



Weekly Inbox

05 NOV 2018 Issue 296

YOUR WEEKLY INBOX

The Weekly Inbox is produced by the Ipswich and East Suffolk Clinical Commissioning Group for circulation in your practice, to provide you with essential clinical guidance and useful support.

The key below indicates the intended audience of each article:

GP: GPs

PM: Practice Manager

Ad: Administrative staff (including medical secretaries, receptionists)

PN: Nurses (including HCAs, Practice Nurses, ANPs)

OC: Other clinicians (including ECP, Pharmacists)

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FOR INFORMATION

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1 Safeguarding Adults Transformation

For information on the progress of the Suffolk Adult Safeguarding Transformation Plan and the new safeguarding adults local frameworks, policies and guidance that are currently out for consultation or in progress, please click [here](#).

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2 VSL#3 No longer Available on Prescription

Following a routine product review of VSL#3 by the Advisory Committee for Borderline Substances (ACBS), from 1st November 2018 VSL#3 is no longer available on prescription. Patients can purchase 10-sachet packs via pharmacies or [online](#).

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3 Turning Point Referral and Treatment

As part of the Recommendations from the MA Review, please click on the following Turning Point leaflets for Primary Care.

[Treatment leaflet](#)
[Referral leaflet](#)

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4 Local Vacancies

Please click the above link to see the current local GP and practice staff vacancies. New jobs have been added this week.

If you have a vacancy to advertise here and on our website, please contact [Stuart Graham](#).

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FOR ACTION

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5 Investment in Physician Associates – Health Education England

As part of the General Practice Forward View, HEE committed to invest in the training of 1,000 physician associates to support general practice. To support the delivery of this commitment, HEE are now planning a campaign to promote and increase numbers of physician associates choosing primary care.

To test the campaign ideas with physician associates, GPs and practice managers, they have launched an online survey seeking views on the draft materials. The two surveys, one aimed at PAs and the other for GPs and practice managers, seeks thoughts on draft materials, messages and channels, to help shape the campaign going forward.

Physician associates, GPs and practice managers who may be interested in the campaign can share their views via [the survey for GPs and practice managers](#), and the [survey for PAs](#) before COP on 12 November.

HEE are also looking for ambassadors to help promote the benefits of PAs in primary care. If PA, GP or practice manager colleagues would like more information about becoming an ambassador, [please email the HEE primary care team](#).

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6 Practice Nurse Survey - Reminder

Please take part in our Practice Nurse Survey.

If you've not yet done so, please take a few moments to complete this [survey](#).
By doing so you will help us:

- Understand how well practice nurses feel supported within their current roles;
- Understand if the current educational provisions are meeting educational requirements;
- Understand the positive and challenging aspects of a career as a primary care nurse.

Please give your responses by Friday 9 November. Thank you.

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7 Perinatal Service User Survey for Mothers and Partners

Perinatal mental health problems are those which occur during pregnancy or in the first year following the birth of a child. Perinatal mental illness affects up to at least 20% of women and are also common in men. Illnesses include a wide range of conditions such as anxiety and depression, worsening or reoccurrence of pre-existing mental health conditions, and post-partum psychosis.

This survey is designed for both mothers and partners to provide feedback on their experiences and to help shape the development of support services.

Healthwatch Suffolk are undertaking this survey on behalf of the Suffolk Perinatal Mental Health Service and Public Health. Everything you say is completely anonymous and will be securely stored.

Click [here](#) for the survey and help us to design an effective service for mothers and partners.

Please note the survey will close on the 15th of December 2018.

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IT News

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8 Patient/Public Wifi Issues

We have had reports that in some instances the patient/public Wifi in your surgeries has been performing poorly or sometimes not working at all.

We cannot get assistance from Sky Business to investigate and resolve these issues without reporting them, so we ask you to please ensure you report any issues to Sky Business so they can record them to identify any patterns or problems.

Please ensure you report patient/public Wifi problems only to Sky Business by emailing wifisupport@sky.uk or calling 0844 241 1909.

If the Wifi service appears to be working but one patient / member of the public says they can't get connected direct them to Sky Business on 0844 824 5000.

Thanks in advance for your assistance.

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GOVERNANCE

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9 What is the Data Security and Protection Toolkit?

The Data Security and Protection (DSP) Toolkit is an online tool that enables organisations to measure their performance against data security and information governance requirements which reflect legal rules and Department of Health policy.

The Data Security and Protection Toolkit is the successor framework to the IG Toolkit as a response to The National Data Guardian Review (Review of Data Security, Consent and Opt-Outs) published in July 2016.

All organisations that have access to NHS patient information must provide assurances that they are practising good information governance and use the Data Security and Protection Toolkit to evidence this by the publication of annual assessments. CQC will also check that NHS organisations have completed the Toolkit before they visit. Register [here](#).

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10 Bitesized Teaching from Health Education England

Health Education England is proud to launch a brand new teaching resource; *Bitesized Teaching*. This innovative teaching package is for clinical staff working in a mental health environment and aims to improve their physical health knowledge.

The training will allow nurses to develop their knowledge further in short 10 minute intervals, delivered by junior doctors once a week during an afternoon handover period. There is no need for IT facilities or presentation software, instead delivery is discussion based with tutors organising the session around prompts and cues from a single A4 handout.

The 20 core physical health topics consist of topics ranging from Abdominal Pain and Alcohol Withdrawal through to Shortness of Breath and Tachycardia. Each of the topics has a simple delivery structure and includes teaching on the signs, symptom's and causes as well as some basic ward level management.

