



# Weekly Inbox

01 OCT 2018 Issue 291

## YOUR WEEKLY INBOX

The Weekly Inbox is produced by the Ipswich and East Suffolk Clinical Commissioning Group for circulation in your practice, to provide you with essential clinical guidance and useful support.

The key below indicates the intended audience of each article:

**GP:** GPs

**PM:** Practice Manager

**Ad:** Administrative staff (including medical secretaries, receptionists)

**PN:** Nurses (including HCAs, Practice Nurses, ANPs)

**Oth:** Other clinicians (including ECP, Pharmacists)

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## FOR ACTION

**GP** **PM**

**PN**

### 1 Ostomy Appliance Use Reviews – Dispensing Appliance Contractor

Please be aware some practices in Suffolk have recently received a letter from Convatec offering **appliance use reviews** for patients using ostomy appliances. This service is not commissioned by the Clinical Commissioning Group. They are a private Dispensing Appliance Contractor who also manufacturer their own ostomy products.

Appliance use reviews are actively undertaken by authorised NHS Stoma Nurses across Suffolk on an on-going basis, and can be directly contacted via the Stoma Nurse Services below:

West Suffolk Community Stoma Nurse Bernadette Ambrose: 07739 321369  
West Suffolk Hospital Stoma Nurse Team: 01284 712697  
East Suffolk Community Stoma Nurse Team: 01473 242168  
Ipswich Hospital Stoma Nurse Team: 01473 703301

Further information regarding this has been sent out to all practices. If you have any further queries, please contact our Medicines Management Appliance Nurse [Tralee Lashley](#).

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**OC** **GP** **PM** **Ad** **PN**

### 2 'Who can see my Health Record?' with Dementia Together

The Dementia Together service, run by Sue Ryder have agreed to include the "Who Can See My Health Record" form when discussing other documents and information with patients and carers. This will allow these patients and carers to make explicit sharing decisions on their full health record, and summary care record with additional information and save the practice a job.

The Dementia Together team will be scanning and emailing completed "Who Can See My Health Record" forms back to the appropriate GP surgery via each surgeries nhs.net email address. Please can surgery staff ensure that the appropriate sharing preferences are set, and the document is attached to the patient record.

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**OC** **GP** **PM** **Ad** **PN**

### 3 Your NHS Data Matters

The national data opt-out was introduced in May 2018 to coincide with the introduction of the General Data Protection Regulation (GDPR). It replaces the 'Type 2' objection that was previously offered by GP practices. This is a reminder for practices to stop recording type 2 codes as these will not be collected and applied by NHS Digital from 1 October 2018, and ensure their patients are aware via the materials provided earlier this year (including posters, handouts, screen text, and recommended text to be added to GP practice privacy notices). For further details, please see the [NHS Digital Website](#).

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#### 4 Flu Vaccine

2018/19 is the first year that aTIV has been available for those aged 65 and over, and for this year, as was confirmed earlier this year, it will be delivered to GPs and community pharmacies in *three* phases between September and November 2018. There is sufficient supply for anticipated demand and it is important that we use all available vaccine effectively, and that patients are encouraged to wait for the vaccine to be delivered by the supplier to their surgery / high street pharmacist.

GP and community pharmacy contractors are reminded that service specifications make it clear that vaccinations must be given with the appropriate vaccine and dosage. Any GP practice or pharmacy who is unable to provide aTIV to their patients should advise their local NHS England team.

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#### 5 Wrist Splint Orders – Excel Version Order Form

If you would like to place any orders for wrist splints, please use the new updated template [here](#).

Please email requests to [Jennifer Burman](#). Once you have received your order, please scan a copy of the delivery note and also email to Jeni.

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#### 6 Perinatal Mental Health Wellbeing Event – 27 October 2018

Please find an [invitation](#) to an informal event in Stowmarket, to find out more about the specialist perinatal mental health service, hear people share their stories and meet other parents. The morning is aimed at those who have experienced mental health issues during the perinatal period and is to hear service users' views and experiences in order to help shape the developing service.

