



Weekly Inbox

09 APR 2018 Issue 266

YOUR WEEKLY INBOX

REMINDER: 2018/19 Flu Vaccinations

Please could all practices ensure adequate flu vaccinations for the over 65s are ordered by the **Thursday 12 April** deadline. At least 75 % of your relevant population should be targeted as a minimum. It is advised that GP practices and Community Pharmacy providers should offer:

- The adjuvanted trivalent vaccine (aTIV) for all 65s and over.
- The quadrivalent vaccine (QIV) for 18 – under 65s at risk.

GPs and community pharmacy contractors should review all orders (provisional and firm) for the 2018-19 season and ensure these are in line with NHSE guidance. [Click here](#) to read the full letter, which includes a FAQ section.

The Weekly Inbox is produced by the Ipswich and East Suffolk Clinical Commissioning Group for circulation in your practice, to provide you with essential clinical guidance and useful support.

The key below indicates the intended audience of each article:

GP: GPs

PM: Practice Manager

Ad: Administrative staff (including medical secretaries, receptionists)

PN: Nurses (including HCAs, Practice Nurses, ANPs)

Oth: Other clinicians (including ECP, Pharmacists)

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FOR ACTION

OC GP PM Ad PN

1 Training & Education at Trinity Park

Our next session is on **Wednesday 25 April** where Ipswich Hospital consultant Miss Caroline Mortimer will be talking all things breast care. There will also be consultant-led “speed dates” including dermatology, nephrology and diabetes.

A nurse training session on stoma and ostomy will run alongside the speed-dates giving an overview of Stoma appliances and basic stoma care, the current formulary and understanding what to consider when prescribing these products. Please be aware that this session forms part of the prescribing incentive scheme, which requires nurse attendance from every practice. Although aimed at nurses, any other practice staff who has an interest is welcome to attend.

In addition, the CQC KLOEs session has been arranged for this afternoon and members of the REACT team will be in attendance to meet and greet and promote their service.

As usual, please let [Shelley Mitchell](#) know if you are planning to attend.

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2 Diabetes Consultant Practice Visits

Ipswich Hospital Diabetes Consultants are very keen to come out to practices to discuss with the clinical and admin staff what can be done to jointly improve the care of our diabetic patients. Those that have had visits already have found them to be very useful, especially with coding.

Please see below for available dates (afternoons only):

- April: 17th, 18th, 19th, 25th, 26th
- May: 2nd, 16th, 17th, 23rd, 24th, 25th
- June: 6th, 13th, 14th, 20th, 21st

Please confirm which date would suit your practice as soon as possible by contact Lead Diabetes Specialist Nurse [Sue Mitchell](#) (Tel: 01473 704182).

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FOR INFORMATION

GP PN

3 Changes to Cervical Screening Service

As you may well have heard, the local laboratory that serves the region providing cervical cytology (Cervical Cytology Network, Cambridge University Hospital) has not met the national standard for the time allowed to pass before women receive the cervical screening results.

As a result, the laboratory has agreed a mitigation plan with the local commissioners and Public Health England to improve turnaround times significantly and to hopefully achieve the 14 day target.

It has been agreed that the laboratory can convert part of its current workload to the HPV primary pathway ahead of the full rollout as part of mitigation to improve turnaround time. This will see a significant decrease in the number of cytology slides produced and should therefore match the current capacity of qualified screening staff at the laboratory.

There is no change to the way samples are taken. Cervical sample takers will need to be aware of the new pathway and ensure they have informed consent

for taking the sample. The link to this protocol can be found here: [Primary screening protocol](#).

Please [click here](#) for more information.

