



Weekly Inbox

22 JAN 2018 Issue 255

YOUR WEEKLY INBOX

The Weekly Inbox is produced by the Ipswich and East Suffolk Clinical Commissioning Group for circulation in your practice, to provide you with essential clinical guidance and useful support.

The key below indicates the intended audience of each article:

GP: GPs
PM: Practice Manager
Ad: Administrative staff (including medical secretaries, receptionists)
PN: Nurses (including HCAs, Practice Nurses, ANPs)
Oth: Other clinicians (including ECP, Pharmacists)

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FOR ACTION

OC GP PM Ad PN

1 Training & Education – 8 February

The next training and education event at Trinity Park will be focused on End of Life with palliative care consultant Dr Sam King providing our clinical lecture at 2.15pm and coordinating our One Clinical Community workshops from 4pm – 6pm. GPs, nurses and other clinical practice staff are welcome to attend. Clinical staff working in community services and hospices have also been invited.

Other sessions include a prescribing leads meeting, which will have a respiratory focus with Dr Douse from Ipswich Hospital (nurses with an interest in respiratory are also welcome to attend) and a networking group for ECP/practice paramedics organised by Suffolk GP Federation. [View agenda](#)

As ever, it helps us enormously with planning if we know how many people are coming so please do let us know if you plan to attend. (E: [Shelley Mitchell](mailto:Shelley.Mitchell)).

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OC GP PM Ad PN

2 Reminder: Learning Disability Awareness Training

We wrote to practices in early January to offer them the opportunity to receive information and awareness training around learning disabilities in their practice. These sessions are being run by the NSFT Primary Care Learning Disability Liaison Nurses, who many of you are already working with. The session will cover the training requirements of the DES and practices will be able to go into more detail in other areas as they so wish, making the sessions bespoke.

If you have not already done so and would like to receive training, please complete this [Expression of Interest form](#) and return it to [Eleanor Ward](#) by **Wednesday 31 January**. Thank you.

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GP PM

3 GPFV Lease Incentive Scheme Extension

The [General Practice Forward View](#) offered the following support to GP practices that are tenants of an NHS Property Services or Community Health Partnerships (freehold or leased) building to enter into a new lease:

- Reimbursement of Stamp Duty Land Tax for the initial term (up to 15 years)
- Contribution up to £1,000 plus VAT of legal fees related to the lease transaction and reimbursement of management fees for the financial year 2016-2017 and 2017-2018.

[This offer](#) has been extended to **31st March 2018** to allow more time for GP practices to formally complete their lease transactions. Practices will need to present their signed leases to england.gppremisesfund@nhs.net by that time.

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GP

4 Supporting Research in the NHS Consultation

On 30 November 2017 NHS England launched [a consultation to support research in the NHS](#). The consultation sets out proposals to i) Manage excess treatment costs better ii) Further improve commercial clinical research set-up and reporting. GPs are being invited to share views on these proposals. The consultation ends on **1 February 2018**. For further information, contact england.research@nhs.net.

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5 ME & CFS Referrals to East Coast Community Healthcare

As you are probably aware, ME-CFS referrals were removed from the prior approval service over a year ago. However, we are still receiving the occasional referral to the old generic email address, and these have been forwarded to East Coast Community Healthcare and the Practices advised. We have now set up an automatic response in the mailbox which says:

This email address is not valid as ME CFS are no longer part of the prior approval process. Please forward your email direct to East Coast Community Healthcare at ECCH.access@nhs.net.

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6 Revised Never Events Policy and Framework

Following consultation, NHS Improvement has published a revised [Never Events policy and Framework](#) and updated the Never Events list. The document aims to provide clarity for staff providing NHS funded services who may be involved in identifying, investigating or managing Never Events, and ensures a focus on learning and improvement. The revised policy and framework will become active upon initiation of the updated 2017-19 NHS Standard Contract on **1 February 2018**. Providers are asked to ensure their local policies and procedures remain in-line with the revised national policy framework.

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7 CQC Joint Framework

The CQC has worked with NHS England, to develop a joint working framework. This will help the CQC to work more effectively together and reduce duplication in the regulation and oversight of general practice. The framework is intended to help provide structure, support and examples of good practice for organisations, partners and stakeholders to share and learn from. Aimed at primarily at staff working in CQC, NHS England and in clinical commissioning groups, it will provide clarity on when and how to share information to help work more efficiently and reduce duplications of requests for information on providers. [Click here](#) to view a copy of the framework.

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8 GPs & Welfare Reform Information

We are currently working alongside Suffolk County Council who have been developing some innovative partnerships with Citizens Advice to hopefully mitigate some of the potential impacts of the new welfare reforms. We are exploring awareness training and workshops with the Suffolk County Council's Financial Inclusion & Advice Service (FIAS) which we will offer to GPs and Practice Managers. We understand that there are some specific issues with Universal Credit that are relevant for GPs to be aware of.

