



Weekly Inbox

10 DECEMBER 2018 Issue 301

YOUR WEEKLY INBOX

The Weekly Inbox is produced by the Ipswich and East Suffolk Clinical Commissioning Group for circulation in your practice, to provide you with essential clinical guidance and useful support.

The key below indicates the intended audience of each article:

GP: GPs
PM: Practice Manager
Ad: Administrative staff (including medical secretaries, receptionists)
PN: Nurses (including HCAs, Practice Nurses, ANPs)
OC: Other clinicians (including ECP, Pharmacists)

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FOR ACTION

OC GP PM Ad PN

1 Restrictions to gluten free food prescribing

Following the changes to gluten free prescribing from 4 December 2018, whereby only gluten free bread and mixes are now available on NHS prescription in England, the CCG has now produced a [letter](#) for practices to personalise and give to patients who have been affected by the removal of pastas and other blacklisted items. The prescription order form which should accompany the letter can be found [here](#), as can the updated CCG gluten free formulary and guidance for practices. If you have any queries regarding the changes to gluten free prescribing, please contact [Susan Clarke](#), the CCG's Prescribing Support Dietitian.

Have a look at our [chart of the week](#), which shows GF prescribing that can no longer be prescribed.

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OC GP PM Ad PN

2 Have your say on MSK services

We are keen to hear your views about the MSK service at Ipswich Hospital. The purpose and aim of this survey is to obtain feedback in relation to the service and your responses will assist us in identifying any areas for improvement. The results of this survey will be shared with you and the MSK Operational Board.

We would be grateful if you could please complete this short survey by 6 January 2019. www.surveymonkey.co.uk/r/FJG9QG2

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OC GP PM Ad PN

3 Reminder: Mental health services #AVeryDifferentConversation

Over the past few months, with our partners, we have collected almost 15,000 comments, which have been used to develop a draft mental health and emotional wellbeing strategy for east and west Suffolk.

We'd very much appreciate it if you would take some time to read the [draft strategy and associated documents](#) and give your views. We [welcome your feedback](#). There will also be a chance to talk to us about it at the education afternoon at Trinity Park this week.

The strategy will be finalised based on user, provider and partner feedback by January. We envisage that the final strategy will form the bedrock of a new future. We are determined that this will deliver improved safety, quality and experience for patients and carers in our local communities and generate new ownership and confidence in our mental health services for everyone working in our health and care system.

We really want to hear your views on our work to date, so we can continue having a **#verydifferentconversation** to help create a very different future for the people of Suffolk.

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FOR INFORMATION

GP PM Ad

4 Learning Disability Health Check

This service has a high incidence of issues with the submission of claims. Practices must ensure that they use the correct coding on patient records to indicate that an LD Health Check has been performed. To support you in entering a correct claim please read this [supporting information](#).

Please contact [Annette](#) for local support.

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5 Can Do Health and Care Newsletter

Read the latest edition of the 'Can Do Health and Care' newsletter - keeping you up to date with key projects and news across our STP footprint in east and west Suffolk and north east Essex. View at: www.candohealthandcare.org/news

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6 Save the date! - General Practice Nursing Conference

The Changing Face of General Practice Nursing: Progress, Opportunities and Building on Strengths.
26 March 2019
 8.30am - 4.30pm

The **Woodlands Conference Centre** at Wyboston Lakes situated just off the A1, north of Bedford.

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7 Update on the NMC nursing standards

At November's Practice Nurse Forum meeting, Rachel Heathershaw from University of Suffolk provided a useful update of the changes to proficiency, nursing and midwifery education, student supervision and assessment, standards for pre-registration programmes. You can download the slides [here](#).

There will be further updates and if you would like further information, you can contact [Rachel Heathershaw](#) directly.

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8 Local Vacancies

Please click the above link to see the current local GP and practice staff vacancies. New jobs have been added this week.

If you have a vacancy to advertise here and on our website, please contact [Stuart Graham](#).

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EDUCATION & TRAINING

9 Training an Education Event – 12 Dec

This Wednesday is our [next education afternoon at Trinity Park](#) is this Wednesday where Consultant Chemical Pathologist Dr Taruna Likhari, lead clinician at Ipswich Hospital for Lipid clinic, will be covering a broad overview for primary care including familial hyperlipidaemia. The afternoon will also include speed-dates and a meeting for practice safeguarding leads as well as training and a new forum for care navigators.

As this week is Christmas Woolly Pully week, we would like to encourage all attending the event to wear your Christmas jumper; we will have a bucket for donations to St Elizabeth Hospice.



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10 Prescribing Clerk Training

Standard Level Prescribing Clerk Training is being held on Wednesday 13 February 2019 at Endeavour House. Please [click here to view the flyer](#) for more information.

The session will be an introduction to basic repeat prescribing duties for new staff. It will help to identify potential roles for prescribing clerks, provide some underpinning knowledge to assist staff in carrying out the role and update on current policies. If you would like to book a member of staff on to this course, please email [Claire Allen](#) to reserve your space. Spaces are limited and allocated on a first come first served basis.

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11 Care Navigator Training - FULL

The care navigator training courses on 12 December and 13 February are now full. If you haven't already booked but have any staff who need to complete the training, please get in touch with [Shelley Mitchell](#) or 01473 770021 about dates next spring.

A reminder that clinical practice staff and practice management staff are encouraged to sit-in on the training to see what your reception staff are learning so please let Shelley know if you'd like to sit in this week.

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12 Apprenticeship Levy

Health Education England (HEE) are currently working to support organisations that want to transfer Apprenticeship Levy funds to Non-levy paying organisations through a Levy transfer mapping service. In order to support this, they also need to find the organisations that would like to receive Apprenticeship Levy funds.

