

Welcome to "IESCCG Practice Nurse News". A monthly newsletter to update you on work at the CCG and to provide the opportunity for YOU to share YOUR news and successes.

If you have any comments to make about the newsletter or the forum, or would like to contribute to either please get in touch. Contact [Louise Hardwick](#), Head of Operations.

## Practice Nurse Forum - Important Update

Regretfully we have had to cancel the Practice Nurse Forum launch we have been organising for 13 September shutdown. We had planned the agenda to include an Immunisation update from Public Health England, which I know is of particular importance this year given the changes to this year flu programme. Public Health England have informed us that they have a requirement for the training to follow a standard format of at least 3 hours and given the number of likely attendees are offering two sessions; this is something that we are not able to accommodate at Trinity Park. With a 3 hour session there is no time for us to come together before or afterwards. As a committee we are

disappointed to have to cancel the launch as we are all very excited (as I hope you are) that the future holds an exciting platform for practice nurses working within Ipswich and East Suffolk CCG. Please be reassured that there is a lot of work going on behind the scenes to ensure the success of the forum. As soon as we have confirmation of the events planned for October and November we will let you know.

As an organising committee we are committed to the forum meetings being driven by what you want, so please if you have any ideas, please let us know.

Sally Harris

## Immunisation Update

A FREE immunisation update has been arranged by Public Health England in conjunction with the CCG on 13 September 2018 during our education and training afternoon. The session was planned as part of the Practice Nurse Forum but instead will now be a stand-alone three hour session covering flu immunisation changes for 18/19, a review of other important immunisation changes, childhood immunisations and current issues.

We hope many of you will be able to attend. Please [click here](#) to book your place.

If you are unable to attend the afternoon session on 13 September, there is a session in the morning too and other sessions on alternative dates across the region including Felixstowe, Colchester and Bury St Edmunds.

Please note the Ipswich update will be at Best Western Ipswich Hotel, Constable Suite, London Road, Copdock IP8 3JD.

More information can be found at: [www.miltongateway.com](http://www.miltongateway.com)

## Spirometry Training Options - Reminder

The Primary care and Community care Training Hub (PACT) are arranging **FREE** spirometry courses for all Ipswich and East Suffolk CCG practices. The course is open to nurses, HCAs and GPs over the next three years.

There are three training options as set out within the EOI document. It is important for you to carefully consider which option is best suited to your clinical practice.

You will need approval from your practice to undertake the course(s) as they involve several months of study.

- Performing Spirometry (4 month course, 2 study days and e-learning)
- Performing & Interpreting Spirometry (6 month course, 2 study days and e-learning)
- Interpretation of Spirometry (One-day practical workshop)

If you are interested, please complete the [Expression of Interest form](#) and return to [PACT@suffolkch.nhs.uk](mailto:PACT@suffolkch.nhs.uk) as soon as possible.



Closing date for expression of interest has been extended to **24 August 2018**.

## Free half day immunisation updates in Essex and East Anglia

(Funded by Public Health England)

**Suitable for Practice Nurses who have previously completed a two day immunisation course meeting the National Standards for immunisation training.**

### Venues

20.09.18 - Herford	17.09.18 - Suffolk Weldon
21.09.18 - Huntingdon	18.09.18 - Southend
03.09.18 - Braintree	19.09.18 - Peterborough
04.09.18 - Kings Lynn	24.09.18 - Colchester
10.09.18 - Felixstowe	26.09.18 - Bury St Edmunds
12.09.18 - Norwich	27.09.18 - Brentwood
13.09.18 - Ipswich	01.10.18 - Chelmsford
14.09.18 - Basildon	

### Course content

- National flu programme - changes for 2018/19
- A review of changes to programmes over the last 12 months
- Current issues
- An opportunity to raise concerns, discuss issues and share good practice

Please visit [www.miltongateway.com](http://www.miltongateway.com) to book your free place.

For queries or to inform us of a cancellation email - [info@miltongateway.com](mailto:info@miltongateway.com).

## Practice Nurse Cancer Course

Cancer is becoming a long term condition, with practice prevalence's rapidly catching up with diabetes. For this reason there is an increasing trend for some of the long term consequences of cancer to be picked up by the nursing workforce where possible. This course is aimed at giving practice nurses the confidence, communication and signposting skills to undertake this work.

It is FREE but does involve three days out of the practice during the six months course. It receives good feedback and is well received with most nurses updating the practice cancer structure, having completed the course.

Please [view flyer](#) (right) to express an interest or for more information.

The next course starts on 20 September 2018.

## Developing Practice Nurses to support people affected by cancer

A Free course – 3 face to face days and e learning modules over 6 months.

Continuing support and education with bi-annual Community of Practice meetings

To date, over 300 practice nurses have undertaken the Macmillan Practice Nurse cancer course to enhance their role

### Care co-ordination

- We listen to concerns
- We give time and improve relationships
- We know the whole family and community
- We give the right support at the right time to patient and family
- We review whole person – not just the illness
- We can take holistic approach to cancer care and cancer care reviews
- We look out for long term adverse effects
- We can give psychological support.

### Our role and development

- We have built on our long term condition management skills
- We are cancer champions in our Practices
- We are part of a community of practice with ongoing support and education
- We have opportunity to develop our careers, it fits with our revalidation & stimulates our interest in cancer care
- This recognises our key role in cancer care.



The Next course commences on 20 September 2018



## GP Online Services

The Patient Online team works with colleagues from across the NHS to increase the uptake of online services in General Practice. Many aspects of online services, particularly the detailed coded record which includes test results, can be a real benefit to practice nurses and other nurses delivering support to patients with long-term conditions to improve patient care.

For more information go to [GP online services](#).

## Launch of #wearetheNHS recruitment campaign

NHS England recently launched a campaign to increase positive perceptions of and pride in working for the NHS. In doing so it aims to motivate target audiences to undertake careers in the NHS.

The campaign initially places a spotlight on nursing, prioritising key areas including mental health, learning disability and community and **general practice nurses**.

Please help support and promote the campaign. You can [find out more here](#) and help raise awareness of this long term campaign by [sharing the video](#) with your friends and family.

## Primary Care Leadership Collaboratives

Applications for the third cohort of Primary Care Leadership Collaborative are now open.

Primary Care Leadership Collaboratives (PCLC) are designed to support local teams in developing leadership capabilities within the Sustainability and Transformation Partnership (STP). This is an exciting development opportunity.

[View Flyer](#) for more information or to apply, please complete [application form](#).

## NMC official regulator for Nursing Associates

The Nursing and Midwifery Council is now, in law the regulator for nursing associates. Changes to the NMC's legislation have now received Royal Assent which means the NMC is on track to publish the finalised nursing associate standards in October, and to open the nursing associate part of the register in January 2019.

The NMC are delighted that these important legislative changes have passed and are extremely grateful for all support in helping get to this point. There is still more work to do in the countdown to the register opening in January and the NMC will continue to update on progress over the coming months.

Check out the latest [NHS England bulletin from the Chief nursing officer](#) to read more about *Leading Change, Adding Value* project, the Hot Potato Project in Cumbria plus read the stories of inspirational nurses and midwives over the 70 years of the NHS.