



# Weekly Inbox

08 OCT 2018 Issue 292

## YOUR WEEKLY INBOX

The Weekly Inbox is produced by the Ipswich and East Suffolk Clinical Commissioning Group for circulation in your practice, to provide you with essential clinical guidance and useful support.

The key below indicates the intended audience of each article:

**GP:** GPs

**PM:** Practice Manager

**Ad:** Administrative staff (including medical secretaries, receptionists)

**PN:** Nurses (including HCAs, Practice Nurses, ANPs)

**Oth:** Other clinicians (including ECP, Pharmacists)

FOR ACTION	EDUCATION & TRAINING	
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14. <a href="#">Did you know...? Self Care Week 12-18 November</a>		
<b>CHART OF THE WEEK</b>		
15. <a href="#">Chart of the Week: Percentage of LD patients that have received a Health Check Q1 2018/19</a>		

## FOR ACTION

OC GP PM PN

### 1 EpiPen/EpiPen Junior Shortage

EpiPen and EpiPen Junior will be subject to limited availability for the remainder of 2018. The Department of Health and Social Care has issued guidance to support healthcare professionals in ensuring the prescribing and supply of EpiPens are managed appropriately. Further information can be found [here](#).

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GP PM

### 2 CCG Constitution – Confirm by 19 October 2018

Further to the email that was sent out on 20 September, we are required by NHS England to make some minor changes to our Constitution to reflect recent statutory guidance e.g. in managing conflicts of interest, and some local administrative changes e.g. our move to Endeavour House.

Click [here for the draft revised copy of the Constitution](#) with the changes marked in red. This has also been shared with the LMC. As you will recall, our Constitution was based on the national model and we believe has served us very well in ensuring good governance. There are currently discussions about a new national model constitution but there is no fixed timeline to move to this and we believe that it is important for our current version to be fully up to date before then.

We would be very grateful for confirmation that you are content with these changes **by 19 October 2018** by emailing [Liz Hallworth](#).

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## FOR INFORMATION

OC GP PM Ad PN

### 3 Travax

The CCG has agreed to continue to pay for practices to access Travax (online travel health resource) for a further year. If anyone needs an account, please email [Mary O'Neill](#) with the users name, GP practice and CCG.

If practices wish to use an alternative travel health resource that is fine, however the CCG has only agreed to pay for Travax so your practice will have to fund access to any alternative provider.

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OC GP PM Ad PN

### 4 Primary Care Dashboard

The [Primary Care Dashboard](#) (log-in required) contains comparative data for each GP Practice within Ipswich and East Suffolk CCG. The indices are primarily, but not entirely, determined by the PMS Framework 2018/19 and the Local Enhanced Services (LES) contracts. The latest document is the first to be issued in 18/19 and aligns to the current PMS contract.

Data topics that have not changed since the last version have been greyed-out on the "Individual Practice Summary" tab and hidden in the "Complete Data" tab.

If you have any questions, please contact [Scott Pomroy](#).

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## 5 Practice Manager Forum

Thank you to everyone who attended the Practice Manager Forum on 27 September. The presentations and Care Navigator Champion poster have now been added to the CCG website. Please click [here](#) to view.

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## 6 Local Vacancies

Please click the above link to see the current local GP and practice staff vacancies. New jobs have been added this week. If you have a vacancy to advertise here and on our website, please contact [Stuart Graham](#).

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## COMMISSIONING UPDATES

Find out the latest commissioning news from the CCG. We welcome your comments and feedback on any items in this section – [contact us](#)

## 7 Falls, Fragility Fractures and Bone Health Strategy

The Ipswich and East and West Suffolk Falls, Fragility Fractures and Bone Health Strategy was endorsed in July 2018 by the Integrated Care Network (ICN) and East Suffolk Alliance. For further information, click [here](#).

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## EDUCATION & TRAINING

## 8 Physical Activity Clinical Champions' Training

Available until 31 March 2019

Public Health England (PHE) are offering FREE locally tailored training sessions for doctors, nurses and other interested health care professionals in primary and secondary care.

- PHE-trained facilitator
- Practical, interactive sessions based on the latest national and international data, research and evidence
- Flexible sessions offer groups of 20 and above with 1 to 2.5 hours of CPD material shown to increase clinician understanding, confidence and expertise for clinical practice

Click [here](#) for further information.

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## 9 Winter Planning

10 October, 1pm lunch, 2pm session at Trinity Park, Ipswich

Winter Planning Session: for those ECP's and Nurse Practitioners that deliver the care home ward rounds in primary care.

Please see the [agenda](#) for the session this week, 10 October at Trinity Park. If you have not put your name down please email [Laura Krolik](#).

We look forward to seeing you!

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## 10 Care Homes and Dementia – Save the Date!

The Benefits of Diagnosis and How to Improve Outcomes through Quality Support - 16 October 2018 at The Nucleus, CB10 1XL

Please click [here](#) for further details.

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## 11 Training and Education Feedback and Future Planning

Thank you to those of you who provided us with your feedback about last month's education event. We were pleased to receive such positive feedback about the content and delivery of Duncan Fowler's endocrinology lecture. All your feedback – good and bad - is valuable and will be used to help us in development of future sessions. You can take a look at a summary of the feedback for all the sessions [here](#). We are starting to plan for next year so if you have any ideas of what you would like to see more of, please [let us know](#).

