Health and Social Care Integration Review

Ipswich and East Suffolk CCG, West Suffolk CCG and Suffolk County Council are in the process of engaging people on plans to better integrate health and social care services.

The review aims to bring together services to be more patient focused and easily accessible.

We have tested these ideas with hospital clinicians, health professionals and GPs and held a number of engagement events over the summer and would like to invite you to two dedicated focus groups that will look at more of the practical details of the services.

As part of this review, the CCGs had an opportunity to look at four contracts which are due for renewal in 2015; namely those for adult and children’s community, NHS 111 and out of hours GP services.

We are holding two focus groups in Ipswich and East Suffolk that you are invited to attend.

These are:

**Thursday 11 September, 2pm to 4pm, Holiday Inn, London Rd, Ipswich IP2 0UA**

**Monday 15 September, 3pm to 5pm, Woodbridge Community Centre, Station Road, IP12 4AU**

The focus groups will consist of a short presentation outlining the proposed changes and then you will be given the opportunity to share your views and opinions with the CCG and the county council staff.

If you wish to attend either of the above focus groups please confirm your attendance by email: ipswichandeastsuffolk.ccg@nhs.net

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Continued improvement to Suffolk’s stroke services

The organisation which will deliver the new stroke early supported discharge service (ESD) in Suffolk has been announced. Norfolk Community Health & Care NHS Trust (NCH&C) will begin providing the ESD service from November 2014.

This announcement follows a robust procurement process by both Ipswich and East Suffolk CCG and West Suffolk CCG. The service will provide stroke patients with a package of care after they have been discharged from hospital, which will improve a patient’s chance of recovery and give support to carers. ESD services will include speech and language therapy, physiotherapy, occupational therapy and clinical psychology.

ESD is an integral part of the review of stroke services undertaken over the last 18 months by the Suffolk Stroke Review Board, a collaboration of local health providers led by both clinical commissioning groups. The review has already seen the delivery of 24/7 stroke services across Ipswich and West Suffolk hospitals, meaning new stroke patients now have access to a consultant stroke specialist and rehabilitation team within 24 hours.

Prior to the procurement exercise local people were asked to submit their views on how the service could best deliver effective care and many of the 124 views submitted were included in the plans for the new service.

Dr Mark Lim, associate director of clinical strategy for IESCCG said: “Both CCGs and the Suffolk Stroke Review Board are delighted that a provider for this important new service has been identified. The services Norfolk Community Health & Care NHS Trust will provide will enable many of those people who have suffered a stroke to regain their health and independence, making an enormous positive impact on the lives of those patients and their families. Care for stroke patients does not end at the hospital door and the early supported discharge service is central to improving care for stroke patients in Suffolk.”

Trish White, NCH&C’s stroke care team leader said: “We are delighted that NCH&C has been selected to run this brand new service, which will provide an extra level of care and rehabilitation for people in Suffolk who are recovering from stroke.

“Our specialist ESD team has been in place in Norfolk for some time, and delivers intensive rehabilitation to patients in their place of residence on discharge from hospital in line with national best practice. This ensures our patients retain as much of their independence as possible, in turn helping them to lead a better quality of life and stay out of long term residential or nursing home care.”

Stroke support services to continue for another three years

Stroke survivors across Suffolk will continue to be supported in life after stroke, as NHS Ipswich and East Suffolk CCG announce they have extended funding for the Stroke Association’s local Communication Support Service for a further three years. Read more...
The aim of the event was to:
set the agenda to ensure they get the discuss
The format invited those in attendance to
Road, Ipswich.
The Suffolk Mental Health Services
Disability Joint Commissioning Group hosted
the Suffolk Mental Health and Learning
Disability Joint Commissioning Strategy.

Important conversations around mental health
Building on two mental health engagement events held in March, the two follow up conversation events took place in Ipswich and Thurston.

The Suffolk Mental Health and Learning Disability Joint Commissioning Group hosted the Suffolk Mental Health Services Conversation Workshop event at Portman Road, Ipswich.
The format invited those in attendance to set the agenda to ensure they get the discuss what is important to them.
The aim of the event was to:
  • Report back on the feedback received in March;
  • Discuss how service users and patients wanted us to continue to involve them in co-production and;
  • To continue engagement to support the development of Joint Mental Health Commissioning Strategy.
The topics for discussion focussed on crisis, recovery and prevention. In total 38 people attended and feedback from the event has been positive. This information gathered will now be collated, with the key themes extracted and a report shared amongst those in attendance. This report will form the basis of future actions of Suffolk Mental Health and Learning Disability Joint Commissioning Group as deemed appropriate and support the development of the Joint Health and Social Care Mental Health Commissioning Strategy for Suffolk, which will be published in March 2015. There will be further events later in the year and a full engagement plan is being developed to ensure we hear as many voices as possible.

Carl Coughlin, chairman of the Thurston Group who was at the event, said: “I believe these events will lead to a co-produced strategy in which all needs are taken into consideration and create a better environment for service users and providers to work together at making mental healthcare work better through a new approach, and enable the commissioners to make the best of the funds available. It’s all very ambitious, but by using these events to capture ideas it is more likely to be successful than the current system.”

We’ve launched our new look website
The CCG launched its original website back in October 2012 and currently receives over 11,000 visits per month. Following feedback from users we have now refreshed the design and added new features based on that feedback, which we hope will enhance user experience and help you find the health information you need.

Accessibility - The Accessibility tab at the top of the page means you can change the text size and background colours. This is also where you will find the Google Translate tool to read the site in an alternative language. Across the site you may come across the globe symbol. Wherever you see this sign, there will be a link to useful information in alternative languages. A new page has been added that lists all the pages where you can see this information, and is accessible via a link at the bottom of every page.

Navigation - On the left-hand side of the Home page you will find the new quick links sidebar – this offers quick links to take you straight to specific areas of the website. Best of all, you can access the sidebar from anywhere on the site; by hovering over the narrow bar, it will expand again so you can easily move on to another part of the site.
Wherever you are in the site, you will notice the new left-hand menu. These menus will help guide through the sections. In addition, each section of the site has a different theme colour to indicate which part of the site you are in

Search facility - we have improved our search facility to help you find what you are looking for more easily.

On the go – the site is now compatible with mobile devices such as tablets and smartphones to make it easier to access the site on the go!

Reduce the number of clicks – we have expanded the menus with the aim of reducing the number of clicks to get to some areas of the website

News, events and campaigns – In order to let you know what is going on in the CCG and in the local area, we have made the News feature on our home page more prominent and we will be featuring campaigns and upcoming events here too.

Veterans Event
Friday 14 November 2014
Trinity Park (Suffolk Showground), near Ipswich

Morning Session: 9.30am - 12pm
Afternoon Session: 1pm-3.30pm

This information and networking event is specifically for Armed Forces Veterans and Ex-Forces and is an ideal opportunity to learn about various local health and information services that can support ex-forces personnel now living and working in Ipswich and its surrounding area.
The Royal British Legion, SSAFA and Age UK are amongst some 25 exhibitors, including our IT Information Corner where visitors can discuss any basic or advanced technology queries. It is also an opportunity to connect socially with other ex-military personnel to chat and share experiences with like-minded people over a cup of tea/coffee in an informal and relaxed atmosphere.
The event day will offer either a morning or afternoon session in order to accommodate more veterans; feel free to drop-in for an hour whereas others may wish to stay awhile.
Visitors will also learn about the Suffolk Armed Forces Community Covenant and its work with local partners whose work includes developing projects that bring the military and civilian communities together.
Please sign-up and drop-in or stay awhile. http://suffolkveterans.eventbrite.co.uk