

Primary Mental Health Workers (PMHW's)

Background A number of additional Primary Mental Health Worker (PMHW) posts have been funded by the Suffolk CCG's during the course of 2014/15. These are supplementing the PMHW existing roles the primary function of which is to interface with GPs, Children & Young People Integrated Teams and education establishments.

The role involves offering consultation & sign-posting to professionals, targeted training, attendance at multi-agency meetings (i.e. Team Around Child) and short time-limited interventions. One of the new posts has been designated to be based in the Multi-Agency Safeguarding Hub (MASH) at Landmark House and will support professional decision making and onward referral into appropriate services for children and young people that are displaying emotional, psychological and mental health issues.

Who is the service for? It is a preventative service that offers advice, consultation and training for professionals who are supporting children, young people and their families with joint assessment and some direct interventions for those children and young people who are experiencing mild to moderate mental health difficulties with associated low levels of risk.

The PMHW Service is for children and young people up to the age of 18 years (in exceptional cases to 25yrs). **The service is for children and young people with emotional, psychological, and mental health needs** who require access to either brief individual support or an evidenced based programme of interventions for children, young people, parents and carers. Each practice has an allocated PMWH.

If the situation is more urgent, and the nature of the child or young person's mental health symptoms are more acute and carry greater risks, then a referral to the Access and Assessment Service should be made. The contact number for the Access and Assessment Service is: **0300 1231334**

If you have safeguarding concerns about a child or young person these should be reported directly to Customer First using their dedicated professional line on: **0845 6066167** or main public line: **0808 8004005**

How to access the service Any professional working with children and young people can seek advice from the PMHW Service through making telephone contact. The service invites this type of contact without the need for a formal referral in the initial instance.

The PMHW Service offers attendance at Team Around Child (TAC) and other planning meetings where there are concerns about the child or young persons' mental health and families and professionals could benefit from some specialist mental health advice to inform a plan for the young person. The PMHW service offers this without the need for a formal referral

The PMHW Service operates between the hours of 9-5pm Monday to Friday. The service is hosted in two designated sites across the East (Ipswich), contactable on 01473 341100 and West (Bury St Edmunds) 01284 733188

Each PMHW covers a particular geographical area with responsibility for GP practices, schools and CYP Integrated Teams. They also work as part of a team across East and West Suffolk and individual PMHWs can undertake work in additional areas.

See Appendix 1 for contact numbers and addresses with details of allocated PMHWs and their alignment to GPs, Integrated CYP Teams and educational provision.

**Appendix One
Contact details for PMHW**

EAST SUFFOLK: IPSWICH INTEGRATED DELIVERY TEAM, MARINER HOUSE, 43 HANDFORD ROAD, IPSWICH, IP1 2GA		
Tel: 01473 341100		
PMHW Name	GP Surgeries	Education Pyramid
Elizabeth Parmee	Hawthorn Drive	Stoke High Ormiston Academy
	Holbrook	Suffolk New Academy
	Pinewood	
	Stoke Park Drive	
Elizabeth Parmee & Lindsay Carrier	Bildeston Health Centre	East Bergholt High School
	Constable Country medical Practice	Hadleigh High School
	Hadleigh Health Centre	Holbrook Academy
	Holbrook	
Lindsay Carrier	Framlingham	Alde Valley High School
	Leiston	Saxmundham Free School
	Saxmundham Health Centre	Thomas Mills High School
	Church Farm Surgery, Aldeburgh	
	Wickham Market Surgery (jointly with Linda Brindle)	
Lindsay Carrier / Rosie Bergson	Eye Health Centre	Hartismere School
	Fressingfield Medical Centre	Stradbroke High School
	Debenham	Debenham High School
	Stowhealth	Stowmarket & Stowupland High Schools
	Combs Ford	
	Country Practice, Needham Market	
	Mendlesham health Centre	
Rosie Bergson / Hayley Hayden Scott	Ravenswood Medical Practice	Ipswich Academy
	Landseer Road	Coplestone High School
	The Derby Road Practice	
	Felixstowe Road Surgery	
Michael Russell / Emilia Mikali	Barrack Lane Medical Centre	Claydon High School
	Burlington Road Surgery	Ormiston Endeavour Academy
	Deben Road Surgery	Westbourne Academy
	Gipping Valley Practice	
	Norwich Road Surgery	
	The Chesterfield Drive practice	
Linda Brindle	Alderton Surgery	Farlingaye High School
	Framfield House Surgery	Kesgrave High School
	Little St Johns, Woodbridge	Westbourne Academy
	Martlesham Surgery	
	The Birches Medical Centre	
	Wickham Market Medical Centre	

Birgitte Blixrud	Central Surgery Hamilton Road	Felixstowe Academy
	Grove Medical Centre	
	Haven Health	
	Howard House Surgery Walton Surgery	
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Tel: 01473 341100		
Pat Goodwin	Lattice Barn Surgery	Northgate High School
	Ivry Street Medical Practice	St Albans Catholic High School
	Orchard Street Medical Practices	
	Woodbridge Road Surgery	
Pupil Referral Units – we will be identifying a named PMHW once new PMHWs are in post		
		Alderwood
		Westbridge
		St Christopher's
		Parkside
		Kingsfield
		First Base
All Ipswich PMHWs		Suffolk One