



Weekly Inbox

16 OCT 2017 Issue 242

YOUR WEEKLY INBOX

The Weekly Inbox is produced by the Ipswich and East Suffolk Clinical Commissioning Group for circulation in your practice, to provide you with essential clinical guidance and useful support. The key below indicates the intended audience of each article:



- GP:** GPs
- PM:** Practice Manager
- Ad:** Administrative staff (including medical secretaries, receptionists)
- PN:** Nurses (including HCAs, Practice Nurses, ANPs)
- OC:** Other clinicians (including ECP, Pharmacists)

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FOR ACTION

PM Ad

1 New Care Homes Reporting Template

The reporting template for quarterly care homes audit returns (**Appendix 2** of the Care Homes LES) has been updated to reflect the new Care Homes LES contract that came into effect from 1 July onwards. Please could practices ensure that they use the new reporting template going forward, which can be downloaded from our website [here](#). Thank you.

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OC GP PM Ad PN

2 Healthwatch Suffolk Domiciliary Care Project

Healthwatch Suffolk is starting to plan a new project that will explore people's experiences of accessing domiciliary care services.

They have developed a very short survey (four questions) where people can share their experiences of using these services. The findings will help to recognise the issues that people face when accessing care at home and what should be explored in much more detail at later stages of the project.

It would be greatly appreciated if clinicians and practice staff could encourage patients and/or carers of patients receiving domiciliary care to take part.

www.surveymonkey.co.uk/r/homecareinsuffolk

Paper copies and freepost envelopes are available from the HWS office. If you need any more information please contact Sarah Beadle, Research Officer leading on this project sarah.beadle@healthwatchesuffolk.co.uk or find more information on the [Healthwatch Suffolk website](#).

Many thanks for your help with this.

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FOR INFORMATION

OC GP PM Ad PN

3 NSFT CQC inspection report

Message from Dr Ed Garratt – Chief Officer, CCG

Please see the email below and attachment regarding the [CQC report on Norfolk and Suffolk NHS Foundation Trust](#).

There has been significant media coverage of this report since its release on Friday morning. If you are approached by media to comment please do not do so and redirect the media to our [communications team](#). Also, if you are in contact with NSFT staff do be extra supportive of them as it is a very difficult time for everyone associated with the Trust.

We will now take the opportunity to reflect with the Trust and partners on our joint programme of work and shared priorities. While fully recognising the areas of concern which need to be addressed, the CCGs and NSFT have been working closely in recent months to develop and foster better ways of working.

Our CCGs are investing more money than ever before. We have increased the budget for mental health services to £111 million for 2017/18 compared to £103 million in 2016/17. This investment includes a commitment to more money for Early Intervention in Psychosis, psychiatric liaison and child and adult mental health services, with the aim of delivering real improvement.

[NSFT CQC inspection - CCG Response](#)

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OC GP PM Ad PN

4 CQC State of Health Care 2016/17 Report

CQC published their [State of health care and adult social care in England report 16/17](#) last week.

The CCG issued a press release in response to the report: [GP services among the best in the country](#).

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5 Messages from NHS England Estates

Please find attached two letters with regards to Estates: [Premises Improvements](#) and [Rent Reviews](#), which were issued this week.

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6 Video Guide to Fitting Wrist Splints

Promedics have produced a helpful video guide to fitting wrist splints, which you can view here: www.youtube.com/watch?v=TBU0yRG6CTg

Reminder: you can order wrist splints by completing [this form](#) and sending it to [Eleanor Ward](#).

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7 LMC Newsletter

The LMC has published its Sept-Oct newsletter; [click here](#) to view. Please pass on this newsletter, which will be of interest to all GPs in your practice **including any regular locums**. Previous copies can also be viewed on their website - www.suffolklmc.co.uk/newsletters.