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#### 7 GP Career Support Pack – Now Available

As part of GP retention efforts, NHS England, working with the RCGP and BMA, has developed a [GP Career Support Pack](#) that sets out support available at different stages of a GP's career (e.g. first five, mid-career, nearing retirement, taking a career break). The pack is intended to signpost GPs to support available throughout their career with a view to supporting career and life choices.

Additionally, the pack can be customised by regional communications colleague to include local supports. Email [england.primarycareworkforce@nhs.net](mailto:england.primarycareworkforce@nhs.net) for help with this option.

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#### 8 Outside The Wire

Outside the Wire offer a bespoke alcohol, drug and PTSD service, offering confidential advice and support to current and ex HM Forces personnel and their families across Norfolk, Suffolk and Essex. Please see [flyer](#) and promote to relevant patients.

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#### 9 [Local Vacancies](#)

Please click the above link to see the current local GP and practice staff vacancies. New jobs have been added this week.

If you have a vacancy to advertise here and on our website, please contact [Stuart Graham](#).

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### GP 5 YEAR FORWARD VIEW

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#### 10 General Practice Forward View Bulletin

Please click [here](#) for the September edition of the General Practice Forward View bulletin.

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### EDUCATION & TRAINING

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#### 11 Primary Care Leadership Collaboratives – Closing Date Today! Call for applications for our 3rd cohort - closing date 1 October 2018

Intended outcome: To support, develop and improve leadership capacity across Primary Care, building resilience and sustainability in the workforce. The PCLC also aims to enhance system wide working to support transformation in Primary Care.

Three impact days: Wednesday 7 November 2018, Wednesday 23 January 2019 and Wednesday 6 March 2019.

Please [click here](#) to view flyer

Please [click here](#) to view and complete the application form

Queries regarding this programme should be sent to:

[leadership.eoe@hee.nhs.uk](mailto:leadership.eoe@hee.nhs.uk).

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## 12 Perinatal Mental Health Study Day – 6 October 2018

William Harvey Lecture Theatre, Clinical School, Cambridge University  
Hospitals NHS, Cambridge, CB2 0QQ  
Saturday 6 October 2018 (0900 - 1630)

An exciting and informative day on perinatal mental health for all professionals involved in supporting mothers in pregnancy and beyond. Enhancing your knowledge and confidence when supporting mothers and families with their mental health.

£30 for student admission, £60 for external staff members admission (booking fees apply). Includes refreshments.

To view the poster, [click here](#) and for the agenda for the event, [click here](#).  
Book at [www.pmh18.eventbrite.com](http://www.pmh18.eventbrite.com). Please contact [Magda Carvalho](#) if you have any questions regarding the Perinatal Mental Health Study Day.

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## 13 Practice Nurse Forum Conference

We are delighted to launch our Practice Nurse Forum with our conference on 10 October 2018 at Trinity Park.

Our agenda for October will have an educational theme where we will welcome the Primary Care Development Manager, Julie White, from the Primary Care Training Hub and Louise Smith, from the Macmillan Cancer Unit at Ipswich Hospital. The final session is aimed at thinking how we can be responsive and creative to help us develop and change practice, this will require audience participation! Download updated [October Agenda](#).

We very much hope you that you will be able to join us. Please let Shelley Mitchell know if you are planning to attend the Forum meeting by [email](#) or call 01473 770021.

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GP

## 14 GP Speciality Training Campaign Begins

Applications open on the 7- 29 November. Please 'like' and follow the One career Endless opportunities Choose GP [Facebook page](#) to keep up to date with news and views. More information is on the [GP National Recruitment Office](#) (GP NRO) website. This information is for those doctors who might like the opportunity to work flexibly, pursue a portfolio career or develop specialist or clinical interests within general practice. There's a register of trainees and experienced GPs who are able to help you with local or general enquiries. Please email [gprecruitment@hee.nhs.uk](mailto:gprecruitment@hee.nhs.uk).

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## 15 PACT (Primary Care And Community Care Training Hub)

Ipswich & East and West Suffolk CCGs are working together with representatives from primary and community care services and training providers to address workforce and workload challenges to ensure that we have the right number of health and care professionals with the right skills to meet the evolving needs of local people.

