delivering an International GP Recruitment Programme. [Click here](#) to view an explanation from NHS England on how the scheme will work. There will also be the opportunity for both Practice Managers and GPs to come along to a dedicated session to find out more about International GP recruitment. All of the sessions will take place between 1.30pm – 3.30pm and the dates are as follows:

- Thursday 12 April – Framfield House Surgery, Woodbridge
- Tuesday 17 April – Stowhealth, Stowmarket
- Thursday 26 April – Two Rivers Medical Centre, Ipswich

A free lunch will also be provided at the sessions. All bookings can be made directly to Vic Fennell (E: victoria.fennell@suffolk.nhs.uk T: 01473 770126). [Back to top](#)

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7 Making the Most of GP+

In February 2018 utilisation of GP+ appointments hit a 12 month record high at 77.82%. This percentage means there were **540** appointments that we did **NOT** use last month – that's 135 a week! Most of these are available on Sunday.

As a reminder, you can book weekend appointments anytime during the week prior, you do not have to wait until Friday to book them. This could relieve some of the pressure a number of you experience on Monday mornings.

GP+ is available in Ipswich (at the Riverside Clinic), Felixstowe (Minor Injuries Unit at the Hospital), Stowhealth, Wickham Market Medical Centre and Leiston Surgery. Opening times are:

- **Ipswich**
Monday to Friday: 6.30pm – 9pm
Saturday and Sunday: 9am – 9pm
- **Stowmarket and Wickham Market**
Monday to Friday: 6.30pm – 9pm
Saturday: 9am – 1pm
- **Leiston**
Monday and Friday: 6.30pm – 9pm
Saturday: 9am – 1pm
- **Felixstowe**
Tuesday and Thursday: 6.30pm – 9pm
Saturday: 9am - 5pm

Weekends, and especially Sundays (Ipswich only), currently have the greatest appointment availability.

Patient feedback is excellent too – 98% would recommend the service to friends and family. [Back to top](#)

GP Ad PN

8 Learning Disability Hospital Referrals

The LD nurses at Ipswich Hospital and West Suffolk Hospital have asked if when making a hospital referral for a person with a learning disability that you ensure that you include details of their level of disability, details of any co-morbidities and any reasonable adjustments that are required for the individual to attend their appointment. If this information is not available with the referral, it can lead to wasted appointments or missed appointments. [Back to top](#)

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9 Reminder: New Emotional Wellbeing Hub

We are pleased to announce that the new Emotional Wellbeing Hub (0-25 years) will be operational from **Monday 16 April** and will provide GPs with:

- A new online referral form for concerns relating to emotional wellbeing and mental health for children & young people aged 0-25 years.
- Consultation with regard to emotional wellbeing and mental health concerns for children & young people aged 0-25 years prior to referral.
- The new referral system will enable a more collaborative way of working that identifies the right course of action for successful intervention.

Please [click here](#) to download the Practice Briefing containing more information. [Back to top](#)

10 Special Infant Formula

A new [patient information leaflet](#) is available to give to parents/guardians requesting specialist infant formula. The leaflet highlights the quantities of formulae that may be prescribed and those which must be purchased. A [quick summary sheet](#) is also available, primarily for Prescribing Clerks, listing the specialist formulae, how much is recommended on prescription per month and at what age to discontinue. Please contact [Susan Clarke](#) (CCG Dietitian) if you have any queries.

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PM

11 CEP Member Recruitment

The CCG is currently looking for members to join its Community Engagement Partnership (CEP).

The CEP is a group of volunteers who are passionate about making a difference to health services and how patients experience them. The group meets monthly to discuss various health related topics and issues, and act as a sounding board for the CCG's engagement work.

For example, the CEP has helped us to redesign services, spoken out on behalf of communities and been involved in campaigns that are important to them. We are looking for people who can commit to a monthly two-hour meeting (these are held at 5pm on the second Monday of each month) and who are willing to share their views in a safe and open space to enable us to improve not just the quality of our engagement but the quality of our services.

Please could you display [this poster](#) advertising the position in your surgery waiting rooms.

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12 Suffolk LMC Newsletter

Please [click here](#) to view and download the March 2018 issue of the Suffolk LMC Newsletter. This month's edition contains information about the new Agenda for Change (AfC) pay uplifts, a briefing on Accountable Care Organisations (ACOs), legal guidance on ACO contracts and guidance on responsibility for prescribing between primary and secondary/tertiary care.

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13 GPFV Newsletter

The March edition of the GPFV newsletter was recently published and you can view a copy [here](#). Key featured topics include: International GP Recruitment, Clinical Pharmacists and GP Nursing.

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14 Local vacancies

Please click the above link to see the current local GP and practice staff vacancies. If you have a vacancy to advertise here and on our website, please contact [Stuart Graham](#).

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COMMISSIONING UPDATES

Find out the latest commissioning news from the CCG. We welcome your comments and feedback on any items in this section – [contact us](#)

15 Planned Care - Respiratory

The Respiratory Operational Group met last Tuesday. The group discussed how the uptake of the MyCOPD App was going and reviewed the Evaluation Outcome Framework that is being proposed for the project.

The group also undertook an audit of practice referrals into the COPD Admission Avoidance Service to look at the quality and any common issues. It was agreed that a piece of work would be undertaken to update the referral form and relaunch the form to practices later in the year.

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16 Integrated Care – REACT Service

From Monday 26 March 2018, REACT has been accepting referrals via the 'NHS 111 pathways referral' algorithm. This means that out of hours NHS 111 call handlers will now have the option to refer patients directly onto REACT as this service will appear on the directory of services as an alternative admission avoidance pathway. This referral pathway has the potential to reduce emergency ambulance call outs and emergency department attendances/acute admissions.

Any general questions regarding REACT please contact [Hannah Lord-Vince](#).

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IT NEWS

15 Transfer of Electronic Medical Records

The CCG IT Team have been made aware of a small number of Practices receiving patient records via CD from non-Suffolk Practices. Practices will be receiving a CD drive to enable them to access these records, however GP2GP remains the safest method of sending patient records, and Suffolk CCG will be working with our neighbouring CCGs to encourage the use of GP2GP. While the Good Practice Guidelines for Managing Electronic Records contains guidance on the use of CDs to transfer patient records, this document is 7 years old, and electronic transfer of data via GP2GP has moved on significantly. As such, we encourage all Practices to use GP2GP for transferring patient records. Please contact the GP IT Team on gp.it@suffolk.nhs.uk if you have any queries.

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EDUCATION & TRAINING

17 SOS Training Outreach Programme (STOP)

Do you and your staff want to:

- **Improve** understanding and knowledge of young people and gangs?
- **Identify** risk factors?
- **Prevent** young people getting involved?
- **Build** a toolkit of interventions and strategies?
- **Learn from experts** with first-hand experience?

St Giles Trust is offering FREE training for those working with children, young people, families and communities in Ipswich. [Click here](#) to learn more about the award winning trainer, Junior Smart.

For training dates and to book a place, please go to www.eventbrite.co.uk and search for **IPSWICH PARTNERS ONLY**.

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