To add GP names to the distribution list, please email christinewatts@suffolklmc.co.uk

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8 East Suffolk Communities Officers

The East Suffolk Communities Team has eight Communities Officers, each with their own geographical area. Working with partners, they offer advice, guidance and practical support to local communities. [Click here](#) to see who your community officer is and how to contact them (covering Suffolk Coastal only).

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9 Local vacancies

Please click the above link to see the current local GP and practice staff vacancies. If you have a vacancy to advertise here and on our website, please contact [Stuart Graham](#).

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10 Clinical Research Network bulletin

Please follow the link to the latest edition of the [CRN Eastern Study and Resource Bulletin](#). Also linked is the [Suffolk CCGs' Research Office Briefing for Q2 2017/18](#) summarising research activity over the summer months, recent publications and some upcoming events that may be of interest to you.

If you would like to know more about the studies listed, or have any questions in general about research, please do not hesitate to contact [Lynne Baker](#).

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11 CCG move to Endeavour House

It's now just a week until the CCG begins its move to Endeavour House. As from 23 October, the IT, HR, Communications and Transformation teams will be based at **Endeavour House (1st floor), 8 Russell Road, Ipswich, IP1 2BX**.

The medicine management, primary care support and development teams and nursing team will be moving a week later on 30 October.

Phone numbers will remain the same but please bear with us during this transition period particularly on the Monday mornings when we arrive and set up and so may not be able to respond as quickly as usual.

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COMMISSIONING UPDATES

Find out the latest commissioning news from the CCG. We welcome your comments and feedback on any items in this section – [contact us](#)

12 Musculoskeletal

The MSK Operational Board met last week and received an update from the pain team about progress with the community pain groups. This initiative has been able to decrease the number of new patient attendances by triaging appropriate patients to attend the community groups. These groups are run twice a month in Ipswich and monthly at Stowmarket and Woodbridge. 72% of patients report increased confidence in managing their pain since attending the groups.

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EDUCATION & TRAINING

13 Practice Nurse Forum and Wound care training

At our next training and education afternoon on Thursday 16 November we will be launching a new Practice Nurse Forum (4pm – 5pm). The aim of the forum is for local practice nurses to get together, share best practise and look at how to work better for the benefit of nurses and patients. We hope many of you will be able to come along.

Before that, there will be wound care training for practices nurses, as part of the prescribing incentive scheme (approx. 2pm – 3.30pm). If you've not yet signed up, please contact [Shelley Mitchell](#) or call 01473 770021.

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14 Training and Education dates for 2018-19

Our dates for training and education afternoons for 2018-19 have been agreed as below. All at Trinity Park.

Dates for 2018 - 2019:

Wed 25 April 2018
 Thurs 24 May 2018
 Thurs 28 June 2018
 Thurs 13 September 2018
 Wed 10 October 2018
 Thurs 15 November 2018
 Wed 12 December 2018
 Wed 13 February 2019
 Thurs 14 March 2019

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CONTACT

- 15 Your views and feedback are very much appreciated. If you have any comments, suggestions or contributions for inclusion in The Weekly Inbox, [please email us](#).

If you are not currently on the regular distribution list for the Weekly Inbox but would like to be, you can [sign up here](#).

For queries relating to contracts, please email IESCCG.gp-contract-queries@nhs.net with **Contracts** in the subject line.



Safeguarding Children is Everyone's Responsibility: news, guidance and resources can be found on the [CCG's Safeguarding Children webpage](#).

Please follow the link to October's [Safeguarding Children bulletin](#).

- [Bookmark the CCG website](#)
- [Latest news from the CCG](#)
- [Who's who in the Clinical Executive](#)
- [Useful links to NHS and other websites](#)
- [Ipswich and East Suffolk Falls Directory](#)
- [Map of Medicine Guidance and Pathway Videos](#)
- [Download Digital Campaign Resources](#)
- [NHS England](#)
- [Ipswich Hospital website - GP section](#)



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DID YOU KNOW...?