Please follow the link to [PACT Training Hub Newsletter Issue 51](#).

If you would like to sign-up to the newsletter or have any training queries or suggestions, please email [PACT@suffolkch.nhs.uk](mailto:PACT@suffolkch.nhs.uk).

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## CONTACT

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Your views and feedback are very much appreciated. If you have any comments, suggestions or contributions for inclusion in The Weekly Inbox, [please email us](#).

If you are not currently on the regular distribution list for the Weekly Inbox but would like to be, you can [sign up here](#).

For queries relating to contracts, please email [IESCCG.gp-contract-queries@nhs.net](mailto:IESCCG.gp-contract-queries@nhs.net) with **Contracts** in the subject line.



**Safeguarding Children is Everyone's Responsibility:** news, guidance and resources can be found on the [CCG's Safeguarding Children webpage](#).

- [Bookmark the CCG website](#)
- [Latest news from the CCG](#)
- [Who's who in the Clinical Executive](#)
- [Useful links to NHS and other websites](#)
- [Ipswich and East Suffolk Falls Directory](#)
- [Referrals, Briefings and Pathways](#)
- [Download Digital Campaign Resources](#)
- [NHS England](#)



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## DID YOU KNOW...?

### 17 Extra Support Pledged for GPs this Winter – Winter Indemnity Scheme

NHS England has today announced it will provide £10 million to GPs to support delivery of additional extended hours, out of hours and unscheduled care sessions over winter.

See the full story [here](#).

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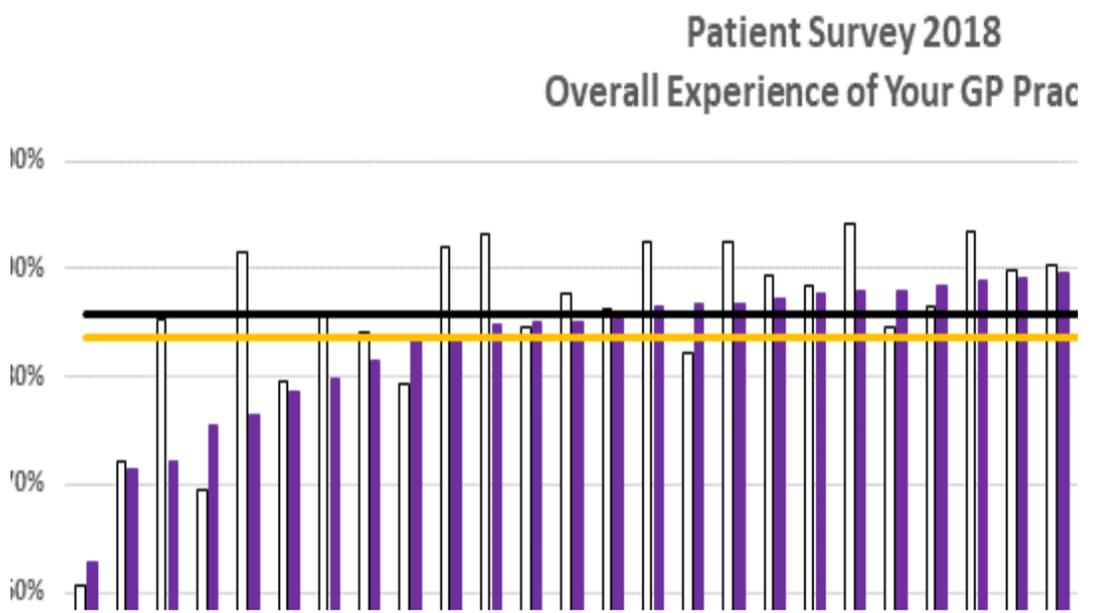
## CHART OF THE WEEK

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We are often asked for more comparative information to enable practices to know where they stand on a variety of indicators in comparison with other practices. Therefore, we publish a chart every week on a variety of topics.

Please [let us know](#) if there are any topics that you would find it useful for us to cover.

This week we are looking at: Patient Survey August 2018 – Overall Experience of Your GP Practice.



[Click on chart to enlarge](#)

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