[Click here](#) to view a document that has been compiled by FIAS colleagues outlining some of the issues arising from Universal Credit and [here](#) to view a report done on the cumulative impact of welfare reform in Suffolk.

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9 Supporting People to Stay Well for Longer

As part of supporting people to stay well, NHS England, Age UK and partners have produced practical guides to [Healthy Ageing](#) and [Healthy Caring](#). The guides provide tips on keeping well and can contribute to supporting people to stay well for longer, particularly over the winter period. Last year the NHS, in England, became the first health system in the world to [routinely identify people living with frailty](#). So far, 1.8m assessments have been undertaken and almost 250,000 people identified as living with severe frailty can benefit from a falls discussion and medicines review through their general practice.

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10 One Clinical Community

[Click here](#) to view the latest update on One Clinical Community. This issue includes a review of the Mental Health session at last month's Training & Education event. Contact occ@suffolk.nhs.uk if you have any suggestions about One Clinical Community.

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11 Message from the Ipswich & District Clinical Society

The Ipswich and District Clinical Society is one of the oldest societies of its type in the country. It is increasingly arranging joint meetings with the Ipswich and Suffolk Medico Legal Society and, as part of the current closer collaboration with CHUFT, extending invitations to their consultants as well.

There is an urgent need for new members to join the committee to assist with planning of future meetings and the Society would welcome similar input from GP colleagues in primary care. This would not be at all onerous, with face-to-face meetings kept to a minimum.

Please [click here](#) to view the full letter from Drs John Wyke, Walter Tobias, Stephen Feltwell and Andrew Schurr containing more information.

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12 Joint Meeting of the Ipswich & District Clinical Society and the Ipswich & Suffolk Medico Legal Society

The next joint meeting of the Ipswich and District Clinical Society and the Ipswich and Suffolk Medico Legal Society will take place on Thursday 8th March. The guest speaker for the evening will be Norman Lamb OBE, a former Health Minister and Liberal Democrat MP for North Norfolk since 2001.

He will be speaking on, "Equality for those with Mental Ill Health, Learning Disability or Autism – the Local and National Perspective."

[Click here](#) for further information, and for tickets, please contact Karen Byford (Tel: 07502422687, E: karenbyford@nhs.net). The deadline is **Monday 26th February**.

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13 #SpeakUp

Healthwatch has launched [#SpeakUp](#), a campaign to encourage people to speak up and help make services better for their communities. The more people that share their ideas, experiences and concerns about the NHS and social care, the more services can understand when improvements are needed. NHS services are able to [download promotional materials](#), which can be used to direct people to their local Healthwatch, and the social media campaign using #SpeakUp, which is running for the rest of this month.

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14 Total Voice Suffolk Goes Live!

Total Voice Suffolk is a partnership of seven organisations working together to provide advocacy in Suffolk. They work with adults who have mental health issues, learning disabilities, dementia, acquired brain injuries or other disability. They also work in some cases with children and family carers. Visit <https://www.totalvoicesuffolk.org/> for more information.

Total Voice Suffolk has also created a booklet for health and social care professionals containing more detail on when and how to make a referral for each type of advocacy. [Click here](#) to view and download.

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15 Frontline Staff Flu Vaccinations

A reminder to frontline healthcare staff to have their flu vaccinations, if they have not already done so. This will help address the challenge that flu poses to the health system, during this very busy winter period. Substantial levels of seasonal influenza have placed further strain on primary and secondary care and hospitalisations and intensive care admissions have increased. Find out more about the national flu vaccination campaign for frontline healthcare workers [here](#).

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16 Local vacancies

Please click the above link to see the current local GP and practice staff vacancies. If you have a vacancy to advertise here and on our website, please contact [Stuart Graham](#).

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COMMISSIONING UPDATES

Find out the latest commissioning news from the CCG. We welcome your comments and feedback on any items in this section – [contact us](#)

17 Planned Care - Respiratory

The Respiratory Operational Group met last Tuesday. The group signed off a template that it has developed entitled 'A Personal COPD Profile: What's normal for me?' This will become part of the My Care Wishes Folder, embedded into the practice clinical systems and the hospital systems and patients will be able to have a copy at home.

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DIGITAL NEWS

18 SNOMED CT in Primary Care

In order to minimise disruption at year-end, SNOMED CT will be deployed in phases across general practice from April 2018. The introduction of SNOMED CT, which replaces Read/CTV 3 Codes, is being co-ordinated in primary care by NHS Digital, working closely with clinical system suppliers to support a smooth transition. The first phase of deployment will start with approximately 20 pilot sites, including all of the principal clinical supplier systems, after year-end business activities are completed. GP Clinical system suppliers will inform GP practices of their deployment plans. For further information on progress, visit the [NHS Digital website](#).

