



Eating Disorders was a popular request from many of you who attended sessions in 2019 so we are pleased to have been able to arrange this session to cover eating disorders in both adults and children.

Eating Disorders

The evening will focus on adult and child eating disorders; how to support in primary care, when to refer to secondary care and other services that can help. The evening will include some excellent carer experience and service user feedback.

Speakers: Dr Paul Garfield, Consultant Child and Adolescent Psychiatrist, NSFT.

Sarah Cross, Clinical Team Leader, Child and Adult Eating Disorders Team East Suffolk and Youth Team Coastal Locality, NSFT.

Debbie Watson from Wednesday's Child, a local organisation supporting eating disorder recovery.

Thursday 26 March 2020

7.30-9.30pm (Dinner available from 6.45pm)

Trinity Park Conference & Events Centre, Felixstowe Road, Ipswich IP3 8UH

Sessions are FREE to attend and open to ALL primary care staff in Ipswich and east Suffolk

Please contact shelleyhart@nhs.net to book your place. If you have any special dietary requirements please advise as soon as possible.

Feedback from some of our previous education evenings:

"Amazing input and insights from the patient perspective"

"I left the event feeling energised and ready to practise my newly acquired skills"

"...excellent speakers presenting fascinating and relevant topics."

"The energy and positivity...was infectious."

"It was an invaluable learning opportunity."

"...really inspired me to try something different - with clear explanations, phrases to use and a clarity which was so refreshing."

Next date for your diary: Tuesday 28 April 2020 - Working with adult survivors of sexual abuse, disclosure and beyond...

Further dates for 2020: Thursday 4 June ♦ Wednesday 1 July ♦ Thursday 22 September ♦ Wednesday 21 October ♦ Thursday 19 November