





Medication: Do you take it?

Unused prescription medicines
cost you and your local NHS
£2.4 million every year.¹

This money could have bought:

	2,400	MORE drug treatment courses for Alzheimer's or
	648	MORE hip replacements or
	158	MORE drug treatment courses for breast cancer or
	93	MORE community nurses

Help reduce NHS waste.
The NHS belongs to you.



You can help!

Do not order medicines you do not take.

Tell your GP practice if there are items on your prescription you no longer take.

Check which medicines you actually need before placing your order.

Check your medicines bag at the pharmacy - only take home what you need.

Did you know?

Once you leave the pharmacy any medication you return cannot be reused and is destroyed for safety reasons.



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¹ Estimated figures calculated using York Health Economics Consortium and School of Pharmacy, University of London. Evaluation of the Scale, Causes and Costs of Waste Medicines - Final report. November 2010.



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when it's less
urgent than 999