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GP Ad PN

4 Paediatric Urology

As you may be aware, the Ipswich Nuffield Hospital no longer provides any paediatric / CYP services. George Yardy (Consultant Urologist) now offers private consultations at Violet Hill House, Stowmarket (StowHealth) and Framfield Medical Centre, Woodbridge. Procedures will be undertaken in the Garrett Anderson Centre at the Ipswich Hospital. He will continue to manage the same range of conditions that he sees in his NHS practice – including foreskin problems, undescended testes, scrotal swellings, inguinal and umbilical hernias. Please send referrals via email: referrals@suffolkurology.co.uk. Adult patients can also be referred to that address.

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GP Ad PN

5 Reminder: LD Health Checks

Just a reminder that when you are entering information onto CQRS for annual Learning Disability health checks, you must manually enter the numbers of patients on your register regardless of whether any checks have been done or not. Please do not leave it blank or enter a '0'. This is to help us monitor how many LD patients there are in the CCG and also helps the LD nurses with their work. Any queries please contact [Julie Atkins](#).

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6 Primary Care Talks Podcast

The [Eastern Academic Health Science Network](#) has recently released its second podcast in the series "[Primary Care Talks](#)" that explores innovative ways of managing primary care under pressure. This episode features Dr Hasan Chowhan interviewing Dr Miles Langdon on the NHS Primary Care Homes model.

Each episode of the podcast aims to uncover the secrets of successful primary care teams working in the NHS today. The Primary Care Talks host, Dr Hasan Chowhan, interviews fellow GPs to find out about some of the smartest approaches to improving efficiency and productivity, and driving the future of healthcare.

A [press release](#) and [Powerpoint presentation](#) have been produced containing more information.

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7 Resources to Support Making Safeguarding Personal

The Local Government Association (LGA) has produced a suite of resources intended to support Safeguarding Adults Boards (SABs) and partners in developing and promoting Making Safeguarding Personal (MSP). Please [click here](#) to view.

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8 Multi-Agency Safeguarding Services

Please [click here](#) to view a review of multi-agency safeguarding services in Suffolk across the wider NHS system for dissemination to appropriate colleagues and posting on websites.

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GP PN

9 OneLife Suffolk Weight Loss Programme

61.7% of adults in England are either overweight or obese. OneLife Suffolk's free weight loss service is here to help change that!

For more information about the weight loss programmes that One Life Suffolk can offer your adult patients [click here](#). For more information about the weight loss programmes available for children and young people aged 2-18 [click here](#).

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OC GP PN

10 OTC Medicine Prescriptions

NHS England has partnered with NHS Clinical Commissioners (NHSCC) to support CCGs in ensuring that they can use their prescribing resources effectively and deliver best patient outcomes from the medicines that their local population uses. National guidance on [conditions for which over the counter items should not routinely be prescribed in primary care](#) has been published to ensure people receive the safest and most effective treatment available, aiming to save the NHS an estimated £100m in drug costs.

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PN

11 Leading Change, Adding Value E-Learning Resource

The first ever [Leading Change, Adding Value \(LCAV\) e-learning tool](#) has now been published, enabling all nursing, midwifery and care staff to find out more about the national nursing, midwifery and care staff framework and to apply this directly to their roles. The tool has been co-developed between NHS England, Health Education England and e-learning for Healthcare and national LCAV partners, enabling staff to reduce the three gaps from the Five Year Forward View, identify and reduce unwarranted variation and deliver the Triple Aim outcomes of better outcomes, experiences and use of resources.

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12 2017/18 NHS Complaints Data Return

The NHS has a statutory responsibility to collect service wide information on patient complaints so trends can be identified and we can demonstrate that the service is being responsive to patient feedback. The collection period is: **Tuesday 8 May and Friday 8 June 2018**. For General Practice the return will be collected on the [Primary Care Website](#) NHS Digital has published [guidance notes](#) on completing the return. A letter with further details has been sent to practices. Should practices have any queries relating to the categorisation of complaints received during the year, contact NHS Digital at enquiries@nhsdigital.nhs.uk.