Junior doctors are encouraged to be creative in the delivery of their sessions and each session can be used as a teaching opportunity for their training development. The nursing staff can also use this as CPD evidence.

We would be delighted if you could share this work using the hashtag #BitesizedTeaching and make your networks aware of it via your own communication teams and channels.

You can find the resource on the Health Education England [website](#).

For more information contact the [Mental Health team](#).

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11 Referral, Treatment and Management of Pancreatic Cancer

Friday 30 November 2018, 12.30 – 4pm
Deakin Centre, Cambridge University Hospitals NHS Foundation Trust,
Cambridge Biomedical Campus, Hills Road, Cambridge, CB2 0QQ

At this FREE educational afternoon at the Deakin Centre you will learn about the referral, treatment and management of pancreatic cancer. Talks on the day will cover the diagnostic pathway, treatments and referral processes, in addition to symptom management for patients with pancreatic cancer.

This free Study Day is suitable for GPs and other primary care staff.

For more information and to register, please click [here](#). If you have any questions please click [here](#) to get in contact.

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12 PACT (Primary Care And Community Care Training Hub)

Ipswich & East and West Suffolk CCGs are working together with representatives from primary and community care services and training providers to address workforce and workload challenges to ensure that we have the right number of health and care professionals with the right skills to meet the evolving needs of local people.

Please follow the link to [PACT Training Hub Newsletter Issue 56](#).

If you would like to sign-up to the newsletter or have any training queries or suggestions, please email PACT@suffolkch.nhs.uk.

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CONTACT

13 Your views and feedback are very much appreciated. If you have any comments, suggestions or contributions for inclusion in The Weekly Inbox, [please email us](#).

If you are not currently on the regular distribution list for the Weekly Inbox but would like to be, you can [sign up here](#), including your job role and where you are based in the email.

For queries relating to contracts, please email IESCCG.gp-contract-queries@nhs.net with **Contracts** in the subject line.



Safeguarding Children is Everyone's Responsibility: news, guidance and resources can be found on the [CCG's Safeguarding Children webpage](#).

Please follow the link for **Safeguarding Adult** information [CCGs Safeguarding Adult webpage](#) and click [here](#) for local information.

- [Bookmark the CCG website](#)
- [Useful links to NHS and other websites](#)
- [Ipswich and East Suffolk Falls Directory](#)
- [Referrals, Briefings and Pathways](#)
- [Download Digital Campaign Resources](#)
- [NHS England](#)



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DID YOU KNOW...?

14 Do you know when or if your Stoma Patients have had an Ostomy Review?

Patients with a stoma should be reviewed annually or more often when required, to support correct management of their appliance. The stoma nurse services undertake on-going 'Appliance Use Reviews' (AUR) for patients in Suffolk as part of their role to promote cost effectiveness and appropriate prescribing of ostomy appliances.

Practices can refer to this service directly to request an AUR for their patients. Our latest Ostomy Accessories List and relevant contact details for the ostomy service can be accessed [here](#).

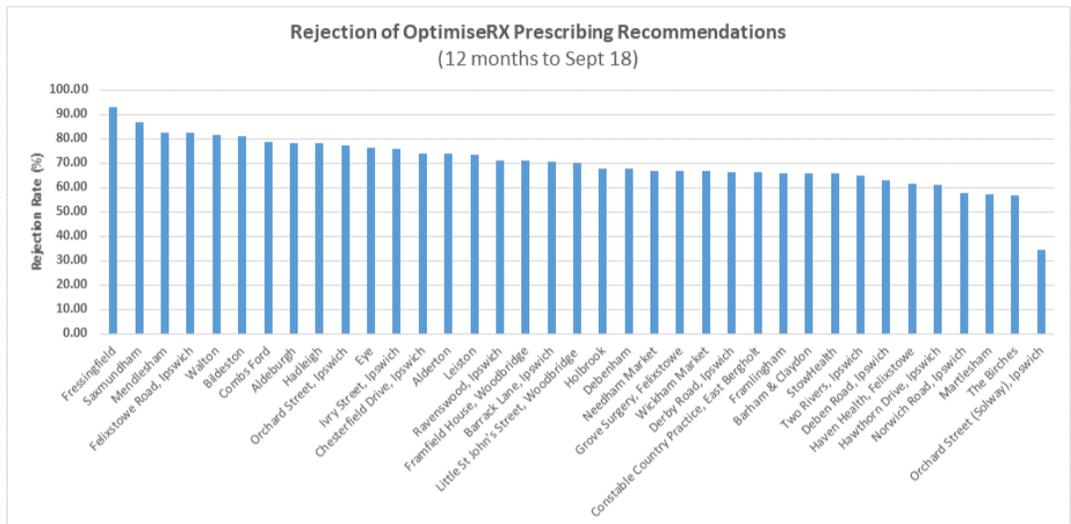
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CHART OF THE WEEK

15 We are often asked for more comparative information to enable practices to know where they stand on a variety of indicators in comparison with other practices. Therefore, we publish a chart every week on a variety of topics.

Please [let us know](#) if there are any topics that you would find it useful for us to cover.

This week we are looking at Rejection of OptimiseRX Prescribing Recommendations (12 months to Sept 18). This chart is a 12 month cumulative view, to Sept 18, of the percentage of prescribing recommendations made by OptimiseRX that are over-riden by Practices.



[Click on chart to enlarge](#)

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