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19 NHS Digital Inclusion Guide

NHS Digital has published a beta version of their digital inclusion guide. The guide which is aimed at local health and care organisations, intends to help them take practical steps to support people who may be excluded from accessing health and care services digitally because of a lack of skills. The guide has been produced as one in five people lack basic digital skills and one in twelve people have never been online. A draft version of the guide was shared with selected CCGs and other health and care organisations, in December, for their comments. These have been reviewed and the beta version of the guide has been released as NHS Digital is seeking case studies and examples of any resources people have used which show how they have supported digital inclusion in their communities. More information on to get involved is available on the [NHS Digital website](#).

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EDUCATION & TRAINING

20 UEA – Teaching for Norwich Medical School

Norwich Medical School is actively seeking new teaching practices to join our already successful GP Recruitment teams. Join the growing number of GPs training the next generation of doctors.

Teaching for Norwich Medical School is rewarding, exciting and appropriately remunerated. This will maintain your own interest and enthusiasm for medicine as well as contributing to your own CPD. All the necessary training is provided and they are happy to visit practices for informal discussions.

[Click here](#) for further information, or contact Dr. Richard Young, Lead Practice Development Tutor via [email](#) or telephone 01603 591226 (Weds. and Thurs.)

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21 Primary Care Improvers Conference

This event being held on Tuesday 6 February at The Oval in London will be an ideal opportunity for you to come together with other likeminded improvement leaders and facilitators to learn, recharge your batteries, share stories about local improvement and connect with others.

Some of the benefits you will gain from the day will include refreshing your knowledge of tried and tested improvement tools and techniques, exploring how to create a local network that can support you and others, and have a one to one speed coaching session on a topic of your choice.

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For more information [click here](#). To register and attend, [click here](#).

22 This Week's New Training Courses

The list below summarises the new training courses that have been added to the CCG website this week. Please click the links below for access to further details and booking information. The tabs on the right-hand side indicate if the events are aimed at a particular staff group.

[Successful Supervision/Leadership of Teams – 22 Mar](#)

[Clinical Note Summarising in Primary Care – 10 Apr](#)



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23 CEPN (Community Education Provider Networks)

Ipswich & East and West Suffolk Clinical Commissioning Groups are working together with representatives from primary and community care services and training providers to address workforce and workload challenges to ensure that we have the right number of health and care professionals with the right skills to meet the evolving needs of local people.

Please follow the link to [CEPN Newsletter - Issue #18](#).

If you would like to sign-up to the newsletter, join the CEPN Steering Group in your CCG area or have suggestions/feedback to support us with this work, please email CEPN@suffolkch.nhs.uk.

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CONTACT

24 Your views and feedback are very much appreciated. If you have any comments, suggestions or contributions for inclusion in The Weekly Inbox, [please email us](#).

If you are not currently on the regular distribution list for the Weekly Inbox but would like to be, you can [sign up here](#).

For queries relating to contracts, please email IESCCG.gp-contract-queries@nhs.net with **Contracts** in the subject line.



Safeguarding Children is Everyone's Responsibility: news, guidance and resources can be found on the [CCG's Safeguarding Children webpage](#).

- [Bookmark the CCG website](#)
- [Latest news from the CCG](#)
- [Who's who in the Clinical Executive](#)
- [Useful links to NHS and other websites](#)
- [Ipswich and East Suffolk Falls Directory](#)
- [Map of Medicine Guidance and Pathway Videos](#)
- [Download Digital Campaign Resources](#)
- [NHS England](#)
- [Ipswich Hospital website - GP section](#)



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DID YOU KNOW...?

25 Livability Icanho

Livability Icanho offer a rehabilitation service to adults living in the community who have had a stroke or other acquired brain injury resulting in complex difficulties that cannot be met by the community therapy teams.

We are commissioned by Ipswich & East Suffolk CCG, West Suffolk CCG, Great Yarmouth and Waveney CCG and Suffolk County Council to provide this service. Referrals to us can be made within 6 months of discharge from acute care following a stroke and within 12 months for an acquired brain injury. Clients must be registered with a Suffolk GP to be eligible.

Clients need to be able to travel to our centre in Stowmarket, or to our satellite service in Bungay, and need to be medically stable enough to benefit from rehabilitation.

If you wish to refer someone, please complete our referral form. To obtain this, or for further information about what we offer, please contact us by e-mail at enquiries.icanho@livability.org.uk or telephone 01449 774161.

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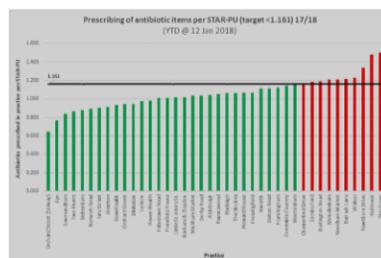
CHART OF THE WEEK

26 We are often asked for more comparative information to enable practices to know where they stand on a variety of indicators in comparison with other practices. Therefore we publish a chart every week on a variety of topics.

Please [let us know](#) there are any topics that you would find it useful for us to cover.

This week we are looking at **Prescribing of antibiotic items per STAR-PU (target < 1.161) 2017/18 (YTD @ 12 Jan 2018)**.

[Click on chart to enlarge](#)



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