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13 Shared View of Quality in General Practice

The [Regulation of General Practice Programme Board \(RGPPB\)](#) has published its [statement on the shared view of quality in general practice](#). It was developed with the support of organisations representing providers, professionals and the public, including NHS England, and draws together existing frameworks into an overarching set of principles. By bringing together multiple definitions of quality, the Board can begin to reduce the workload and duplication for health care providers in providing evidence of outcomes for quality assurance.

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14 Live Well: Community Connector Event

The Ipswich and East Suffolk Clinical Commissioning Group, The Rural Coffee Caravan, Suffolk Coastal District Council and Suffolk County Council are working together to showcase all the work that local voluntary and community organisations do to support vulnerable and isolated people in this area. The 'Live Well' event is designed to bring together as many local organisations as possible to identify what we are already doing and how we can work together to reach even more. [Click here](#) for more information, and [here](#) to download a poster.

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15 PPG Newsletter – April 2018

Please [click here](#) to access the latest issue of PPG News. Highlights this month include an update on the new Non-Emergency Patient Transport Service (NEPTS), as well as an update to the members' blog from the Chair of Framfield House Surgery's PPG.

Upcoming Locality Meetings:

- Ipswich Primary Care**
 Wednesday 11th April
 6.00 – 8.00pm
 Ravenswood Medical Practice
- Deben Health Group**
 Wednesday 18th April
 6.00 – 8.00pm
 Framfield House Surgery, Ipswich Road, Woodbridge, IP13 9HA

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16 Local vacancies

Please click the above link to see the current local GP and practice staff vacancies. If you have a vacancy to advertise here and on our website, please contact [Stuart Graham](#).

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COMMISSIONING UPDATES

Find out the latest commissioning news from the CCG. We welcome your comments and feedback on any items in this section – [contact us](#)

17 Mental Health – Veterans Service

On Sunday 1 April, NHS England launched the Veterans' Mental Health Complex Treatment Service (VMH CTS).

The service provides a range of intensive care and treatment that may include support for substance misuse, physical health, employment, accommodation, relationships and finances, as well as occupational and trauma focused therapies.

Please [click here](#) for more information.

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IT NEWS

18 NSFT e-Referral Goes Live

Following a successful pilot of NHS e-Referral Service (e-RS), Norfolk and Suffolk NHS Foundation Trust (NSFT) are pleased to announce that from **Monday 16 April** all **urgent** and **routine** referrals for our **adult** (25 and above) patients should be sent through e-RS (formerly Choose and Book) to our access teams across Suffolk.

Please [click here](#) for more information and [here](#) to view a guidance document.

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EDUCATION & TRAINING

19 Care Navigator Training

Any practice managers and/or clinical staff who are interested in observing the care navigation training for receptionist that is currently taking place, are welcome to book themselves on a date over the next few months.

Clinical staff participation is key for the success of the project so we would encourage clinical involvement. It is also important that practice managers book themselves on a date as they are vital to keeping the momentum going. So if you've not yet done so, we would encourage you to come along.

Most sessions are on [education days at Trinity Park](#), with extra sessions on 12 July at Two Rivers. For more information or to book yourself on a date, please contact [Shelley Mitchell](#).

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20 Care Homes Medicines Training

The Meds Management team have obtained access to a training program, covering medicines management for Care Homes provided by Prescqiip. It is free to access and we encourage all staff working in care homes to sign up by registering on the Prescqiip website. It can be completed at an individual pace, and will help to support CQC requirements and NICE guidance around medicines management. We will be writing to care homes individually to inform them about this opportunity, but would be grateful if you could draw their attention to this opportunity where possible. For further information, please see this [flyer](#).

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21 Child Sexual Exploitation Training

NHS England North Region has commissioned Brook and ECP Limited to deliver a bespoke Child Sexual Abuse & Exploitation Training (Boys and Young Men) for health staff. Please save the dates:

- Midlands & East:
 March 23, 26, 27, April 9, 10, 16, 17, 20, 23, 25

[Click here](#) to view the flyer containing more information.