16 Macmillan Mobile Information and Support Service in Suffolk

The Macmillan Bus – Dougie – will be visiting Suffolk at the locations below (10am – 4pm).

- Tue 31 October - Felixstowe, Outside Co-op, 189 Hamilton Rd
- Wed 1 November - Ipswich, Cornhill
- Thu 2 November – Woodbridge, Notcutts Garden Centre, Cumberland Street

Promotion

If you would like posters to advertise these visits or if you'd like to visit the bus, please contact Rachel Kamall email: Rkamall@macmillan.org.uk or tel: 0207 840 4879

Local Information/Leaflets

Macmillan would also like to help by promoting your local services so please feel free to send them any details or electronic leaflets. The information team will signpost members of the public to your service/group, so please do keep in touch if any details change.

If you would like to know what other locations the Mobile Information Service will be visiting please visit the [Macmillan website](#), which is usually updated a month in advance.

Anyone wishing to visit the bus must get in touch with the Macmillan office

Follow on Twitter [@MacInfoBusSouth](#)



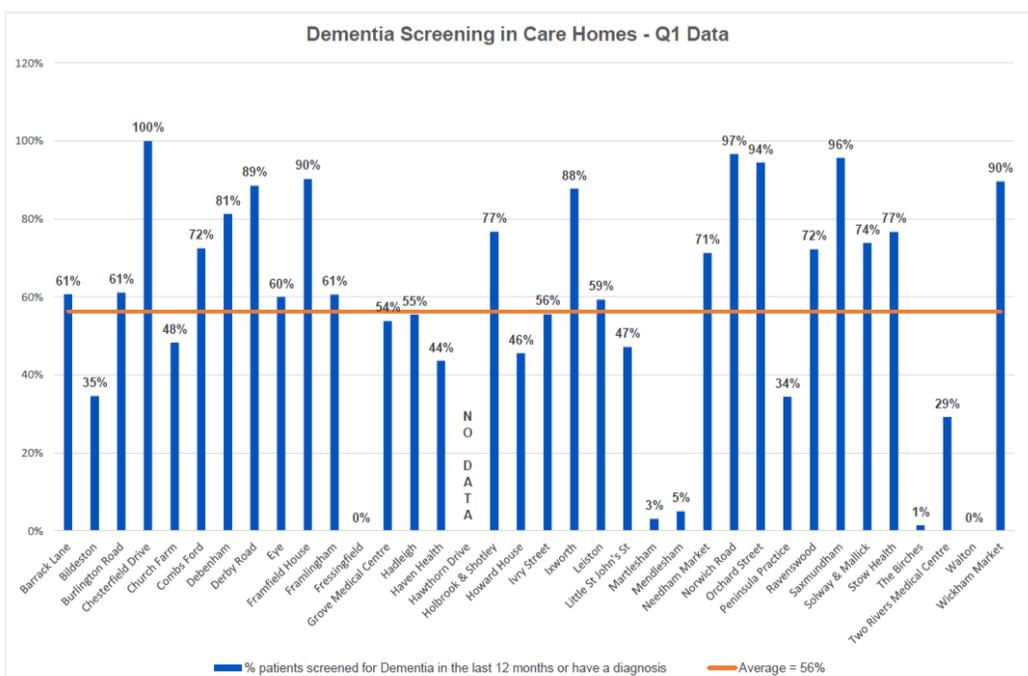
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CHART OF THE WEEK

- 17 We are often asked for more comparative information to enable practices to know where they stand on a variety of indicators in comparison with other practices. Therefore we publish a chart every week on a variety of topics.

Please [let us know](#) there are any topics that you would find it useful for us to cover.

This week's chart is focused on **Dementia Screening in Care Homes**. The chart is based on the data received from the quality and activity audit returns submitted by practices during Quarter 1 as part of the Care Homes LES.



[Click on chart to enlarge](#)

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