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## 12 PACT (Primary Care And Community Care Training Hub)

Ipswich & East and West Suffolk CCGs are working together with representatives from primary and community care services and training providers to address workforce and workload challenges to ensure that we have the right number of health and care professionals with the right skills to meet the evolving needs of local people.

Please follow the link to [PACT Training Hub Newsletter Issue 52](#).

If you would like to sign-up to the newsletter or have any training queries or suggestions, please email [PACT@suffolkch.nhs.uk](mailto:PACT@suffolkch.nhs.uk).

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## CONTACT

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Your views and feedback are very much appreciated. If you have any comments, suggestions or contributions for inclusion in The Weekly Inbox, [please email us](#).

If you are not currently on the regular distribution list for the Weekly Inbox but would like to be, you can [sign up here](#), including your job role and where you are based.

For queries relating to contracts, please email [IESCCG.qp-contract-queries@nhs.net](mailto:IESCCG.qp-contract-queries@nhs.net) with **Contracts** in the subject line.



**Safeguarding Children is Everyone's Responsibility:** news, guidance and resources can be found on the [CCG's Safeguarding Children webpage](#).

- [Bookmark the CCG website](#)
- [Latest news from the CCG](#)
- [Who's who in the Clinical Executive](#)
- [Useful links to NHS and other websites](#)
- [Ipswich and East Suffolk Falls Directory](#)
- [Referrals, Briefings and Pathways](#)
- [Download Digital Campaign Resources](#)
- [NHS England](#)



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## DID YOU KNOW...?

14 **Self Care Week 12-18 November 2018**

Self Care Week is an annual national awareness week that focuses on embedding support for self care across communities, families and generations.

*Choosing Self Care for Life* is the strap line and organisations are being encouraged to use Self Care Week as a hook to help people choose self care for a healthier, happier life.

Click [here](#) for further information and resources.

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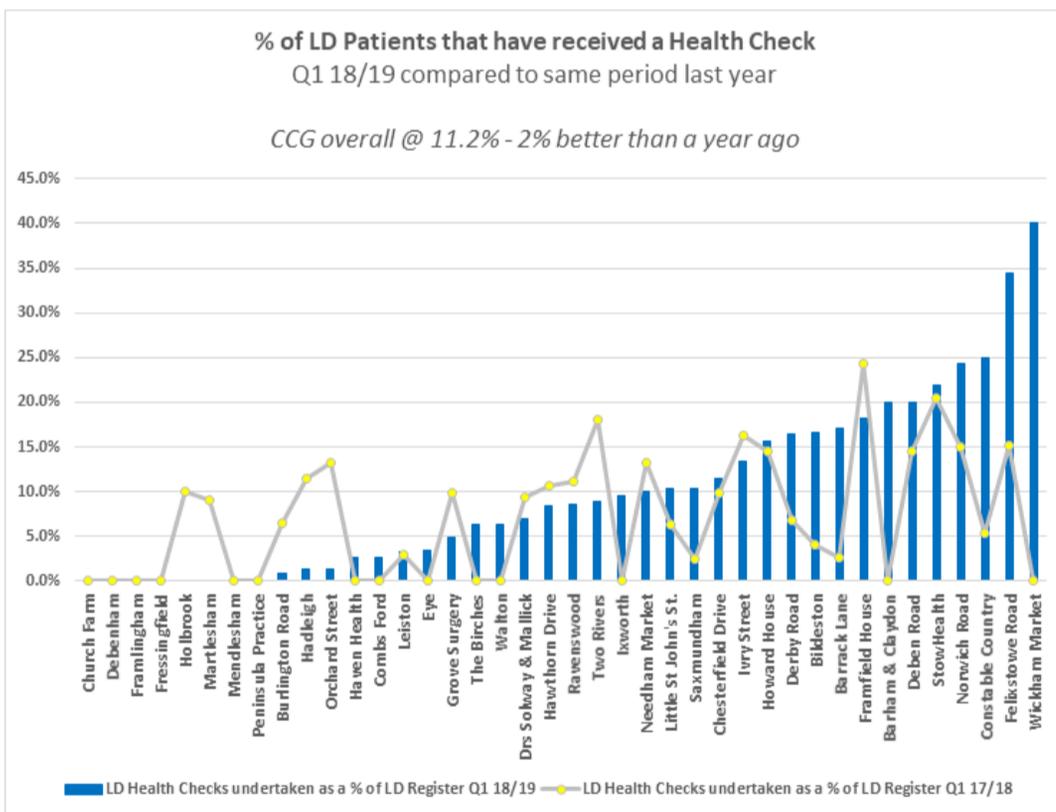
## CHART OF THE WEEK

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We are often asked for more comparative information to enable practices to know where they stand on a variety of indicators in comparison with other practices. Therefore, we publish a chart every week on a variety of topics.

Please [let us know](#) if there are any topics that you would find it useful for us to cover.

This week we are looking at the Percentage of LD Patients that have received a Health Check.



[Click on chart to enlarge](#)

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