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22 Welcome to Julie!

The Primary Care Team welcomed Julie Atkins last week to the role of Commissioning Implementation Manager whilst Emily is on maternity leave. Julie will be the main point of contact for the Deben Health Group (DHG) of practices and will also work closely with the CCG's transformation team for Mental Health, Learning Disabilities, CYP and Maternity to ensure that any new or updated services are implemented in primary care. Her working days are Mondays and Tuesday, as well as Thursday and Friday mornings.

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23 CEPN (Community Education Provider Networks)

Ipswich & East and West Suffolk CCGs are working together with representatives from primary and community care services and training providers to address workforce and workload challenges to ensure that we have the right number of health and care professionals with the right skills to meet the evolving needs of local people.

Please follow the link to [CEPN Training Hub Newsletter Issue 28](#).

If you would like to sign-up to the newsletter, have any training queries or suggestions, or would like to join the CEPN Steering Group in your CCG area please email CEPN@suffolkch.nhs.uk.

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CONTACT

24 Your views and feedback are very much appreciated. If you have any comments, suggestions or contributions for inclusion in The Weekly Inbox, [please email us](#).

If you are not currently on the regular distribution list for the Weekly Inbox but would like to be, you can [sign up here](#).

For queries relating to contracts, please email IESCCG.gp-contract-queries@nhs.net with **Contracts** in the subject line.



Safeguarding Children is Everyone's Responsibility: news, guidance and resources can be found on the [CCG's Safeguarding Children webpage](#).

- [Bookmark the CCG website](#)
- [Latest news from the CCG](#)
- [Who's who in the Clinical Executive](#)
- [Useful links to NHS and other websites](#)
- [Ipswich and East Suffolk Falls Directory](#)
- [Map of Medicine Guidance and Pathway Videos](#)
- [Download Digital Campaign Resources](#)
- [NHS England](#)
- [Ipswich Hospital website - GP section](#)



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DID YOU KNOW...?

25 Kesgrave Health Roadshow

A health roadshow is set to support people from Kesgrave in accessing the right health services for their needs and help them live happy and healthy lives. The event will see representatives from more than 30 local health and care and voluntary organisations under one roof at Kesgrave Community Centre, Twelve Acre Approach, Kesgrave IP5 1JF on Tuesday April 10 from 10.00am – 3.00pm.

The event is being organised by the Patient Participation Group (PPG) at The Birches Medical Centre.

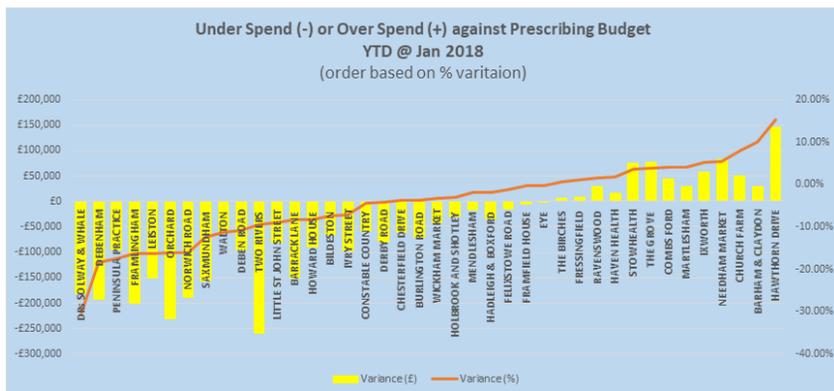
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CHART OF THE WEEK

26 We are often asked for more comparative information to enable practices to know where they stand on a variety of indicators in comparison with other practices. Therefore we publish a chart every week on a variety of topics.

Please [let us know](#) there are any topics that you would find it useful for us to cover.

This week we are looking at **Underspend or Overspend against Prescribing Budget YTD @ Jan 2018**.



[Click on chart to enlarge](#)

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