If your practice would like to receive levy funds for Apprenticeship Training, please provide the following information to talentforcare@hee.nhs.uk:

1. Name of main contact and Email address
2. Organisation Name
3. Which Apprenticeship Standards are they wanting to support? (optional)
4. How much levy would they need? (Optional)
5. Which geographical areas are they willing to work within?

HEE will then work to match you to an organisation that is willing to transfer some of their funds. **It is important to note there is no guarantee of funding.**

If you have any questions about Apprenticeship Levy, please contact joe.ryan@hee.nhs.uk

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13 PACT (Primary care and Community care Training Hub)



Suffolk & North East Essex Primary Care Training Hub

Ipswich & East Suffolk CCG are working together with neighbouring CCGs, representatives from primary and community care services and training providers to address workforce and workload challenges to ensure that we have the right number of health and care professionals with the right skills to meet the evolving needs of local people.

Please follow the link to [PACT Training Hub Newsletter Issue 61](#).

If you have any training queries or suggestions or would like to sign-up to the newsletter, please email PACT@suffolkch.nhs.uk.

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CONTACT

14 Your views and feedback are very much appreciated. If you have any comments, suggestions or contributions for inclusion in The Weekly Inbox, [please email us](#).

If you are not currently on the regular distribution list for the Weekly Inbox but would like to be, you can [sign up here](#).

For queries relating to contracts, please email IESCCG_gp-contract-queries@nhs.net with **Contracts** in the subject line.



Safeguarding Children is Everyone's Responsibility: news, guidance and resources can be found on the [CCG's Safeguarding Children webpage](#).

Please follow the link for **Safeguarding Adult** information [CCGs Safeguarding Adult webpage](#) and click [here](#) for local information

- [Bookmark the CCG website](#)
- [Latest news from the CCG](#)
- [Who's who in the Clinical Executive](#)
- [Useful links to NHS and other websites](#)
- [Ipswich and East Suffolk Falls Directory](#)
- [Referrals, Briefings and Pathways](#)
- [Download Digital Campaign Resources](#)
- [NHS England](#)



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DID YOU KNOW...?

15 **Sharing your record is the best gift**

The CCG has launched a campaign to encourage people to share their health record this Christmas. [Read more...](#)



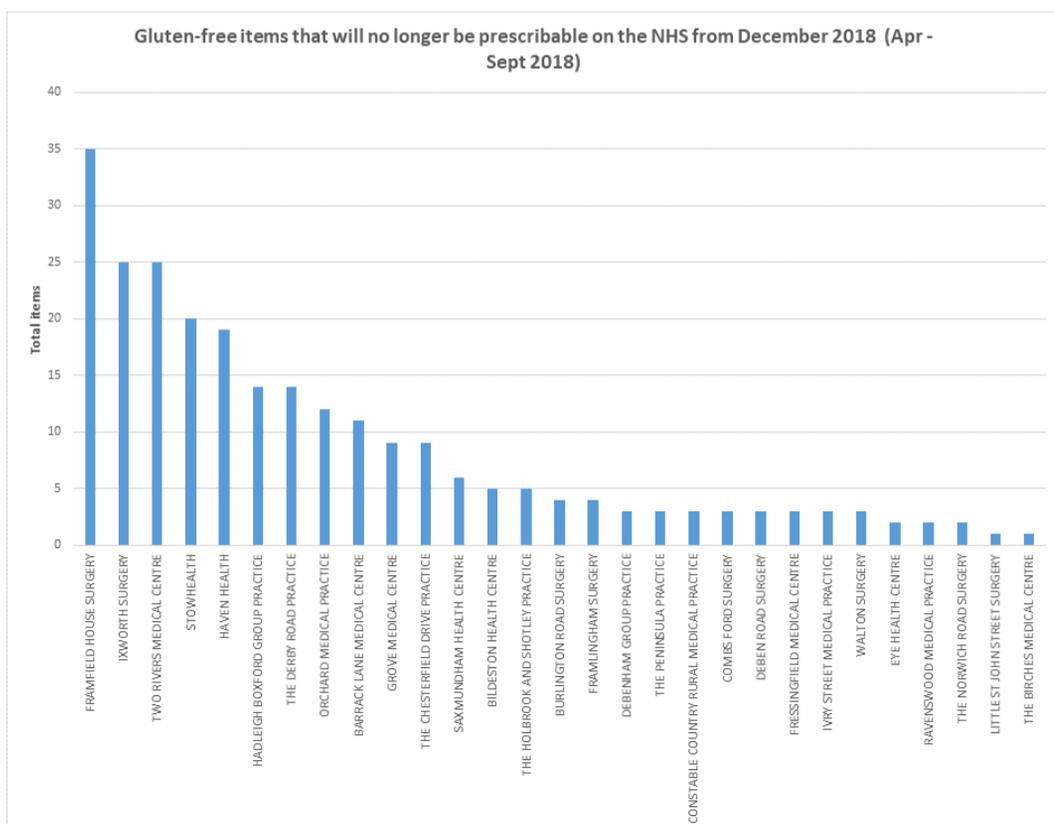
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CHART OF THE WEEK

16 We are often asked for more comparative information to enable practices to know where they stand on a variety of indicators in comparison with other practices. Therefore, we publish a chart every week on a variety of topics.

Please [let us know](#) if there are any topics that you would find it useful for us to cover.

This week we are looking at **Gluten free items that are no longer available on prescription on the NHS from December 2018 include pasta, pizza bases and biscuits.**



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